

Darwin City Council

# Seniors and Disability Services Directory



## Introduction

Welcome to the 2009 edition of Darwin City Council's 'Seniors and Disability Services Directory'.

The directory provides information on services available to people with a disability and people over the age of 60 living in the Darwin community.

While considerable care has been taken to ensure that information contained in this Directory is correct at the time of printing, Council takes no responsibility for any errors or omissions. The Directory can also be accessed and additional copies downloaded via Darwin City Council's website at [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

Please advise Council's Community and Cultural Services Department if any changes are necessary on telephone: 8930 0409.

For general enquiries regarding Council services, contact:

Customer Service Centre  
Darwin City Council  
Harry Chan Avenue Darwin NT 0800  
GPO Box 84 Darwin NT 0801

Telephone	08 8930 0300
Facsimile	08 8930 0311
Email	<a href="mailto:dcc@darwin.nt.gov.au">dcc@darwin.nt.gov.au</a>
Website	<a href="http://www.darwin.nt.gov.au">www.darwin.nt.gov.au</a>

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## ACCOMMODATION

### Darwin Accommodation Services

Location: 22 Albatross Street WINNELLIE  
Postal: PO Box 37746 WINNELLIE NT 0821  
Telephone: 8984 4036  
Fax: 8984 4586  
Email: [dasco@hpaincorporated.com](mailto:dasco@hpaincorporated.com)  
Website: [www.hpaincorporated.com](http://www.hpaincorporated.com)  
Hours: Monday-Friday: 8.00am-4.00pm (Office hours)  
Parent Body: HPA Incorporated

Accommodation options and support for people with low to medium support levels.

### Darwin Urban Aged Care Assessment Team (ACAT)

Location: Level 1A Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7392  
Fax: 8922 7216  
Email: [janice.diamond@nt.gov.au](mailto:janice.diamond@nt.gov.au) (Team Leader) or  
[jeanette.maloney@nt.gov.au](mailto:jeanette.maloney@nt.gov.au) (Admin)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health & Families  
Aged & Disability Branch

ACAT assesses frail aged people with complex needs to assist them to remain in their home. ACAT also approves applicants for Residential Respite, Residential Placement, Transition Care and Community Aged Care Packages (CACP, EACH & EACH-D).

## **Accommodation**

### **Somerville Community Services**

Location: 147 Lee Point Road WAGAMAN  
Postal: PO Box 42644 CASUARINA NT 0811  
Telephone: 8920 4100  
Fax: 8920 4101  
Email: [scs@somerville.org.au](mailto:scs@somerville.org.au)  
Website: [www.somerville.org.au](http://www.somerville.org.au)  
Hours: Monday-Friday: 8.00am-5.00pm

Somerville Community Services Disability Services program provides community based supported accommodation for people with developmental disabilities and acquired brain injuries within the urban and rural communities of Darwin, Howard Springs and Katherine.

### **Territory Housing**

#### **Casuarina**

Location: Ethos House  
270 Trower Road CASUARINA  
Telephone: 8922 5526  
Hours: Monday-Friday: 8.00am-4.21pm

#### **Darwin**

Location: Construction House  
Cnr Briggs Street & Mitchell Street DARWIN  
Postal: GPO Box 4621 DARWIN NT 0801  
Telephone: 8999 8814  
Hours: Monday-Friday: 8.00am-4.21pm

#### **Palmerston**

Location: Highway House  
Chung Wah Terrace PALMERSTON  
Telephone: 8999 4768  
Hours: Monday-Friday: 8.00am-4.21pm

Assistance with the payment of bond for rental accommodation in the private sector and mortgage assistance for home owners is available to those pensioners who meet the eligibility criteria. Territory Housing has a number of Seniors Villages which are located in Darwin and the Northern Suburbs.

## **ADVISORY/PEAK BODY**

### **Council on the Ageing NT (COTA)**

Location: Spillett House  
65 Smith Street DARWIN  
Postal: GPO Box 852 DARWIN NT 0801  
Telephone: 8941 1004  
Fax: 8941 5011  
Email: [admin@cotant.org](mailto:admin@cotant.org)  
Website: [www.cotant.org](http://www.cotant.org)  
Hours: Monday-Friday: 9.00am-4.00pm  
Parent Body: Council on the Ageing NT

Provides information and opportunities for involvement in COTA's policy development and advocacy, and representation to government on behalf of over 50s in the NT and Australia.

Become a member today and receive significant discounts and benefits through your membership from just \$24 per year.

### **Down Syndrome Association of the Northern Territory**

Location: Shop 16 Rapid Creek Business Centre  
Trower Road RAPID CREEK  
Postal: PO Box 41545 CASUARINA NT 0811  
Telephone: 8985 6222  
Fax: 8985 6266  
Email: [dsant@octa4.net.au](mailto:dsant@octa4.net.au)  
Hours: Monday, Tuesday, Thursday: 8.30am-3.00pm

Down Syndrome Association of the Northern Territory provides support services in helping parents and families of individuals with Down Syndrome to reach their full potential. It is a not-for-profit community organisation, providing counselling, access to resources, information and awareness programs in the Northern Territory.

## **Advisory/Peak Body**

### **National Disability Services NT**

Location: Suite 5 Level 1  
43 Cavenagh Street DARWIN  
Postal: GPO Box 4521 DARWIN NT 0801  
Telephone: 8941 0634  
0408 062 226  
Fax: 8941 0636  
Email: [ndsnt@nds.org.au](mailto:ndsnt@nds.org.au)  
Website: [www.nds.org.au](http://www.nds.org.au)  
Hours: Monday-Friday: 9.00am-5.00pm

NDS is the national industry association for disability services, representing 600 not-for-profit organisations. Our members operate several thousand services for Australians with a disability, are located in every State and Territory and range from small support groups to large multi-service organisations.

### **NT Council of Social Service Inc (NTCOSS)**

Location: Shop 4/1 Pavonia Place NIGHTCLIFF  
Postal: PO Box 1128 NIGHTCLIFF NT 0814  
Telephone: 8948 2665  
Fax: 8948 4590  
Email: [admin@ntcoss.org.au](mailto:admin@ntcoss.org.au)  
Website: [www.ntcoss.org.au](http://www.ntcoss.org.au)  
Hours: Monday-Friday: 9.00am-5.00pm

NTCOSS is a peak body of the social and community sector and an advocate for those who are most disadvantaged.

## ADVOCACY

### **Aged and Disability Rights Team Disability Discrimination Advocate**

Location: 8 Manton Street DARWIN  
Postal: GPO Box 3180 DARWIN NT 0801  
Telephone: 8982 1111  
Freecall: 1800 812 953  
Fax: 8982 1112  
Email: [info@dcls.org.au](mailto:info@dcls.org.au)  
Website: [www.dcls.org.au](http://www.dcls.org.au)  
Hours: Mon, Tues, Thurs, Fri: 9.00am-5.00pm  
Wed: 9.00am-1.00pm  
Parent Body: Darwin Community Legal Service

The Aged and Disability Rights Team provide an advocacy service for people receiving aged care services and anyone with a disability. It offers a free, independent and confidential service that respects the client's privacy.

**Comment:** Ramp access, accessible toilets and disabled parking.

### **Community Visitor Program (CVP)**

Location: 7<sup>th</sup> Floor 9-11 Cavenagh Street DARWIN  
Postal: LMB 22 GPO DARWIN NT 0801  
Telephone: 8999 1451  
Freecall: 1800 021 919  
Fax: 8981 3812  
Email: [CVPProgramADC@nt.gov.au](mailto:CVPProgramADC@nt.gov.au)  
Website: [www.cvp.nt.gov.au](http://www.cvp.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Located in the Anti Discrimination Commission

The CVP is established to protect the human rights of people with mental illness. The CVP:

- Provides advocacy for people receiving mental health treatment and their carers.
- Offers a specialist mental health complaints service.
- Monitors mental health services to ensure a high quality service.

## Advocacy

### Consumer Affairs

Location: Ground Floor Old Admiralty House  
Esplanade DARWIN  
Postal: GPO Box 1722 DARWIN NT 0801  
Telephone: 1800 019 319  
8999 1999  
Email: [consumer@nt.gov.au](mailto:consumer@nt.gov.au)  
Website: [www.consumeraffairs.nt.gov.au](http://www.consumeraffairs.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Department of Justice

Consumer Affairs is a part of the Department of Justice and aims to promote and regulate responsible business conduct through administration of a regulatory system that protects consumer interests.

### Integrated Disability Action Inc (IdA)

Location: Nightcliff Community Centre  
4/18 Bauhinia Street NIGHTCLIFF  
Postal: PO Box 645 NIGHTCLIFF NT 0814  
Telephone: 8948 5400  
Fax: 8948 5409  
Email: [ida1@bigblue.net.au](mailto:ida1@bigblue.net.au)  
Website: [www.idainc.org.au](http://www.idainc.org.au)  
Hours: Tuesday, Wednesday, Thursday: 10.00am-3.00pm

IdA is a peak consumer body for people with disabilities, their families, carers, workers in the disability field and those with an interest in the disability sector.

**Comment:** Ramp access, accessible toilets and a large accessible office.

## AGED CARE SERVICES

### Care Services

Location: 84 Malak Crescent MALAK  
Postal: PO Box 323 SANDERSON NT 0813  
Telephone: 8920 3700  
Fax: 8920 3777  
Email: [ntinfo@redcross.org.au](mailto:ntinfo@redcross.org.au)  
Website: [www.redcross.org.au](http://www.redcross.org.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Red Cross

Red Cross Care Services provides a variety of programs designed to support the frail, aged, younger people with disabilities, their carers and other persons isolated and vulnerable within the community. Services include in-home respite and meal preparation, domestic assistance, personal care, telecross, social support, meals on wheels, and high and low care aged care packages. Referrals to Red Cross are required for access to services and these can be arranged through the GP, family members, allied health professionals or other agencies.

### Community Visitors Scheme (CVS)

Location: 5 Nemarluk Drive LUDMILLA  
Postal: PO Box 36506 WINNELLIE NT 0821  
Telephone: 8985 0000  
Fax: 8985 0001  
Email: [aawan@anglicare-nt.org.au](mailto:aawan@anglicare-nt.org.au)  
Hours: Monday-Friday: 8.00am-5.00pm  
Parent Body: Anglicare Top End

Community Visitors Scheme (CVS) is a National Program, established to promote links between people living in an aged care home. The CVS aims to enrich the quality of life of residents of aged care homes who may be socially isolated or lonely. Community visitors are volunteers who visit a designated resident on a one to one basis in an Aged Care Home.

**Comment:** Ramp access and accessible toilets.

## **Aged Care Services**

### **Frontier Services Community Care**

Location: 44 Woods Street DARWIN  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8982 5200  
Fax: 8941 7533  
Email: [cacpfs.darwin@bigpond.com](mailto:cacpfs.darwin@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 8.00am-4.00pm (Office)  
Parent Body: Uniting Church Frontier Services

The purpose of the Community Aged Care packages is to assist older people to stay living as independently as possible in their own homes. Some packages are designed with a focus on dementia diagnosis or memory problems. We also provide indigenous specific packages.

### **Frontier Services Regional Office**

Location: 44 Woods Street DARWIN  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8982 5200  
Fax: 8941 7533  
Email: [fsnt@bigpond.com](mailto:fsnt@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: Uniting Church Frontier Services

Frontier Services provides a range of community based services and residential care for older people. Frontier Services also plays an advocacy role for disadvantaged older people in the community.

## **Aged Care Services**

### **Filipiniana Senior Citizens Assoc Incorp (FSCA)**

Location: Alawa Community Hall  
Lakeside Drive ALAWA  
Postal: PO Box 41205 CASUARINA NT 0811  
Telephone: 8945 7138  
8945 1145  
8932 4869

Social and recreational activities such as lunch at the weekly meeting, dances, songs, games, outings and light sports.

Information talks held from time to time.

Outreach – visits to members who are sick. Emotional as well as financial support to families of FSCAN members who have died.

## Aged Care Services

### Frontier Services Respite Options for Senior Territorians - Darwin & Palmerston

#### Darwin

Location: 5 Luxton Street STUART PARK  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8942 3911  
Fax: 8942 3955  
Email: [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 8.00am-4.00pm (Office hours)  
Service hours by negotiation

#### Palmerston

Location: 1 Kettle Street FARRAR  
Postal: PO Box 53 PALMERSTON NT 0831  
Telephone: 8932 3399  
Fax: 8932 3299  
Email: [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 8.00am-4.00pm (Office hours)  
Service hours by negotiation  
Parent Body: Uniting Church Frontier Services

ROST was established to provide support to Northern Territorians fulfilling the role of carer for a person whose challenging behaviours prevent them from accessing other community supports, and to provide social stimulation for people with challenging behaviours who are living alone.

Today the service targets working carers of frail aged people, including carers who are studying.

## Aged Care Services

### Home Based Transitional Care Program

Location: 1<sup>st</sup> Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7218  
8922 7520  
Fax: 8922 7444  
Email: [pauline.howard@nt.gov.au](mailto:pauline.howard@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health & Families  
Age & Disability

Home Based Transitional Care coordinates intensive in home care services for up to 8 weeks to help a person to continue to live in the community.

Our service supports clients by purchasing and coordinating a variety of services to meet the individual needs of the client.

### Juninga Centre

Location: 113 Dick Ward Drive COCONUT GROVE  
Postal: PO Box 733 NIGHTCLIFF NT 0814  
Telephone: 8948 0442  
Fax: 8985 3898  
Email: [juninga.centre@bigpond.com](mailto:juninga.centre@bigpond.com)  
Hours: 24 hour service  
Parent Body: Gwalwa Dariniki Association

Community and residential aged care for older indigenous people.  
Independent Living Units on site.

## **Aged Care Services**

### **Legacy NT**

Location: 11 Namarluk Drive LUDMILLA  
Postal: GPO Box 1492 DARWIN NT 0801  
Telephone: 8948 0830  
Fax: 8948 0830  
Email: [legacy@legacynt.org](mailto:legacy@legacynt.org)  
Website: [www.legacy.com.au](http://www.legacy.com.au)  
Hours: Tuesday & Friday: 6.30am-9.30am (Office hours)  
Services provided to eligible beneficiaries 24/7 if warranted

Legacy provides a range of services to eligible widows/widowers and children of deceased or terminally ill veterans who have returned from active service.

An active Legacy Widows Club services the social needs of Darwin/Palmerston and Rural Widows.

### **Low Vision Services and Guide Dogs Services**

Location: Shop 4/5 Keith Lane FANNIE BAY  
Postal: PO Box 154 PARAP NT 0804  
Telephone: 8981 5488  
0411 591 187  
Freecall: 1800 738 855 for Head Office - Adelaide  
Fax: 8981 0820  
Email: [clients@guidedogs.org.au](mailto:clients@guidedogs.org.au)  
Website: [www.guidedogs.org.au](http://www.guidedogs.org.au)  
Hours: Monday-Friday: 8.30am-5.00pm  
or by appointment  
Parent Body: Guide Dogs SA/NT

Guide Dogs SA/NT provides rehabilitation services to people who are blind, vision impaired or deaf blind in one or a combination of the following life skills areas: orientation and mobility, daily living, recreation, low vision and special equipment.

## Aged Care Services

### **Mature Age Social Hour (MASH)**

Location: The Salvation Army Darwin Corps  
Postal: PO Box 40491 CASUARINA NT 0811  
Telephone: 8945 1947  
Fax: 8927 6875  
Website: [www.salvationarmy.org.au/NT](http://www.salvationarmy.org.au/NT)  
Hours: Wednesday (fortnightly)  
Parent Body: The Salvation Army

Social outings and meetings for people over 50.

### **Medical Transport**

Location: 2 Caryota Place COCONUT GROVE  
Postal: As above  
Telephone: 8948 0042  
Fax: 8948 1633  
Email: [bodyi@missionaustralia.com.au](mailto:bodyi@missionaustralia.com.au)  
Website: [www.missionaustralia.com.au](http://www.missionaustralia.com.au)  
Hours: Monday-Saturday: 6.00am-9.00pm  
Parent Body: Mission Australia

Provides transport for primarily indigenous, aged and disabled to access medical services, rehabilitation services and therapy. Only available to clientele referred from registered service providers. Bookings must be made in advance (24 hours) in writing.

## Aged Care Services

### **NT Dementia Behaviour Management Advisory Service (NT DBMAS)**

Location: 44 Woods Street DARWIN  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8982 5202  
8982 5247  
8982 5248  
Fax: 8941 7533  
Email: [darwin.dbmas@frontierservices.org](mailto:darwin.dbmas@frontierservices.org)  
[support.dbmas@frontierservices.org](mailto:support.dbmas@frontierservices.org)  
[1800.ntdbmas@frontierservices.org](mailto:1800.ntdbmas@frontierservices.org)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: Uniting Church Frontier Services

NT DBMAS provides specialist assessment and referral services to carers of aged persons at risk of a challenging and/or confused behaviour. Brokerage funds are also available to provide staffing and/or equipment as required.

### **Terrace Gardens**

Location: 1 Kettle Street FARRAR  
Postal: PO Box 53 PALMERSTON NT 0831  
Telephone: 8932 1005  
Fax: 8932 1578  
Email: [don.terrace.gardens@bigpond.com](mailto:don.terrace.gardens@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: Monday-Friday: 9.00am-5.00pm  
Parent Body: Frontier Services

Terrace Gardens Nursing Home is a 58 bed high care facility. Some share rooms (2 residents) and some single. Meals and washing attended by on-site staff. 24 hour qualified staff and personal care staff.

## Aged Care Services

### Tracy Aged Care

Location: 87 Woods Street DARWIN  
Postal: GPO Box 610 DARWIN NT 0801  
Telephone: 8942 8700  
Fax: 8942 8755  
Email: [admin.tracyagedcare@bigpond.com](mailto:admin.tracyagedcare@bigpond.com)  
Website: [www.frontierservices.org](http://www.frontierservices.org)  
Hours: 24 hour service  
Parent Body: Uniting Church Frontier Services

Residential aged care service for older people requiring low levels of assistance.

Tracy Aged Care includes Arafura House designed for older people living with dementia.

## CHILDREN'S SERVICES

### **Camp Quality Ltd Northern Territory**

Location: 5 Pavonia Place NIGHTCLIFF  
Postal: PO Box 796 NIGHTCLIFF NT 0814  
Telephone: 8985 4433  
Fax: 8985 4411  
Email: [christine.brown@campquality.org.au](mailto:christine.brown@campquality.org.au)  
Website: [www.campquality.org.au](http://www.campquality.org.au)  
Hours: Monday-Friday: 9.00am-5.00pm  
Parent Body: Camp Quality Ltd

Camp Quality is dedicated to bringing optimism and happiness to the lives of children and families affected by cancer through fun therapy.

### **Children's Development Team**

Location: Level 1 Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7283  
Fax: 8922 7399  
Website: [www.health.nt.gov.au](http://www.health.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.21pm

We are a team of professionals who work with children and their families throughout Darwin and Palmerston regions. Services include: Occupational Therapy, Physiotherapy, Speech Pathology and support staff. We see babies, toddlers, children and teenagers who may be having problems related to a disability or delays in development.

## **Children's Inclusion Support Service (Inclusion Support Agency for the Northern Region of NT)**

Location: 71 Coonawarra Road WINNELLIE  
Postal: PO Box 41936 CASUARINA NT 0811  
Telephone: 8986 7142  
Fax: 8947 2884  
Email: [ecant@earlychildhood.org.au](mailto:ecant@earlychildhood.org.au)  
Website: [www.earlychildhoodaustralia.org.au](http://www.earlychildhoodaustralia.org.au)  
Hours: Monday-Friday: 8.30am-4.30pm  
Parent Body: Early Childhood Australia NT Branch

Program supports staff in Child Care Centres, Family Day Care, Outside School Hours Care and Vacation Care to include children with disabilities, or children undergoing diagnosis for a disability, into their services.

Funded by Department of Education, Employment and Workplace Relations.

## **Darwin Toy Library Inc**

Location: Cnr McMillans & Marrara Roads MOIL  
Postal: PO Box 40719 CASUARINA NT 0811  
Telephone: 8927 9077  
Fax: 8927 7503  
Email: [dt19077@bigpond.net.au](mailto:dt19077@bigpond.net.au)  
Website: [www.darwintoylibrary.org](http://www.darwintoylibrary.org)  
Hours: Tuesday, Thursday & Saturday: 9.30am-12.30pm  
Wednesday: 2.30pm-6.30pm

Stocking over 3500 toys to assist the developmental needs of all children. Specialized toys and equipment are available for children with additional needs. Referral required for specialized toys. Mobile service available for families meeting the criteria. Ring for more information.

## Children's Services

### **Variety, The Children's Charity NT Inc**

Location: 149 Stuart Highway STUART PARK  
Postal: GPO Box 4224 DARWIN NT 0801  
Telephone: 8981 2544  
Freecall: 1300 4 VARIETY (1300 482 743)  
Fax: 8941 5373  
Email: [variety@varietynt.org.au](mailto:variety@varietynt.org.au)  
Website: [www.varietynt.org.au](http://www.varietynt.org.au)  
Hours: Monday-Friday: 9.00am-5.00pm

Variety NT is dedicated to improving the quality of life of children with special needs. We raise funds for distribution through our three major Grants Programs which provide specialized equipment and services for children, hospitals, community groups, schools and organisations.

# COMMONWEALTH GOVERNMENT

## Centrelink

### Casuarina Customer Service Centre

Location: 50 Bradshaw Terrace CASUARINA  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 7.45am-4.45pm

### Darwin Customer Service Centre

Location: 24 Knuckey Street DARWIN  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 8.00am-4.30pm

### Palmerston Customer Service Centre

Location: 2 Maluka Street PALMERSTON  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 7.45am-4.45pm

Centrelink is an Australian Government Statutory Agency, assisting people to become self-sufficient and supporting those in need.

Centrelink assists people who are looking for work and also supports people requiring special assistance including those who are planning for retirement, are ill or experiencing a crisis.

Contacting Centrelink:

Retirement Services	132 300
Disability, Sickness & Carers	132 717

If you are deaf or have hearing or speech impairment and need to contact Centrelink, call the National Relay Service and TTY.

### National Relay Service

Freecall	1800 555 677
Freecall	1800 810 586

General number for all enquiries within Australia. Voice and TTY is available.

**Commonwealth Government**

**Veteran Affairs Network**

Location: Civic Centre  
2 Chung Wah Terrace PALMERSTON  
Postal: PO Box 3374 PALMERSTON NT 0831  
Telephone: 8935 1405  
Freecall: 1300 551 918 (local call rate within the NT)  
Fax: 8935 1489  
Website: [www.dva.gov.au](http://www.dva.gov.au)  
Hours: Monday-Friday: 9.00am-5.00pm  
Parent Body: Department of Veterans Affairs

Service coverage – Northern Territory and Kununurra WA. Provides information on eligibility and services available through the Department of Veterans Affairs including income support, disability compensation, rehabilitation services, health services and Commemoration to members of the veteran community, current and former members of the Australian Defence Force and their families.

## CONCESSIONS AND FINANCIAL SUPPORT

### Darwin City Council Concessions

#### Disabled Persons Parking Permit

Location: Civic Centre  
17 Harry Chan Avenue DARWIN  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0607  
Fax: 8930 0311  
Email: [dcc@darwin.nt.gov.au](mailto:dcc@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Hours: Monday-Friday: 8.00am-5.00pm

Darwin City Council administers the Disabled Persons Parking Permit Scheme for people with mobility limitations and in need of special parking consideration. The applicants must be assessed by a medical practitioner as mobility restricted. The scheme entitles the usage of designated parking throughout the municipality and allows extended parking in all time restricted bays and free parking on-street where Council parking meters are installed.

#### Rates and Garbage Charges

For holders of the NT Pensioner and Carer Concession Card, a concession is available on Darwin City Council Rates and Charges. This concession is approved and provided by the Northern Territory Department of Health and Community Services, Pension Concession Unit.

To be eligible for the concession, the member must be the legal owner/part owner of the property, occupy the property and must have declared the property as their principal place of residence. The concession is:

Rates: 62.5% of the annual general rates charge up to a maximum of \$200 in one Rating Year.  
Garbage: A flat annual concession of \$46.25 applies if a garbage collection is provided by Council.

## **Concessions and Financial Support**

### **NT Pensioner & Carer Concession Scheme**

Postal: PO Box 40596 CASUARINA NT 0811  
Freecall: 1800 421 887  
Website: [www.nt.gov.au/health](http://www.nt.gov.au/health)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health and Families

Please refer to the NT Pensioner and Carer Concession Scheme website.

### **NT Seniors Card**

Location: Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7367  
Freecall: 1800 777 704  
Fax: 8922 7165  
Email: [seniorscard@nt.gov.au](mailto:seniorscard@nt.gov.au)  
Website: [www.seniorscard@nt.gov.au](http://www.seniorscard@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: Department of Health and Families

NT Seniors Card is available to all permanent Territory residents aged 60 years and over and provides access to savings on a range of goods and services provided by supporting businesses.

## COUNSELLING SERVICES

### **Al-Anon Family Group**

Postal: PO Box 41687 CASUARINA NT 0811  
Telephone: 8948 4522  
8932 6228

Website: [www.al-anon.alateen.org/australia](http://www.al-anon.alateen.org/australia)

This fellowship offers help and assistance to families and friends of problem drinkers. Anonymous membership. Phone for meeting times and locations.

### **Alcohol & Other Drugs Services – Centacare NT**

Location: 17 Hidden Valley Road BERRIMAH  
Postal: PO Box 132 BERRIMAH NT 0828  
Telephone: 8944 2000  
Fax: 8944 2099  
Email: [darwin@centacare-nt.org.au](mailto:darwin@centacare-nt.org.au)  
Website: [www.centacare-nt.org.au](http://www.centacare-nt.org.au)  
Hours: Monday-Friday: 8.30am-5.00pm

Group sessions, counselling, education and information for families where alcohol or other drug use is causing problems.

### **Catholic Care NT**

Location: 17 Hidden Valley Road BERRIMAH  
Postal: PO Box 132 BERRIMAH NT 0828  
Telephone: 8944 2000  
Fax: 8944 2099  
Email: [darwin@catholiccarent.org.au](mailto:darwin@catholiccarent.org.au)  
Website: [www.catholiccarent.org.au](http://www.catholiccarent.org.au)  
Hours: Monday-Friday: 8.30am-5.00pm

Counselling is available for people having relationship difficulties or experiencing any form of domestic violence including emotional, physical and sexual. Fees are negotiable.

## **Counselling Services**

### **Lifeline Top End**

Location: 3/4 Shepherd Street DARWIN  
Postal: GPO Box 1363 DARWIN NT 0801  
Telephone: 8941 2365  
Fax: 89 81 8278  
Freecall: 131 114 (24 hours a day telephone counselling line)  
Hours: Monday-Friday: 9.00am-5.00pm  
Parent Body: Lifeline Australia

A confidential telephone counselling service available to help you in your time of need. Face to face counselling and Hypnotherapy are also available.

### **Melaleuca Refugee Centre**

Location: Shop 33 Rapid Creek Business Village  
78 Trower Road MILLNER  
Postal: PO Box 1226 NIGHTCLIFF NT 0814  
Telephone: 8985 3311  
Fax: 8985 3322  
Email: [admin@melaleuca.org.au](mailto:admin@melaleuca.org.au)  
Website: [www.fasstt.org.au](http://www.fasstt.org.au)  
Hours: 9.00am-4.30pm

Melaleuca Refugee Centre, Torture and Trauma Survivor Service provides support, counselling and advocacy to people from refugee background.

## Counselling Services

### **Relationships Australia NT Inc**

Location: 2<sup>nd</sup> Floor Cavenagh Centre  
43 Cavenagh Street DARWIN  
Postal: GPO Box 4193 DARWIN NT 0801  
Telephone: 8923 4999  
Freecall: 1300 364 277 (Darwin local phone call)  
Fax: 8981 6190  
Email: [info@ra-nt.org.au](mailto:info@ra-nt.org.au)  
Website: [www.relationships.com.au](http://www.relationships.com.au)  
Hours: Mon, Tues, Wed, Fri: 8.00am-5.00pm  
Thurs: 8.00am-6.30pm

Counselling available for relationships, reconciliation, separation, pre-marital, personal and grief issues. Family Dispute Resolution (mediation) services for separating couples or families as well as various Relationship Education programs.

### **Ruby Gaea Darwin Centre Against Rape Inc**

Location: Confidential  
Postal: PO Box 42082 CASUARINA NT 0811  
Telephone: 8945 0155  
Fax: 8945 2783  
Email: [info@rubygaea.net.au](mailto:info@rubygaea.net.au)  
Website: [www.rubygaea.org.au](http://www.rubygaea.org.au)  
Hours: Monday-Friday: 8.30am-5.00pm

Free confidential counselling for young and adult women and male and female children who have been affected by sexual violence. Support to access medical services. Legal and resource information available. Emotional and practical support is provided during Police or court proceedings if a woman chooses to report rape and for related appointments. Self help groups for survivors and their relatives, educational workshops and training lectures in the community on sexual violence and a lending library of books, videos and articles on rape and related issues are also available.

## **Counselling Services**

### **Sexual Assault Referral Centre (SARC)**

Location: Ground Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7156 (24 hours)  
Fax: 8922 7047  
Email: [sarc.ths@nt.gov.au](mailto:sarc.ths@nt.gov.au)  
Website: [www.health.nt.gov.au](http://www.health.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.20pm (Office hours)  
After hours available for crisis response /  
counselling

Parent Body: NT Department of Health and Families

SARC provides a free confidential counselling service to anyone who may have experienced sexual assault or sexual abuse, either recently or in the past.

We see adults and children, males and females. We also provide free medical and forensic examinations and support for recent sexual assault.

### **SIDS and Kids Northern Territory**

Location: Shop 19 Rapid Creek Business Village  
Trower Road RAPID CREEK  
Postal: GPO Box 3414 DARWIN NT 0801  
Telephone: 8948 5311 (24 hour counselling line)  
Freecall: 1300 308 307  
Fax: 8948 5244  
Email: [darwin@sidsandkids.org](mailto:darwin@sidsandkids.org)  
Website: [www.sidsandkids.org](http://www.sidsandkids.org)  
Hours: 24 hour bereavement line/part time hours  
Parent Body: SIDS and Kids National

Provides Safe Sleeping education and advice to parents, grandparents, health and child care professionals.

Provides counselling support for anyone affected by the death of a child (up to 18 years of age).

## **DRIVER EDUCATION**

### **Driver Occupational Therapy and Rehabilitation**

Postal: PO Box 912 PALMERSTON NT 0831

Telephone: 8932 1626

Email: [juliet.rankin@nt.gov.au](mailto:juliet.rankin@nt.gov.au)

Hours: 7 days per week – hours vary each day

Julie Rankin is an experienced Occupational Therapist who has post-graduate qualifications and experience in assisting people with returning to driving. The service includes assessment, rehabilitation and reports to MVR.

## EDUCATION

### Adult Migrant English Program (AMEP)

Location: Charles Darwin University Orange 4 DARWIN  
Postal: Charles Darwin University DARWIN NT 0909  
Telephone: 8946 6578  
Freecall: 1800 019 119  
Fax: 8946 7055  
Email: [betty.batuk@cdu.edu.au](mailto:betty.batuk@cdu.edu.au)  
Website: [www.cdu.edu.au](http://www.cdu.edu.au)  
Hours: Morning and evening classes  
Parent Body: Funded by Department of Immigration and  
Citizenship

Classes are offered at Casuarina, Malak, Palmerston and in regional areas. The Adult Migrant English Program (AMEP) provides FREE English classes for migrants and refugees who want to learn English to improve their: speaking, listening, reading, writing and computer skills. Students need to be eligible under Department of Immigration and Citizenship (DIAC) guidelines. Do you have a few hours a week to spare? The AMEP is always looking for volunteer tutors to assist students to learn English in class or at home.

### Darwin Toastmasters

Location: Railway Club  
Somerville Gardens PARAP  
Postal: PO Box 39912 WINNELLIE NT 0821  
Telephone: 8981 8689  
Website: [www.darwintmc.freetoasthost.ws](http://www.darwintmc.freetoasthost.ws)  
[www.toastmastersd69.org](http://www.toastmastersd69.org)  
Parent Body: Toastmasters International

Toastmasters Club aims to provide a friendly, supportive forum for members to improve their speaking skills for public speaking, career or any other purpose. The meetings are both entertaining and stimulating. Meetings are held on the first and third Tuesday night of each month at the Railway Club. Members and guests are asked to arrive about 7.15pm for a 7.30pm start. The meetings finish about 9.30pm.

## Education

### First Aid Training

Location: Casuarina, Parap, Palmerston, Katherine, Nhulunbuy, Tennant Creek, Alice Springs  
Postal: PO Box 40221 CASUARINA NT 0811  
Telephone: 8922 6221 & 8922 6221 - Darwin, Katherine, Nhulunbuy  
8959 6640 – Alice Springs, Tennant Creek  
Fax: 8922 6232  
Email: [training@stjohnnt.asn.au](mailto:training@stjohnnt.asn.au)  
Website: [www.stjohnnt.org.au](http://www.stjohnnt.org.au)  
Hours: Monday-Friday: 7.30am-4.30pm  
Parent Body: St John Ambulance Australia (NT) Inc

Full range of first aid training programs including Caring for Kids, Apply First Aid (previously Senior First Aid), CPR and many other 'advanced first aid' courses. Discounts offered for eligible card holders. First Aid Kits also available.

### Greypath National Seniors Website

Location: Victoria  
Postal: 302/9 Claremont Street SOUTH YARRA VIC 3141  
Telephone: 03 9826 9688  
Fax: 03 9826 8965  
Email: [ray.lewis@greypath.com](mailto:ray.lewis@greypath.com)  
Website: [www.greypath.com](http://www.greypath.com)  
Parent Body: Greypath Pty Ltd

Many free, on-line courses, advisories such as Centrelink, chat rooms and forums, competitions, games, links, special interest groups and much more in this, probably the World's largest Seniors site.

## Education

### Henbury School

Location: 4 Henbury Avenue WANGURI  
Postal: As above  
Telephone: 8927 5088  
Fax: 8927 3367  
Email: [henbury.admin@ntschoools.net](mailto:henbury.admin@ntschoools.net)  
Website: [www.schools.nt](http://www.schools.nt)  
Hours: Monday-Friday (Office hours)  
Parent Body: Department of Education and Training (DET)

A special school for students with disabilities in the middle and senior years of schooling.

### Nemarluk School

Location: Cnr Bagot Road & Nemarluk Drive LUDMILLA  
Postal: PO Box 39729 WINNELLIE NT 0821  
Telephone: 8985 3100  
Fax: 8948 0016  
Email: [admin.nemarluk@ntschoools.net](mailto:admin.nemarluk@ntschoools.net)  
Hours: Monday-Friday: 8.00am-3.00pm  
Parent Body: Department of Education and Training (DET)

Nemarluk School provides pre-primary school individualized educational programs for students with special needs. There is also an Out of School Care program for students enrolled at Nemarluk School.

**Comment:** Ramp access, accessible toilets and hydraulic pool lift.

## **Northern Territory Catholic Education Office**

### Teaching & Learning Student Support Services

Location: Cnr Hidden Valley & Beaton Roads BERRIMAH  
Postal: PO Box 219 BERRIMAH NT 0828  
Telephone: 8984 1400  
Fax: 8984 1444  
Email: [admin@ceo.nt.catholic.edu.au](mailto:admin@ceo.nt.catholic.edu.au)  
Website: [www.ceo.nt.catholic.edu.au](http://www.ceo.nt.catholic.edu.au)  
Hours: 8.30am-4.30pm school terms

#### Support Schools in:

- Identification of students with disabilities.
- Implementation of programs and adjustments for students with disabilities.
- Provision of professional learning for teachers and Inclusion Support Assistants.
- Accessing funds to assist students with disabilities.

## EMPLOYMENT

### **Ausdesigns™**

Location: 46 Toupein Road PALMERSTON  
Postal: PO Box 37746 WINNELLIE NT 0821  
Telephone: 8932 5184  
Fax: 8931 2781  
Email: [info@ausdesigns.com.au](mailto:info@ausdesigns.com.au)  
Website: [www.ausdesigns.com.au](http://www.ausdesigns.com.au)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: HPA Incorporated

Employment and training options for people with disabilities. Small industrial sewing factory.

### **Kokoda Industries**

Location: 22 Albatross Street WINNELLIE  
Postal: PO Box 37746 WINNELLIE NT 0821  
Telephone: 8947 0681  
Fax: 8984 4586  
Email: [admin@hpaincorporated.com](mailto:admin@hpaincorporated.com)  
Website: [www.hpaincorporated.com](http://www.hpaincorporated.com)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: HPA Incorporated

Employment and training options for people with disabilities. Small timber and metal work factory.

## **National Disability Coordination Officer Program**

Location: Support and Equity Services  
Blue Precinct Building 1  
Charles Darwin University  
Casuarina Campus DARWIN

Postal: Support and Equity Services  
Blue Precinct Building 1  
Charles Darwin University  
Casuarina Campus  
Ellengowan Drive DARWIN NT 0909

Telephone: 8946 6288  
Fax: 8946 6654  
Email: [elizabeth.reid@cdu.edu.au](mailto:elizabeth.reid@cdu.edu.au)  
Website: [www.cdu.edu.au/ndco](http://www.cdu.edu.au/ndco)  
Hours: 8.00am-4.21pm

The National Disability Coordination Officer program of the Northern Territory provides information, coordination and referral services to increase and improve transitional pathways for Territorians with a disability between community, school, post secondary education, training and employment.

## **NT Working Women's Centre (NTWWC)**

Location: 98 Woods Street DARWIN  
Postal: GPO Box 403 DARWIN NT 0801  
Telephone: 8981 0655  
Freecall: 1800 817 055  
Fax: 8981 0433  
Email: [admin@ntwwe.com.au](mailto:admin@ntwwe.com.au)  
Website: [www.ntwwe.com.au](http://www.ntwwe.com.au)  
Hours: Monday-Friday: 8.30am-4.30pm

The NTWWC provides information, advice, referral, support and advocacy to women on work related issues such as: discrimination, pay, employment contracts, unfair dismissal, superannuation and workplace bullying. All services are free and confidential. Women can telephone to make an appointment.

## FINANCIAL SUPPORT SERVICES

### Centrelink Financial Information Service

#### Casuarina Customer Service Centre

Location: 50 Bradshaw Terrace CASUARINA  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 7.45am-4.45pm

#### Darwin Customer Service Centre

Location: 24 Knuckey Street DARWIN  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 8.00am-4.30pm

#### Palmerston Customer Service Centre

Location: 2 Maluka Street PALMERSTON  
Postal: PO Box 3200 PALMERSTON NT 0831  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 7.45am-4.45pm  
Telephone: To speak to a FIS Officer and find out more about investment products or to find out about seminars and make a seminar booking call 8936 3447 (local) or 136 357 (national) from 9.00am-5.00pm (local time)  
Email: Email [fis.seminar.bookings@centrelink.gov.au](mailto:fis.seminar.bookings@centrelink.gov.au) with the title, date and location of the seminar you are interested in, and an alternative contact such as a phone number

Centrelink's Financial Information Service is a free and confidential education and information service that helps people to make informed decisions about investment and financial issues for their current and future financial needs.

The Financial Information Service holds regular local seminars and provides a phone and appointment service.

## HEALTH SERVICES

### Alcoholics Anonymous

Location: Room 5A Nightcliff Community Centre  
18 Bauhinia Street NIGHTCLIFF  
Postal: PO Box 40760 CASUARINA NT 0811  
Telephone: 8948 5202  
Email: [aa.darwin@bigpond.com](mailto:aa.darwin@bigpond.com)  
Website: [www.alcoholicsanonymous.org.au](http://www.alcoholicsanonymous.org.au)  
Hours: 24 hour member phone contact  
Office open weekdays from 11.00am-2.00pm  
Parent Body: Central Service Office Darwin

Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others recover from alcoholism.

We provide mutual support and suggest members practice our recovery program.

### Asthma Foundation Northern Territory Inc

Location: 14/16 Charlton Court WOOLNER  
Postal: PO Box 39962 WINNELLIE NT 0821  
Telephone: 8981 6066  
Freecall: 1800 645 130  
Fax: 8981 9066  
Email: [asthmant@asthmant.org.au](mailto:asthmant@asthmant.org.au)  
Website: [www.asthmasnt.org.au](http://www.asthmasnt.org.au)  
Hours: Monday-Friday: 9.00am-5.00pm  
By appointment at Palmerston Community Care Centre

Asthma Foundation NT enhances the quality of life of people with asthma by providing education and support to the person with asthma, their families and carers. Office hours are Monday-Friday 9.00am – 5.00pm or by negotiation. An asthma clinic runs weekly at Palmerston Community Care Centre on Wednesday afternoon 1.00pm – 4.00pm. Please call 8981 6066 to arrange an appointment. Lung function testing (spirometry) is also available.

## Health Services

### Australian Hearing

Location: Cascom Centre  
13 Scaturchio Street CASUARINA  
Postal: PO Box 40350 CASUARINA NT 0811  
Telephone: 8945 5511  
Freecall: 131 797  
Fax: 8945 5522  
Website: [www.hearing.com.au](http://www.hearing.com.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Department of Human Services

For a free, no obligation hearing screening, call Australian Hearing Darwin. Hearing services and hearing aids are provided free to:

- Eligible pensioners
- ATSI people aged 50 and over
- Children up to 21 years
- ATSI people on CDEP.

### Breast Screen NT

Location: Casuarina Health Services Building  
9 Scaturchio Street CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Freecall: 132 050  
Fax: 8922 6440  
Email: [wcpp.ths@nt.gov.au](mailto:wcpp.ths@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.00pm  
Screen times by appointment  
Parent Body: Department of Health and Families

Breast Screen NT provides free breast x-rays for the early detection of breast cancer in women aged 50-69 years. These detect most breast cancers, including those too small to be felt. Women over 70 are welcome, please ring 132 050.

## Coeliac Disease Support Group

Location: Darwin  
Postal: 29 Dalwood Crescent MALAK NT 0812  
Telephone: 8922 8804  
Fax: 8922 8310  
Email: [wverus@bigpond.com.au](mailto:wverus@bigpond.com.au)  
Hours: Anytime  
Parent Body: Coeliac Society of Australia

Give dietary information and support to people diagnosed with Coeliac Disease.

## Community Adult Health Team

Location: 1<sup>st</sup> Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7424  
Fax: 8922 7444  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health and Community Services

The Community Adult Health Team primarily provides short-term intervention to adults who have health related problems. The service aims is to maintain clients in a community setting and to promote an independent lifestyle.

**Comment:** Accessible toilets and lift to 1<sup>st</sup> floor.

## Health Services

### **Darwin Holistic Health Centre**

Location: Shop 18 Rapid Creek Business Village  
Trower Road MILLNER  
Postal: PO Box 2116 PARAP NT 0804  
Telephone: 8948 0174  
Email: [admin@darwinholistic.org](mailto:admin@darwinholistic.org)  
Website: [www.darwinholistic.org](http://www.darwinholistic.org)  
Hours: Tuesday-Thursday: 10.00am-2.00pm  
Friday: 12noon-5.00pm  
Sunday: 9.00am-12noon for the markets

We are a not for profit organisation whose aim is to provide a comprehensive scope of information for people living in Darwin with regards to healthy living and we strive to keep the knowledge of an holistic approach to healthy living alive in the community by making people aware.

We can provide self help through our extensive library on health and well being and for people seeking professional assistance we have a wide range of complimentary health practitioners within our network who can be of help.

### **Disability Coordinators Team (DCT)**

Location: 1<sup>st</sup> Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive  
CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7424  
Fax: 8922 7444  
Hours: Monday-Friday: 8.00am-4.21pm

The Disability Coordinators Team (DCT) develops partnerships with people with a disability, their families, carers, advocates, community and other organisations and services to meet the individual's needs, goals and aspirations and facilitate access to support.

## **Education and Support Services for People Living with Epilepsy**

Location: Australia wide  
Postal: GPO Box 9878 DARWIN NT 0801  
Telephone: 1300 374 537  
Fax: 1300 886 894  
Email: [epilepsy@epilepsy.org.au](mailto:epilepsy@epilepsy.org.au)  
Website: [www.epilepsy.org.au](http://www.epilepsy.org.au)  
Hours: Monday-Friday: 8.00am-5.00pm  
Parent Body: Epilepsy Action Australia

Epilepsy Action is a national organisation providing community based support services to children and adults with epilepsy. Services include individual service plans, epilepsy information, first aid, seizure management planning, education and training programs, counselling, peer support, group programs and memory workshops.

## **Family Planning Welfare Association of the NT**

### **Sexual and Reproductive Health Services**

Location: Unit 2 The Clock Tower  
Dick Ward Drive COCONUT DRIVE  
Postal: PO Box 503 NIGHTCLIFF NT 0814  
Telephone: 8948 0326  
8948 0626  
Fax: 8948 0626  
Email: [admin@fpwnt.com.au](mailto:admin@fpwnt.com.au)  
Hours: Monday-Friday: 9.00am-4.00pm  
Parent Body: Family Planning Welfare Association of the NT

Screening: cervical cancer, sexually transmitted infections, breast awareness.

Menopause: ageing and sexuality.

Men's Health: check ups, health promotion, education, and library.

## Health Services

### Multiple Sclerosis Society of SA & NT

Location: 11/18 Bauhinia Street NIGHTCLIFF  
Postal: PO Box 867 NIGHTCLIFF NT 0814  
Telephone: 8948 5300  
Fax: 8948 5344  
Email: [ms.nt@bigpond.net.au](mailto:ms.nt@bigpond.net.au)  
Website: [www.ms.asn.au](http://www.ms.asn.au)  
Hours: Monday-Wednesday: 8.00am-4.00pm  
Parent Body: MS Society of SA & NT

The MS Society provides a wide range of services to people with MS and allied neurological conditions, their families, carers and allied health professionals, including education, information and support. It also offers weekly hydrotherapy classes to members.

### NT Pap Smear Register

Freecall: 131 556  
Fax: 8922 6455  
Email: [wcpp.ths@nt.gov.au](mailto:wcpp.ths@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: Department of Health and Families

The register records your confidential pap smear results and sends a reminder letter if you are overdue for your next pap smear.

Prevent 90% of cervical cancer by having regular pap smears with your doctor, nurse or Aboriginal Health Worker.

## Positive Behaviour Resource Unit

Location: 1<sup>st</sup> Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7424  
Fax: 8922 7444  
Hours: Monday-Friday: 8.00am-4.21pm

The Positive Behaviour Resource Unit (PBRU) works with people aged between primary school age and 64 years with challenging behaviour and intellectual disabilities/cognitive impairment and their support networks to develop supportive environments, positive behaviours and skills for participation in community life.

## Prosthetics and Orthotics

Location: Royal Darwin Hospital  
Rocklands Drive CASUARINA  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 8241  
Fax: 8922 8231  
Email: [prosthetics&orthotics@nt.gov.au](mailto:prosthetics&orthotics@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health and Families

The Prosthetic and Orthotic Department provides services that include manufacture, fitting and repair of prosthetics and orthotic devices.

## Health Services

### Royal Darwin Hospital

Location: Rocklands Drive TIWI  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 8888  
Website: [www.health.nt.gov.au](http://www.health.nt.gov.au)  
Hours: 24 hours / 7 days  
Parent Body: Department of Health and Families

Royal Darwin Hospital offers acute inpatient care and a 24 hours emergency department. It has a range of specialist services and outpatient clinics (patients referred by General Practitioners) and a full range of Allied Health Services.

### Territory Palliative Care

Location: Royal Darwin Hospital  
Rocklands Drive TIWI  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 6761  
Fax: 8922 6775  
Email: [jennifer.palmer@nt.gov.au](mailto:jennifer.palmer@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Royal Darwin Hospital

Palliative care strives to provide high quality care through an integrated service, accessible across the Northern Territory. We achieve this through a client, family and carer centred approach, which allows choice and is responsive to cultural and spiritual needs. We provide community based consultancy service and Hospice Inpatient.

## Vision Resources NT

Location: Shop 4  
5 Keith Lane FANNIE BAY  
Postal: PO Box 154 PARAP NT 0804  
Telephone: 8981 5488  
Fax: 8981 0820  
Website: [www.guidedogs.org.au](http://www.guidedogs.org.au)  
Hours: Monday-Friday: by appointment  
Parent Body: Guide Dogs SA/NT

Our Vision Resources program provides training and assistance to people with permanent vision loss wherever they live in the Territory. We also provide guide dogs to assist with safety and independence.

## INFORMATION & REFERRAL SERVICES

### Anti-Discrimination Commission (NT)

Location: Level 7  
9-11 Cavenagh Street DARWIN  
Postal: LMB 22 GPO DARWIN NT 0801  
Telephone: 8999 1444  
Freecall: 1800 813 846  
Fax: 8981 3812  
Email: [administration.adc@nt.gov.au](mailto:administration.adc@nt.gov.au)  
Website: [www.adc.nt.gov.au](http://www.adc.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Anti-Discrimination Commission (NT)

The Anti-Discrimination Commission, through public education and training and investigation of complaints, provides protection from unlawful discrimination and harassment for people in the Northern Territory. Promotes equality of opportunity in the Territory.

### Commonwealth Respite and Carelink Centre

Location: Unit 4/1 Caryota Court COCONUT GROVE  
Postal: GPO Box 1861 DARWIN NT 0801  
Telephone: 1800 052 222  
Freecall: 1800 052 222  
Email: [carelink@ntcarer.asn.au](mailto:carelink@ntcarer.asn.au)  
Hours: Monday-Friday: 8.30am-4.30pm  
Parent Body: Carers NT Inc

The Commonwealth Respite and Carelink Centre is an information and referral service for those in need of community care and their carers and for organisations involved in the provision of community services. The respite component of the service coordinates respite care and services for carers.

## Information & Referral Services

### DeafNT Inc

Location: Shop 14b Casuarina Plaza  
258 Trower Road CASUARINA

Postal: As above

Telephone: TTY: 8945 1880  
Voice: 8945 2016 – leave message on answering machine

Fax: 8945 2016

Email: [deafnt@bigpond.net.au](mailto:deafnt@bigpond.net.au)

Website: [www.deafnt.org.au](http://www.deafnt.org.au)

Hours: Monday-Friday: 9.00am-1.00pm

Parent Body: Information and Referral Services

Non-profit information and referral service which provides support to Deaf and hard of hearing people of all ages. Individual advocacy. Auslan (Australia Sign Language) classes every term. Deaf Awareness Training.

### Genealogical Society of the Northern Territory Inc

Location: 1<sup>st</sup> Floor Cavenagh Court  
25 Cavenagh Street DARWIN

Postal: PO Box 37212 WINNELLIE NT 0821

Telephone: 8981 7363

Fax: 8981 7383

Email: [gsntinc@bigpond.net.au](mailto:gsntinc@bigpond.net.au)

Website: [www.octa4.net.au/genient](http://www.octa4.net.au/genient)

Hours: Tuesday: 10.30am-5.45pm  
Saturday: 1.00pm-5.45pm

Advice and assistance in tracing family trees is provided. Resource materials include microfiche and microfilm records and indexes, books, maps and CDs. Library resources include Australian and overseas research. Pensioner rate for Commonwealth card holders. Seniors discount available on single and family categories.

## Information & Referral Services

### Nican

Location: 5/48 Brookes Street MITCHELL ACT  
Postal: PO Box 110 MITCHELL ACT 2911  
Telephone: 02 6241 1220  
Freecall: 1800 806 769  
Fax: 02 6241 1224  
Email: [info@nican.com.au](mailto:info@nican.com.au)  
Website: [www.nican.com.au](http://www.nican.com.au)  
Hours: 9.00am-4.00pm EST

Nican is a free national information service in the areas of sport, recreation, tourism and the arts for people with a disability. Nican administers the Qantas Carer Concession Card (cost involved).

## INTERPRETING SERVICES

### Interpreting and Translating Service NT

Location: Ground Floor RCG House  
83-85 Smith Street DARWIN

Postal: GPO Box 4621 DARWIN NT 0801

Telephone: 8999 8506

Freecall: 1800 676 254 (from NT landlines only)

Fax: 8999 8475

Email: [itsnt@nt.gov.au](mailto:itsnt@nt.gov.au)

Website: [www.nt.gov.au/itsnt](http://www.nt.gov.au/itsnt)

Hours: Monday-Friday: 8.30am-4.00pm

Parent Body: Department of Local Government and Housing

Provides on-site interpreting services and translations of documents (migrant and refugee languages and Auslan). Fees may apply.

## LEGAL

### Darwin Community Legal Service

Location: 8 Manton Street DARWIN  
Postal: GPO Box 3180 DARWIN NT 0801  
Telephone: 8982 1111  
Freecall: 1800 812 953  
Fax: 8982 11112  
Email: [info@dcls.org.au](mailto:info@dcls.org.au)  
Website: [www.dcls.org.au](http://www.dcls.org.au)  
Hours: Mon, Tues, Thurs, Fri: 9.00am-5.00pm  
Wed: 9.00am-1.00pm

Darwin Community Legal Service (CDLS) provides a range of free services.

Our services include:

- Legal Advice and Referral
- Aged and Disability Rights
- Welfare Rights
- Tenants' Advice Service
- Community Education and Publications
- Human Rights and Public Interest Law.

DCLS provides free legal advice at weekly advice sessions in Darwin, Casuarina, and Palmerston.

**Comment:** Ramp access, accessible toilets and disabled parking.

## Disability Discrimination Team

Location: 8 Manton Street DARWIN  
Postal: GPO Box 3180 DARWIN NT 0801  
Telephone: 8982 1111  
Freecall: 1800 812 953  
Fax: 8982 1112  
Email: [info@dcls.org.au](mailto:info@dcls.org.au)  
Website: [www.dcls.org.au](http://www.dcls.org.au)  
Hours: Mon, Tues, Thurs, Fri: 9.00am-5.00pm  
Wed: 9.00am-1.00pm  
Parent Body: Darwin Community Legal Service

The Disability discrimination Team can help people who have been discriminated against because of their disability.

**Comments:** Ramp access, accessible toilets and disabled parking.

## Executive Office of Adult Guardianship

Location: 2<sup>nd</sup> Floor Casuarina Plaza  
Trower Road CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7343  
0401 116 249  
Fax: 8922 7304  
Hours: 8.00am-4.30pm

Investigate and assess applications for the appointment of an Adult Guardian for people who have an intellectual disability and require assistance with decision making relevant to daily living.

Assistance to make reasoned and informed decisions usually in areas of accommodation, health care, day to day care and financial management.

## Legal

### NT Legal Aid Commission

Location: 6<sup>th</sup> Floor  
9-11 Cavenagh Street DARWIN  
Postal: Locked Bag 11 DARWIN NT 0801  
Telephone: 8999 3000  
Freecall: 1800 019 343 - Legal Information Line  
Fax: 8999 3099  
Email: [info@ntlac.nt.gov.au](mailto:info@ntlac.nt.gov.au)  
Website: [www.ntlac.nt.gov.au](http://www.ntlac.nt.gov.au)  
Hours: 8.00am-4.21pm

Provides free and confidential legal advice, information and referral for civil, criminal and family law matters.

### Tenants Advice Service

Location: 8 Manton Street DARWIN  
Postal: GPO Box 3180 DARWIN NT 0801  
Telephone: 8982 1111  
Freecall: 1800 812 953  
Fax: 8982 1112  
Email: [tenants@dcls.org.au](mailto:tenants@dcls.org.au)  
Website: [www.dcls.org.au](http://www.dcls.org.au)  
Hours: Mon, Tues, Thurs, Fri: 9.00am-5.00pm  
Wed: 9.00am-1.00pm  
Parent Body: Darwin Community Legal Service

The Tenants Advice Service provides a service to residential tenants living in the Northern Territory. The service has trained advocates with expertise in tenancy matters and will provide advice and assistance to any private or public tenant in the NT.

**Comment:** Ramp access, accessible toilets and disabled parking.

## Welfare Rights Team

Location: 8 Manton Street DARWIN  
Postal: GPO Box 3180 DARWIN NT 0801  
Telephone: 8982 1111  
Freecall: 1800 812 953  
Fax: 8982 1112  
Email: [info@dcls.org.au](mailto:info@dcls.org.au)  
Website: [www.dcls.org.au](http://www.dcls.org.au)  
Hours: Mon, Tues, Thurs, Fri: 9.00am-5.00pm  
Wed: 9.00am-1.00pm  
Parent Body: Darwin Community Legal Service

Provides advice and representation for clients with Centrelink problems. People who are unhappy with a decision made about their Centrelink (social security) payments including old age pension, disability support pensions, newstart allowance and other pensions and benefits.

**Comment:** Ramp access, accessible toilets and disabled parking.

## MENTAL HEALTH

### Darwin Community Legal Service

Location: 1/18 Bauhinia Street NIGHTCLIFF  
Postal: PO Box 40556 CASUARINA NT 0811  
Telephone: 8948 1051  
8948 1016  
Fax: 8948 2473  
Email: [mentalhealthcarersnt@inet.net.au](mailto:mentalhealthcarersnt@inet.net.au)  
Website: [www.mentalhealthcarersnt.org](http://www.mentalhealthcarersnt.org)  
Hours: Monday-Friday: 8.30am-4.30pm

We provide support, education, information, respite and advocacy for carers of people experiencing mental illness. We also provide social and recreational programs for people experiencing mental illness.

## Top End Association for Mental Health Inc - TEAMhealth

Location: Level 5  
62 Cavenagh Street DARWIN  
Postal: PO Box 950 PARAP NT 0804  
Telephone: 8943 9600  
Fax: 8943 9601  
Email: [teamhealth@teamhealth.asn.au](mailto:teamhealth@teamhealth.asn.au)  
Website: [www.teamhealth.asn.au](http://www.teamhealth.asn.au)  
Hours: Monday-Friday: 8.30am-5.00pm  
Residential programs operate 24/7

TEAMhealth's services are provided within a model of recovery focused psychosocial rehabilitation and within the framework of the National Mental Health Plan and Standards. TEAMhealth works closely with other specialist providers such as Top End Mental Health Services (TEMHS), drug/alcohol services and other non-government organisations.

### Referral Criteria

Referral criteria vary for each program. Please refer to the TEAMhealth referral form and/or brochure. To make a referral contact the program Team Leader or Manager for further information.

### Programs Available

*Recovery Assistance Program (RAP)* provides recovery focused support promoting the development and achievement of goals. The RAP also supports homeless people in the inpatient unit (Cowdy Ward) at Royal Darwin Hospital. Referrals are accepted from any source.

*Community Housing Program (CHP)* provides short, medium term and long term housing options for people who have the capacity to live independently. Most of this housing is shared. CHP tenants receive support from TEAMhealth's RAP program. Referrals are accepted through TEMHS.

*The Manse* is a specialist 24 hour long term supported accommodation program designed to support people with complex needs who are unable to live independently in the community. The program focuses on relearning or learning living skills within a

## **Mental Health**

psychosocial rehabilitation framework. The Manse has one respite bed available. Referrals are accepted through TEMHS.

*Byte Café and Sparkle Laundromat* located at Rapid Creek Business Village Darwin, managed by TEAMhealth providing training and employment opportunities for people who access our services. The Byte Café provides healthy nutritious lunches and catering services.

*Sub Acute Care Program* provides intensive individualised support to clients with a mental illness and psychiatric disability experiencing an exacerbation of symptoms. It also aims to reduce hospital admission and improve the likelihood of early discharge from hospital. There are two components to the program a residential program and community based services. Referrals are accepted through TEMHS.

*Personal Helpers and Mentors (PHaM) Program* is designed to improve the quality of life of individuals with a functional limitation resulting from a severe and persistent mental illness. The aim of the program is to provide increased opportunities for recovery for people by providing access to appropriate support services, increased personal capacity and self reliance, and increased community participation. Service areas covered includes Howard Springs, Virginia, Coolalinga, Girraween, Humpty Doo, Noonamah, Berry Springs, Batchelor and Adelaide River. Referrals are accepted from any source.

*Day to Day Living (D2DL) Program* provides structured and socially based activity programs. TEAMhealth provides the D2DL program in partnership with GROW (a community based organisation working towards mental health through mutual help and a 12 step program of recovery). The D2DL consists of a drop-in service, support groups and training in a psychosocial rehabilitation framework. Referrals are accepted from any source.

*Respite Program* provides options for people caring for a person with a mental illness. The program provides flexible options including: in home respite, overnight stays, week or longer activities. To be eligible people must have a carer. Service area includes the Top End and Central Australia. Referrals are accepted from any source.

*Family and Youth Service* aims to assist families, children and young people (between 15-24 years old) affected by mental illness. The focus is on prevention and early intervention, and responding to identified needs. Service area includes the Top End. Referrals are

## Mental Health

accepted from any source.

*Community Aged Care Packages (CACP)* are an individualised planned and coordinated package of community care services designed to meet older people's daily care needs in the community. CACP provide case management to aged people with low to medium support needs. Referrals are required to be assessed as eligible by the Aged Care Assessment Team.

### Top End Mental Health Service

Location: Tamarind Centre  
12 Ross Smith Avenue PARAP  
Postal: PO Box 140 PARAP NT 0804  
Telephone: 8999 4988  
Fax: 8999 4999  
Website: [www.health.nt.gov.au](http://www.health.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
24 hour after hours service available  
Parent Body: Department of Health and Families

TEMHS provides a community mental health service for people from Darwin, Palmerston and local rural areas who are experiencing significant disability as a result of mental health problems such as depression, psychosis or severe anxiety.

## MOBILITY AIDS/EQUIPMENT

### Keep Moving

Location: 1/18 Totem Road COCONUT GROVE  
Postal: PO Box 1501 HOWARD SPRINGS NT 0835  
Telephone: 8948 5211  
Fax: 8948 5226  
Email: [sales@keepmoving.net.au](mailto:sales@keepmoving.net.au)  
Website: [www.keepmoving.net.au](http://www.keepmoving.net.au)  
Hours: Monday-Friday: 8.30am-4.30pm  
Hours: Keep Moving Pty Ltd

Keep Moving is a professional supplier of Mobility and Rehabilitation Equipment for elderly people with a disability. Keep Moving has a wide range of equipment to help with activities of daily living: walking sticks, walking frames, wheelchairs, electric hi-low beds, grab rails, ramps, body braces, e.g. knee, back and wrist. Keep Moving has a Physiotherapist on-site to help with your equipment needs.

### SEAT (Seating Equipment Assessment Technology)

Location: Building 15 The Jim Goodwin Building  
Royal Darwin Hospital Campus  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 8228  
Fax: 8922 8910  
Email: [SEATDarwin@nt.gov.au](mailto:SEATDarwin@nt.gov.au)  
Hours: 8.30am-12noon & 1.00pm-4.00pm  
Parent Body: Department of Health and Families  
Aged & Disability Services

Provide you with a custom made seating system designed for your needs. Prevent or resolve pressure or comfort problems. Recommend a wheelchair or scooter to suit your needs. Provide you with an assessment and back up support services throughout the Top End and Nursing Homes, including the Darwin Rural, Katherine and East Arnhem Districts. Assist individuals or groups in the design and development of new technologies for people with disabilities.

## **Territory Independence and Mobility Equipment (TIME) Scheme**

Postal: PO Box 40596 CASUARINA NT 0811

Telephone: 8922 7253

Fax: 8922 7399

Website: [www.nt.gov.au/health](http://www.nt.gov.au/health)

Parent Body: Department of Health and Families

The TIME Scheme aims to provide appropriate equipment, aids and appliances to eligible consumers, to enhance their safety and independence and to assist them to participate in their community. Clients must meet certain criteria assessed by an appropriate professional.

## REHABILITATION SERVICES

### Advanced Personnel Management (APM)

Location: Tenancy 2  
90 Ross Smith Avenue FANNIE BAY  
Postal: PO Box 128 PARAP NT 0804  
Telephone: 8941 9211  
Fax: 8941 9012  
Email: [darwin@apm.net.au](mailto:darwin@apm.net.au)  
Website: [www.apm.net.au](http://www.apm.net.au)  
Hours: Monday-Friday: 8.30am-5.00pm

APM is an Australian owned provider of innovative services in injury prevention and injury and disability management.

APM provides comprehensive, personalized Vocational Rehabilitation Services that combine vocational rehabilitation with employment assistance. Services are sensitive to individuals' circumstances and background and are tailored to peoples' needs and abilities.

## CRS Australia

### Darwin

Postal: PO Box 40773 CASUARINA NT 0811  
Telephone: 8920 8000  
Freecall: 1800 277 277  
Fax: 8920 8022  
Website: [www.crsaustralia.gov.au](http://www.crsaustralia.gov.au)  
Hours: Monday-Friday: 8.30am-5.00pm

### Palmerston

Postal: PO Box 40773 CASUARINA NT 0811  
Telephone: 8936 9255  
Freecall: 1800 277 277  
Fax: 8936 9266  
Website: [www.crsaustralia.gov.au](http://www.crsaustralia.gov.au)  
Hours: Monday-Friday: 8.30am-5.00pm  
Parent Body: Department of Human Services

CRS Australia provides vocational, rehabilitation services for people with injuries, disabilities or health conditions. Assistance is given to find and keep a job or return to work and includes assessments to identify specific vocational barriers and capacity, personal support to help manage injuries or disabilities, career counselling, job training and specialized job matching and placement. Occupational health and safety consultancy services including injury management in the workplace are provided for employers.

## Rehabilitation Services

### Northern Rehabilitation Network

Location: Building 15  
Royal Darwin Hospital  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 8866  
Fax: 8922 8900  
Email: [denys.spencer@nt.gov.au](mailto:denys.spencer@nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.30pm  
Parent Body: Royal Darwin Hospital

Northern Rehabilitation Network provides a comprehensive inpatient and outpatient rehabilitation service to Northern Australia. The service offers inpatient and outpatient rehabilitation. The aim of the service is to assist people achieve their optimum level of function, independence and quality of life following injury or disease. The Centre is staffed by an interdisciplinary team of qualified allied health professionals, nursing and medical staff. The service presently provides treatment, independent skills training, assistance with communication, disability adjustment counselling, provision and training in the use of equipment in the home, assessment and instruction for driving and advice on appropriate recreation and leisure activities. A Case Manager is appointed for each client, and an individual rehabilitation plan (IRP) is developed.

## RESPITE

### Anglicare NT Transport and Social Support Services

Location: 1 Wanguri Place WANGURI  
Postal: PO Box 36506 WINNELLIE NT 0821  
Telephone: 8928 1189  
8928 1442  
8928 0620  
Fax: 8928 1335  
Email: [dgrame@anglicare-nt.org.au](mailto:dgrame@anglicare-nt.org.au)  
Hours: Monday-Friday: 8.30am-5.00pm

HACC Transport Support & Advocacy is a division of Anglicare NT providing support, transport, information, referral, counselling and advocacy to frail aged people 65 years and over and younger people with a disability and their partners or carers.

To qualify for this service an assessment of your situation will be carried out by the Anglicare NT Home and Community Care Support Coordinator. You will be able to discuss things you are having difficulty with and also obtain information about types of support, assistance and services that may be available to you. There is no charge for this service.

### Darwin Respite Services

Location: Wanguri Shopping Centre  
Postal: PO Box 36506 WINNELLIE NT 0821  
Telephone: 8928 1189  
0417 863 130  
Fax: 8928 1335  
Email: [sdykstra@anglicare-nt.org.au](mailto:sdykstra@anglicare-nt.org.au)  
Website: [www.anglicare-nt.org.au](http://www.anglicare-nt.org.au)  
Hours: 7 days per week  
Parent Body: Anglicare NT

The Darwin Respite Service offers both in-home and community access for people with disabilities, to provide respite for carers. The service fee is \$38.00 per hour. We also offer a subsidised service at \$4.00 per hour, on a waiting list basis only.

## Respite

### Respite Options for Senior Territorians - Darwin

Location: 5 Luxton Street STUART PARK  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8942 3911  
0438 452 908  
Fax: 8942 3955  
Email: [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
Hours: Monday-Friday: 7.00am-7.00pm  
Parent Body: Frontier Services

Respite for carers who are caring for people with a diagnosis of dementia and disordered behaviours. Social activities, bus service and outings provided. Emergency overnight respite available. Weekend respite also available.

### Respite Options for Senior Territorians - Palmerston

Location: 1 Kettle Street FARRAR  
Postal: GPO Box 336 DARWIN NT 0801  
Telephone: 8932 3399  
Fax: 8932 3299  
Email: [rostfs@bigpond.com](mailto:rostfs@bigpond.com)  
Hours: Monday-Friday: 7.00am-7.00pm  
Parent Body: Frontier Services

Day respite for elderly Territorians with an employed carer. Social activities for clients. Bus service and outings provided. Emergency overnight and weekend respite available.

## SPORT, RECREATION & THE ARTS

### **Arafura Bridge Club**

Location: 45 Parkside Crescent LEANYER  
Postal: 16/33 Gardens Hill Cres THE GARDENS NT 0820  
Telephone: 8941 5213  
Email: [yduymiller@yahoo.com](mailto:yduymiller@yahoo.com)

Provides social bridge and competitive duplicate bridge to keep Alzheimer's at bay. We have a session Monday evening at 7.00pm and Thursday afternoon at 1.00pm. Visitors welcome.

### **Ballroom Dancing – Social Ballroom**

Location: Bayside Dance Centre FANNIE BAY  
Postal: PO Box 41091 CASUARINA NT 0811  
Telephone: 8948 5115  
Email: [dancedarwin@yahoo.com.au](mailto:dancedarwin@yahoo.com.au)  
Hours: Monthly and other  
Parent Body: Northern Territory Ballroom Dancing Association

Come dancing, all welcome, ballroom, new vogue, rock-n-roll, progressives. Monthly and other dances, balls and workshops. Coming events are listed in News Tuesdays and Gig Guide Fridays.

## Sport, Recreation & the Arts

### Birch Carroll & Coyle Cinemas

#### Casuarina

Location: Casuarina Shopping Centre CASUARINA  
Postal: GPO Box 329 DARWIN NT 0801  
Telephone: 8945 7777  
Fax: 8945 7788  
Hours: 364 days of the year, closed Christmas  
Website: [www.birch.com.au](http://www.birch.com.au)

#### Darwin

Location: 76 Mitchell Street DARWIN  
Postal: GPO Box 329 DARWIN NT 0801  
Telephone: 8981 5999  
Fax: 8981 2104  
Hours: 364 days of the year, closed Christmas

Seniors' Club – for the low annual membership fee of \$8.00, members will be entitled to these exclusive benefits:

- Movie tickets to see any movie, anytime year round for \$8.00.
- Special candy bay deals.
- Exclusive advance screenings.

### CMAX Cinemas

Location: The Hub Complex  
3 Maluka Street PALMERSTON  
Postal: PO Box 900 PALMERSTON NT 0831  
Telephone: 8931 2555 – Andrew Cripps (General Manager)  
Fax: 8931 2275  
Email: [cmax@cmaxcinema.com.au](mailto:cmax@cmaxcinema.com.au)  
Website: [www.cmaxcinema.com.au](http://www.cmaxcinema.com.au)  
Hours: Please call for sessions times or view movie times on the website

Discount movie tickets as below:

- NT Seniors Cardholder – admit one per card \$7.00
- National Seniors Cardholder – one admit per card \$9.00
- Pensioner & Carer Concession Card (NT Govt) – admit one concession price per card
- 2009 NT Companion Card – discount details to be confirmed.

### **Coconut Grove Seniors Hall Inc**

Location: Musgrave Crescent NIGHTCLIFF  
Postal: PO Box 1022 NIGHTCLIFF NT 0814  
Telephone: 0408 855 628 – Steve Brennan (Chairperson)  
8948 1878 – Jean Bruppacher (Secretary)

Seniors bingo 3<sup>rd</sup> Sunday each month at 2.00pm and various other senior events.

### **Craft at Territory Craft**

Location: Territory Craft Studios  
NT Museum Precinct  
Conacher Street FANNIE BAY  
Postal: GPO Box 1479 DARWIN NT 0801  
Telephone: 8981 6616  
8981 6615  
Fax: 8981 7175  
Email: [tcdarwin@bigpond.com](mailto:tcdarwin@bigpond.com)  
Website: [www.territorycraft.org.au](http://www.territorycraft.org.au)  
Parent Body: Craft Council of NT Inc – Darwin Division

Territory Craft organizes and runs Art & Craft Workshops during Seniors Month in August.

Participants will enjoy a time of learning whilst socialising with other Senior Territorians from our community.

### **Darwin Bowls & Social Club Inc**

Location: 8 Conacher Street FANNIE BAY  
Postal: GPO Box 545 DARWIN NT 0801  
Telephone: 8981 3221  
Fax: 89813476  
Email: [darwinbowlsclub@bigpond.com](mailto:darwinbowlsclub@bigpond.com)  
Website: [www.darwinbowlsclub.com.au](http://www.darwinbowlsclub.com.au)  
Hours: 10.00am-late (7 days)  
Parent Body: Bowls NT

The Darwin Bowls Club welcomes members, visitors and guests. Social bowls open to all on Tuesday – Thursday and Sunday mornings. Ring the Club for times and to book your place.

## Sport, Recreation & the Arts

### Disabled Sports Association Northern Territory

Location: Marrara Stadium  
Postal: PO Box 40194 CASUARINA NT 0811  
Telephone: 8945 4800  
Email: [disabledsportnt@bigpond.com](mailto:disabledsportnt@bigpond.com)  
Hours: 8.30am-4.00pm  
Parent Body: AAWD

Provides and develops general sporting opportunities for all people with disabilities.

### Greek Coffee Club

Location: Greek School  
17 Chapman Road NIGHTCLIFF  
Postal: GPO Box 926 DARWIN NT 0801  
Telephone: 8981 7203  
Hours: Thursdays: 11.00am-2.30pm

Social Club providing guest speakers, outings and lunches.

### Grey Panthers

Location: Tracks Dance  
Frog Hollow Centre for the Arts  
McMinn Street DARWIN  
Postal: GPO Box 823 DARWIN NT 0801  
Telephone: 8924 4414  
Fax: 8941 5639  
Email: [info@tracksdance.com.au](mailto:info@tracksdance.com.au)  
Website: [www.tracksdance.com.au](http://www.tracksdance.com.au)  
Hours: Fridays: 9.00am-12noon  
Parent Body: Tracks Dance

A dance class for seniors over 60 years of age, often with performance outcomes. A fun and exciting way to stay fit and happy.

## Heart Starters

Location: CDU Sport  
CDU Casuarina Campus  
Green Building 2 (next to rugby oval)

Postal: CDU Sport  
c/- CDU  
Building Green 2  
CDU Casuarina Campus DARWIN NT 0909

Telephone: 8946 6971  
Fax: 8946 6697  
Email: [gym@cdu.edu.au](mailto:gym@cdu.edu.au)  
Website: [www.cdu.edu.au/sport](http://www.cdu.edu.au/sport)  
Hours: Tuesday, Thursday, Friday: 10.00am-11.00am  
Wednesday: 9.15am-10.15am

Heart Starters classes offer the mature age person a great opportunity to improve health in a safe, fun and social environment. A variety of classes are available that incorporate cardiovascular fitness, strength, stretching and relaxation. Great for fitness and rehabilitation.

## Humpty Doo Bowls Club Inc

Location: Lot 1799 Challoner Circuit HUMPTY DOO  
Postal: PO Box 19 HUMPTY DOO NT 0836  
Telephone: 8988 2155 – answering machine  
Hours: Wednesday & Friday nights 7.00pm  
(social evenings)

The club has one synthetic green, a licensed bar, bbq and club facilities. New members/bowlers are always welcome, bowls and coaching available.

The club is available for private and corporate functions.

**Sport, Recreation & the Arts**

**Humpty Doo Village Green**

Location: Village Green opposite Taminmin High School  
Challoner Circuit HUMPTY DOO

Postal: PO Box 35 HUMPTY DOO NT 0836

Telephone: 8988 1673  
8932 1436

Hours: Wednesdays: 10.00am-2.00pm

Bring your own craft project and lunch. Friendly craft group willing to share skills. Tea, coffee and biscuits provided. All welcome. Cost \$5.00 to join and \$3.00 per week.

## Libraries Casuarina, City, Karama & Nightcliff

Location: **Casuarina Library**  
17 Bradshaw Terrace CASUARINA

**City Library**  
Civic Centre  
17 Harry Chan Avenue Darwin

**Karama Library**  
Karama Shopping Centre  
Kalymnos Drive KARAMA

**Nightcliff Library**  
Pavonia Place NIGHTCLIFF

Postal: GPO Box 84 DARWIN NT 0801

Telephone: 8930 0200 – Casuarina  
8930 0230 – City  
8927 2505 – Karama  
8985 1461 – Nightcliff

Email: [dccl@darwin.nt.gov.au](mailto:dccl@darwin.nt.gov.au)

Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)

Hours:	<b>Casuarina</b>	<b>City</b>	<b>Karama</b>	<b>Nightcliff</b>
Monday-Friday:	Monday-Friday: 9am-5.45pm Wednesday: 9am-7.30pm	9am-5.30pm	Monday-Thursday: 10am-5.30pm Friday: 1pm-5.30pm	Monday-Thursday: 10am-5.30pm Friday: 1pm-5.30pm
Saturday:	9am-12noon	9am-12noon	9am-12noon	9am-12noon
Sunday:	1pm-4pm	Closed	Closed	Closed

Assistive technology computers specifically designed for people with visual impairment and other disabilities as well as seniors with limited dexterity. Communication aids for people with vocal impairment and multi-walkers for people with mobility limitations are also available. Wheelchairs are available for use at Casuarina Library.

**Comment:** Ramp access and accessible toilets available.

## **Sport, Recreation & the Arts**

### **Life. Be In It**

Location: Sports House  
Waratah Crescent FANNIE BAY  
Postal: GPO Box 1532 DARWIN NT 0801  
Telephone: 8981 7035  
Fax: 8981 0344  
Email: [manager@lifebeinitnt.org](mailto:manager@lifebeinitnt.org)  
Website: [www.nt.lifebeinit.org](http://www.nt.lifebeinit.org)  
Hours: Monday-Friday: 8.00am-5.00pm

Corporate Challenge Events:

- Social sports competition in various sports runs over 6 weeks.

Active Life:

- Discounted or free exercise activities on production of the flyer. Includes walks, yoga, pilates and aqua fitness.

### **Malak Seniors Thursday Group**

Location: Malak Community Centre  
Malak Crescent MALAK  
Postal: 3 Boyle Street MOIL NT 0810  
Telephone: 8927 2533 – Merlyn Krink  
Hours: Thursdays: 9.30am-1.30pm

Cooked lunch and bingo.

## Museum and Art Gallery of the Northern Territory

Location: 19 Conacher Street FANNIE BAY  
Postal: GPO Box 4646 DARWIN NT 0801  
Telephone: 8999 8264  
Fax: 8999 8289  
Email: [museum@nt.gov.au](mailto:museum@nt.gov.au)  
Website: [www.magnt.nt.gov.au](http://www.magnt.nt.gov.au)  
Hours: Monday-Friday: 9.00am-5.00pm  
Saturday-Sunday: 10.00am-5.00pm  
Public Holidays – 10.00am-5.00pm  
(Closed Christmas Day, Boxing Day, New Years Day and Good Friday)  
Parent Body: Northern Territory Government

The Museum and Art Gallery is the Northern Territory's premier cultural institution. The MAGNT complex consists of five major permanent galleries, a touring gallery, educational facilities, the Museum Shop and Cornucopia Museum Café.

## National Trust NT – Larrakeyah Branch

Location: Burnett House  
4 Burnett Place LARRAKEYAH  
Postal: GPO Box 4783 DARWIN NT 0801  
Telephone: 8981 0165  
8981 9033  
Fax: 8981 2379  
Email: [foh.ntnt@internode.on.net](mailto:foh.ntnt@internode.on.net)  
Website: [www.nationaltrustnt.org.au](http://www.nationaltrustnt.org.au)  
Hours: Monday-Saturday: 10.00am-3.00pm  
Sunday: 3.00pm-6.30pm  
Various other  
Parent Body: National Trust of Australia NT

Larrakeyah Branch opens Burnett House to the public daily and provides High Teas in the Gardens every Sunday afternoon. It hosts functions for disability related organisations and participates annually in Seniors Month. It regularly holds seminars of historical and heritage interest.

## **Sport, Recreation & the Arts**

### **Nightcliff Evergreens Club**

Location: Nightcliff Sports and Social Club  
Camphor Street NIGHTCLIFF  
Postal: PO Box 866 NIGHTCLIFF NT 0814  
Telephone: 8985 2533

Meetings 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month: 10.30am-1.30pm.  
Activities include guest speakers, entertainment, day trips, luncheons and morning teas. Plus weekly sessions of craft (Monday 10.00am), carpet bowls (Monday 2.00pm) and canasta (Friday 1.00pm).

### **NT Field Naturalists Club Inc**

Postal: PO Box 39565 WINNELLIE NT 0821  
Telephone: See website  
Email: See website  
Website: [www.geocities.com/ntfieldnaturalists](http://www.geocities.com/ntfieldnaturalists)

The Club promotes the study and conservation of NT flora and fauna. Monthly meetings and field trips are held. The Club publishes a monthly newsletter, Nature Territory, and a peer-reviewed journal, The Northern Territory Naturalist, which comes out 1-2 times yearly.

### **Palmerston Senior Songsters**

Location: Terry Mills Conference Room  
Oasis Shopping Centre PALMERSTON  
Postal: c/- PO Box 681 HOWARD SPRINGS NT 0835  
Telephone: 0403 470 779  
Hours: Practice Wednesday nights – sing at various community venues  
Parent Body: Palmerston City Council

We are a group of volunteers who enjoy singing. We sing at shopping centres, nursing homes, retirement villages and participate in Christmas activities and at markets.

### **Palmerston Social Dancers**

Location: Hall on corner of Temple Terrace and Woodroffe Avenue PALMERSTON  
Postal: c/- NTBDA  
PO Box 41091 CASUARINA NT 0811  
Telephone: 8932 9613  
Email: [dancedarwin@yahoo.com.au](mailto:dancedarwin@yahoo.com.au)  
Hours: Mondays: 10.00am-12noon

Welcome all to enjoy fun, exercise and morning tea. Can't dance? Come and try! Singles welcome.

### **Pensioners Workshop Inc**

Location: 2/48 Albatross Street WINNELLIE  
Postal: As above  
Telephone: 8947 7098  
Email: [penworkshop@bigpond.com](mailto:penworkshop@bigpond.com)  
Hours: Tuesday, Thursday, Friday: 9.00am-2.00pm

The Pensioners Workshop do crafts, woodwork, picture framing, some metal work and other small projects for ourselves and other community organisations.

You do not have to be a pensioner, just a retiree who is interested in craft, woodwork and mateship.

Membership is \$10.00 per year.

## Sport, Recreation & the Arts

### Scottish Country Dancing

Location: Malak Community Centre  
Malak Crescent MALAK  
Postal: PO Box 41176 CASUARINA NT 0811  
Telephone: 8927 9203  
Email: [anguka@internode.on.net](mailto:anguka@internode.on.net)  
Website: [www.users.on.net/anguka](http://www.users.on.net/anguka)  
Hours: Monday: 5.30pm-6.45pm (children)  
Wednesday: 7.30pm-9.30pm  
(intermediate/advanced)  
Saturday: 1.00pm-3.00pm (beginners)  
Saturday: 3.15pm-5.15pm (general)  
Parent Body: Royal Scottish Country Dance Society, NT  
Branch Inc

Teaches and promotes happy, social and skillful Scottish Country Dancing to all nationalities not Highland dancing, but social dancing in teams). Visitors who do not dance but wish to watch and listen to the music are very welcome.

### Strictly Social - Dancing

Location: Bayside Dance Centre  
Keith Lane FANNIE BAY  
Postal: PO Box 92 NIGHTCLIFF NT 0814  
Telephone: 8948 0838  
8981 5516  
Email: [val.hayes@bigpond.com.au](mailto:val.hayes@bigpond.com.au)  
[tahine@accessnt.com.au](mailto:tahine@accessnt.com.au)  
Hours: Monday: 7.00pm-9.30pm

General social dancing with some tuition and revision of popular dances – modern ballroom (waltz, slow foxtrot, quickstep, tango, latin – rumba, cha cha, new vogue and sequence dancing).

## Strictly Social Fridays Dancing

Location: Nightcliff Sports Club  
 Camphor Street NIGHTCLIFF  
 Postal: c/- NTBDA  
 PO Box 41091 CASUARINA NT 0811  
 Telephone: 8948 1878  
 Email: [dancedarwin@yahoo.com.au](mailto:dancedarwin@yahoo.com.au)  
 Hours: Friday: 10.00am-12noon

Social morning with ballroom and new vogue dancing and morning tea – all welcome.

## Swimming Pools – Casuarina, Parap & Nightcliff

### Casuarina

Location: Angelo Street CASUARINA  
 Telephone: 8927 9091  
 Fax: 8928 1238

### Nightcliff

Location: Casuarina Drive NIGHTCLIFF  
 Telephone: 8985 1682  
 Fax: 8985 1682

### Parap

Location: Ross Smith Avenue PARAP  
 Telephone: 8981 2662  
 Fax: 8981 2048

Public swimming, lap swimming, swimming lessons and aqua classes.

**Comment:** Ramp access, accessible toilets and hydraulic pool lifts available.

Hours	Casuarina Pool	Nightcliff Pool	Parap Pool
Monday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Tuesday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Wednesday	6.00am-7.30pm	6.00am-7.00pm	6.00am-6.00pm
Thursday	6.00am-7.30pm	6.00am-7.00pm	6.00am-7.30pm
Friday	6.00am-7.30pm	6.00am-7.30pm	6.00am-7.30pm
Saturday	8.00am-6.00pm	8.00am-7.30pm	8.00am-6.00pm
Sunday	8.00am-6.00pm	10.00am-7.30pm	10.00am-6.00pm
Public Holidays	10.00am-7.30pm	10.00am-7.30pm	10.00am-7.30pm

## Sport, Recreation & the Arts

### Total Recreation

Location: Suite 2/98 Woods Street DARWIN  
Postal: GPO Box 3217 DARWIN NT 0801  
Telephone: 8981 3686  
0408 807 284  
Fax: 8981 3616  
Email: [totalrecreation@bigpond.com](mailto:totalrecreation@bigpond.com)  
Website: [www.totalrecreation.org.au](http://www.totalrecreation.org.au)  
Hours: 8.00am-6.30pm

Total Recreation creates opportunities for people with a disability (any kind) to participate in community sport and recreation activities.

### Tourism Top End

Location: Corner Mitchell Street & Knuckey Street DARWIN  
Postal: GPO Box 4392 DARWIN NT 0801  
Telephone: 8936 2499  
Fax: 8981 7346  
Email: [info@tourismtopend.com.au](mailto:info@tourismtopend.com.au)  
Website: [www.tourismtopend.com.au](http://www.tourismtopend.com.au)  
Hours: Monday-Friday: 8.30am-5.30pm  
Saturday-Sunday: 9.00am-3.00pm

**Please note** that the following information is a general guide only, provided by Darwin City Council and the operators listed in the table on the following page. It is highly recommended that the operators are contacted directly to ensure they cater to your specific needs.

## Sport, Recreation & the Arts

<b>Service</b>	<b>Company</b>	<b>Telephone</b>	<b>Details</b>
Accommodation	Alatai Holiday Apartments	1800 628 833	Wheelchair access to the swimming pool and car park and reception area, disabled 2 bedroom apartments on ground level.
Accommodation	Ashton Lodge	8941 4866	Wheelchair access to reception and rooms on ground floor, disabled friendly shared bathroom and toilet facilities, wheelchair access to laundry area.
Accommodation	City Gardens Apartments	1800 891 138	No wheelchair access to reception, 4 ground level 2 bedroom apartments with wheelchair access into bathroom & toilets.
Accommodation	Crowne Plaza Darwin	138 388	Wheel chair access from car park through to reception area via lifts, Rooms are wheelchair accessible, no disabled bathrooms are available,
Accommodation	Darwin Central Hotel	1300 364 263	Wheelchair access through-out reception, restaurant and car park area, 4 disabled hotel rooms accessible by lifts.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Elke's Inner Backpackers Hostel	1800 808 365	Wheelchair access from car park to ground level dorm rooms and through to shared bathroom & kitchen facilities.
Accommodation	Frogshollow Lodge & Backpackers	1800 068 686	Wheelchair access from car park through to reception area through to kitchen and BBQ area on ground level floor, 1 disabled dorm room with double/single bunk bed with ensuite railing.
Accommodation	Golf Links Motel	8981 1544	Wheelchair access from car park through to reception, restaurant and pool area. 11 wheelchair accessible studio rooms on ground floor.
Accommodation	Holiday Inn Darwin	8943 3600	Wheelchair access through-out reception, restaurant and car park area, rooms are wheelchair accessible, no disabled bathrooms are available.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Holiday Inn Esplanade Darwin	138 388	Wheelchair access from car park through to reception, restaurant area via lifts, rooms are wheelchair accessible, no disabled bathrooms are available, swimming pool is accessible by wheel chair.
Accommodation	Luma Luma Holiday Apartments	8981 1899	Wheelchair access from car park through to reception area via lifts, 2 disabled 1 bedroom apartments accessible via lifts.
Accommodation	Mantra on the Esplanade	8943 4333	Ramp wheelchair access from car park through to reception and restaurant area via lifts, disabled 1, 2 & 3 bedroom apartments available.
Accommodation	Mantra Pandanas	08 8901 2900	Wheelchair access from car park to reception and restaurant area, 13 disabled studio rooms with city or water views available, swimming pool is wheelchair accessible via lifts.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Marrakai Luxury All Suites	1800 653 732	Wheelchair access from car park through to reception area, spacious 2 bedroom 2 bathroom apartment self contained accessible by wheelchair.
Accommodation	Mediterranean All Suites Hotel	1800 357 760	Wheelchair access from car park to reception, restaurant and pool area. 2 disabled hotel rooms on ground floor.
Accommodation	Melaleuca On Mitchell	8941 7800	Wheelchair access from car park through to reception, bar & pool area via lifts, 2 disabled dorm rooms with ensuite on ground floor.
Accommodation	Novotel Atrium Darwin	8941 0755	Wheelchair access from car park through to reception, restaurant and pool area with ramps, 3 disabled hotel rooms on each floor level accessible via the lifts.
Accommodation	Palms City Resort	898 29200	Wheelchair access from car park to reception, restaurant and pool area, 1 disabled duplex Villa, 1 disabled superior motel room and 1 disabled motel room.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Peninsular Apartment Hotel	8981 1922	Wheelchair access from car park through to reception area, 1 disabled motel room on ground level.
Accommodation	Poinciana Inn	1800 355 114	Wheelchair access from car park to reception area, no disabled bathrooms on premises but rooms are wheelchair accessible via lifts.
Accommodation	Quality Hotel Frontier Darwin	1300 363 854	Wheelchair access from car park to reception, restaurant and pool area. No disabled rooms on premises.
Accommodation	Quest Darwin	8982 3100	Wheelchair access from car park to reception area, disabled public toilets on ground floor, 3 disabled hotel rooms on each floor level accessible via lifts. Wheelchair access to pool & BBQ area via lifts.
Accommodation	SKYCITY Darwin	1800 891 118	Wheelchair access throughout Casino, reception, restaurant and pool area, 1 twin disabled superior hotel room on ground floor.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	The Cavenagh	8941 6383	Wheelchair access from car park to reception, restaurant, bar and pool area. 2 disabled hotel rooms on ground floor.
Accommodation	The Youth Shack	1300 793 302	Wheelchair access from car park to reception and pool area, wheelchair access to 6 dorm rooms on ground level, shower/toilets & kitchen area are all shared facilities.
Accommodation	Travelodge Mirambeena	894 60111	Wheelchair access from car park through to reception, restaurant, bar and pool area, 3 disabled standard hotel rooms. 2 rooms accessible via lifts and 1 room via ramp.
Accommodation	Value Inn	8981 4733	Wheelchair access from car park to reception, pool and laundry area on ground floor, 1 twin disabled motel room, 1 single disabled motel room on ground floor.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Aurora Kakadu Lodge & Caravan Park	8979 2422	Wheelchair access from car park to reception, restaurant and pool area, 1 disabled 2 bedroom cabin with ramp access. 1 public toilet facility in powered camp grounds.
Accommodation	Banyan Tree Resort	8976 0330	Wheelchair access from car park to reception, restaurant, pool and BBQ area. 2 disabled business units on ground floor.
Accommodation	Corroboree Park Tavern	8978 8920	Wheelchair access to reception, bar and pool and toilet facilities. No disabled rooms on property available.
Accommodation	Discovery Holiday Parks - Lake Kununurra	08 9168 1031	Wheelchair access into reception area, 2 disabled hotel rooms with ramp access.
Accommodation	FreeSpirit Resort Darwin	8935 0888	Wheelchair access from car park through to reception, bar, restaurant and pool area. 2 disabled special rooms 1 ground level 1 ramp access.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Hayes Creek Wayside Inn & Caravan Park	8978 2430	Wheelchair access from car park to reception, Bistro and swimming pool area, female & male disabled toilets available. Wheelchair access through-out van park.
Accommodation	Hidden Valley Caravan Park-KUNUNURRA	08 91681790	Wheelchair access from car park to reception area. Disabled toilet/shower in the camp grounds available.
Accommodation	Katherine Low Level Caravan Park	8972 3962	Wheelchair access from car park to reception, bistro & pool area, disabled public toilets available, 1 disabled cabin with ramp access & railings.
Accommodation	Litchfield Safari Camp	8978 2185	Wheelchair access throughout camp grounds, bar & BBQ area, disabled toilets/showers in camp grounds, 1 disabled cabin with ensuite.
Accommodation	Mac Donnell Range Holiday Park	8952 6111	Wheelchair access from car park to reception area, 1 disabled ensuite cabin with ramp and railings.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Accommodation	Perry's on the Daly	8978 2452	Disabled showers & toilet facilities available in the camp grounds.
Accommodation	Shady Lane Tourist Park	8971 0491	Wheelchair access from car park to reception area, disabled public toilet & showers in the camp grounds.
Tours	AAT Kings	8923 6555	Limited disabled services on tours, e.g. dependant on level of disability, own walking stick or carer assistance required.
Tours	Adventure Tours Australia	1300 654 604	Limited disabled services on tours, e.g. dependant on level of disability, own walking stick or carer assistance required.
Tours	APT - Australian Pacific Touring	1800 891 121	Limited disabled access on tours, collapsible wheelchair is recommended on tours depends on disability, seeing eye dogs are welcomed.
Tours	Arnhemlander Cultural & Heritage Tours	1800 089 113	Limited disabled services on tours, no access for Ubirr Rock, e.g. dependant on level of disability, own walking stick or carer assistance required.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Tours	Aussie Adventure Small Group Tours & Safaris	8923 6523	Limited disabled services on tours, e.g. dependant on level of disability, own walking stick or carer assistance required.
Tours	Ayal Aboriginal Tours Kakadu	0429 470 384	Limited disabled access on tour depends on disability.
Tours	Batji Tours	41098 9093	Wheelchair and disabled access on tour slow walking pace.
Tours	Bombing Of Darwin Heritage Tours	08 89419075	Private tour available on request for disabled clients – depends on disability minimum 4 passengers.
Tours	Darwin Day Tours	8923 6523	Limited disabled service on tours depends on the disability of the clients, collapsible wheelchair is a must have on tours. Private tours are available on request.
Tours	Darwin Walking & Bicycle Tours	8981 0227	Guided walking tour available for disabled access with slow walking pace. Available for bicycle tour. No disabled access – depends on disability.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Tours	Davidson's Arnhemland Safaris	8927 5240	Fully wheelchair accessible from car park to reception and all other facilities, disabled toilets via ramp, collapsible wheelchair recommended for this tour.
Tours	Easyrider Adventure Travel	08 9227 0824	Limited disabled access on tours depends on disability. No wheelchair access.
Tours	Goanna Eco Tours	1800 00 3880	Limited disabled access on tours, collapsible wheelchair is recommended on tours, depends on disability.
Tours	Gray Line	1300 858 687	Limited disabled access on tours, collapsible wheelchair is recommended on tours depends on disability.
Tours	Heritage 4wd Safari Tours	1800 775 533	Tour caters for seniors / elderly.
Tours	Kakadu Animal Tracks	8979 0145	Limited disabled services - depends on disability and carer.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Tours	Kakadu Culture Camp	0428792048	Limited disabled services on the tour, 1 disabled toilet/shower available, disabled accommodation is limited.
Tours	La Belle Downs Adventures	8978 2330	Wheelchair access on tour boat available, collapsible wheelchair access on tour bus if required.
Tours	Magela Cultural & Heritage Tours	8979 2411	Limited access depending on disability and carer.
Tours	Nitmiluk Tours	8972 1253	Wheelchair access from car park to reception area through to jetty for boarding onto tour boats via ramps, disabled passengers only able to see first gorge. 8 cabins with ramp access available, no disabled toilet or showers. Wheelchair access throughout camp grounds.
Tours	Odyssey Tours & Safaris	8953 7800	Limited disabled services - depends on disability and carer. Campsites have no ramps, but are wheelchair friendly

## Sport, Recreation & the Arts

<b>Service</b>	<b>Company</b>	<b>Telephone</b>	<b>Details</b>
Tours	Oz Experience	02 92131766	Limited disabled services – depends on disability and carer.
Tours	Tour Tub	8985 6333	Limited disabled access – depends on disability.
Tours	Travel North	1800 089 103	Tour: 13D2 only wheelchair access, carer required.
Tours	Wallaroo Eco Tours	89832699	Limited disabled access depends on disability.
Attractions	Aquascene	89817837	Wheelchair access from car park to kiosk, disabled toilets, hand rails in the fish feeding area.
Tours	Australian Aviation Heritage Centre	8947 2145	Wheelchair access from car park and throughout centre, with disabled toilets.
Tours	Australian Pearling Exhibition	8999 6573	Wheelchair access from car park to reception area and throughout centre via ramps, 1 disabled toilet available.
Tours	B A T House (Lyons Cottage)	8999 8201	Limited wheelchair access from the back of the building via ramps.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Tours	Birch Carroll & Coyle	8981 5999	Wheel chair access throughout cinema with ramps and disabled toilets available.
Tours	Crocodylus Park	8922 4500	Wheelchair access from car park though to reception & kiosk area, wheelchair access throughout the park via ramps. Wheelchair available on request.
Tours	Crocosaurus Cove	08 8981 7522	Wheelchair access throughout centre with access to the 2nd floor via lifts.
Tours	Darwin Entertainment Centre	8980 3366	Wheelchair access from car park to entrance via ramps, 2 disabled toilets available on ground floor & 2nd floor via lifts, theatre has wheelchair base available.
Tours	Darwin Golf Club	8927 1015	Wheelchair access from car park to reception area via side entrance of facilities, disabled toilets available on premises.

## Sport, Recreation & the Arts

<b>Service</b>	<b>Company</b>	<b>Telephone</b>	<b>Details</b>
Tours	Darwin Port Corporation	8981 4268	Wheelchair access throughout Wharf Precinct with ramps, disabled toilets available.
Tours	Darwin RSL Services & Social Club	8981 5437	Wheelchair access from car park through main entrance via lifts to first floor onto restaurant area and bar of RSL CLUB. Disabled toilets available on first floor.
Tours	Darwin Sailing Club (The)	8981 1700	Wheelchair access from car park through to side gate entrance via ramps, restaurant and bar area accessible via ramps, disabled toilet facilities available.
Tours	Darwin Turf Club	8941 1566	Wheelchair access from car park through to main entrance and into bar & restaurant area via ramps, grandstand area wheelchair accessible via lifts.
Tours	Deckchair Cinema	8981 0700	Wheelchair access from car park to reception, bar and theatre area, 1 disabled toilet available. 2 disabled car parks on premises.

## Sport, Recreation & the Arts

<b>Service</b>	<b>Company</b>	<b>Telephone</b>	<b>Details</b>
Tours	East Point Military Museum	8981 9702	Wheelchair access from car park to kiosk and throughout Museum, disabled toilet facilities available.
Tours	Fannie Bay Gaol	8999 8290	Wheelchair access from car park to entrance, limited wheelchair access from entrance into gaol. Wheelchairs available on request.
Tours	Flight Path Golf and Archery Range	8947 1257	Wheelchair access from car park to main entrance via ramps. Disabled toilets available.
Tours	Gardens Park Golf Links	8981 6365	Wheelchair access from car park to reception area, limited disabled toilets available on premises.
Tours	Indo Pacific Marine	8981 1294	Wheelchair access from car park to reception area and throughout centre via ramps, 1 disabled toilet available.

## Sport, Recreation & the Arts

<b>Service</b>	<b>Company</b>	<b>Telephone</b>	<b>Details</b>
Tours	Jabiru Golf Club	8979 2575	Wheelchair access from car park to entrance, 1 disabled toilet available.
Tours	Jenny's Orchid Garden	8983 1641	Wheelchair access from car park to Orchid Gardens, limited access to shade house & 1 disabled toilet available on premises.
Tours	Jurassic Cycad Gardens	8971 0335	Wheelchair access from car park to reception and facilities, disabled toilets via ramp and cafeteria is wheelchair accessible via ramps.
Tours	Kakadu National Park - Bowali Centre	89381120	Wheelchair and ramp access from car park into the visitor centre, kiosk & reception area, disabled toilets available.
Tours	Larrakeyah Branch- Burnett House	8981 0165	Limited wheelchair access, no disabled toilets available.
Tours	Marksie's Stockman's Camp Tucker Night	08 8971 2806	Fully wheelchair accessible from car park to reception and all other facilities, disabled toilets via ramp, disabled car parks available.

## Sport, Recreation & the Arts

Service	Company	Telephone	Details
Tours	Mindil Beach Sunset Market Association	8981 3454	Wheelchair access throughout.
Tours	Parliament House	8946 1434	Wheelchair access from car park throughout Parliament house via ramps and railings, disabled toilets available on ground floor.
Tours	Reidy's Fishing Lure Factory	8988 4760	Wheelchair access from car park to entrance and throughout, disabled toilets available on premises.
Tours	Sounds of Starlight	8953 0826	Wheelchair access from car park through to reception and theatre area, disabled toilets available on premises.
Tours	Territory Wildlife Park	8988 7200	Wheelchair access from car park to reception and café area, disabled toilets available throughout the park, wheelchair available on request.
Tours	Tracy Village Social & Sports Club	8980 4777	Wheelchair access from car park to reception area and throughout tavern via ramps at front & back of facilities. Disabled toilets available.

**Sport, Recreation & the Arts**

**Tuesday Senior Citizen Group**

Location: Casuarina Community Room  
Casuarina Square CASUARINA  
Postal: 17 Thornton Crescent MOIL NT 0810  
Telephone: 8927 3135 – Doris Ford OAM  
8945 9065 – Freda Brocker  
Hours: Tuesday: 9.30am-1.30pm  
Morning tea, lunch, bingo and raffle.

## SUPPORT SERVICES

### **Alzheimer's Australia NT Inc**

Location: 3/18 Bauhinia Street NIGHTCLIFF  
Postal: PO Box 515 NIGHTCLIFF NT 0814  
Telephone: 8948 5228  
Freecall: 1800 100 500  
Fax: 8948 5229  
Email: [admin@alzheimersnt.org.au](mailto:admin@alzheimersnt.org.au)  
Website: [www.alzheimers.org.au](http://www.alzheimers.org.au)  
Hours: Monday-Friday: 8.30am-4.30pm  
Parent Body: Alzheimer's Australia

The recognized key organisation for people with memory problems and dementia, their families and carers. Support Services provide information and many programs to support and counsel clients. Education Services conduct training programs for family carers, health professionals and the general public.

### **Arthritis and Osteoporosis NT**

Location: Tropicus Centre  
6 Caryota Court COCONUT GROVE  
Postal: PO Box 452 NIGHTCLIFF NT 0814  
Telephone: 8948 5232  
Freecall: 1800 011 041  
Fax: 8948 5234  
Email: [health.educator@aont.org.au](mailto:health.educator@aont.org.au)  
Website: [www.aont.org.au](http://www.aont.org.au)  
Hours: Monday-Friday: 9.30am-2.00pm  
Parent Body: Arthritis Australia/Osteoporosis Australia

The Arthritis and Osteoporosis NT office provides information and support for people with arthritis, osteoporosis and/or related conditions. There are newsletters, free access to videos and library books, access to support groups and to selected services in the community.

## Support Services

### Calvary Silver Circle

Location: 2/21 Vanderlin Drive CASUARINA  
Postal: PO Box 41308 CASUARINA NT 0811  
Telephone: 8928 0822  
Fax: 8928 0922  
Website: [www.silvercircle.com.au](http://www.silvercircle.com.au)  
Hours: 7 days a week  
Parent Body: Little Company of Mary

Calvary Silver Circle offers a wide range of services:

- Personal/Attendant care
- Home Care
- Respite Care
- Companionship
- Home Alert
- Information and Advice.

### Carers NT Inc

Location: Unit 4 & 5 Caryota Place COCONUT GROVE  
Postal: GPO Box 1861 DARWIN NT 0801  
Telephone: 8948 4877  
Freecall: 1800 242 636  
Fax: 8948 5288  
Email: [carersnt@carersnt.asn.au](mailto:carersnt@carersnt.asn.au)  
Website: [www.carersaustralia.com.au](http://www.carersaustralia.com.au)  
Hours: Monday-Friday: 8.30am-4.30pm  
Parent Body: Carers NT Inc

The purpose of Carers NT is to promote, assist and enhance the wellbeing of all carers in the Northern Territory. Services provided for carers include information and advice, advocacy, music therapy, education, support groups, coordination of respite and volunteer support for socially isolated clients.

## Support Services

### **Carpentaria Disability Services**

Location: 37 Henbury Avenue TIWI  
Postal: PO Box 41475 CASUARINA NT 0811  
Telephone: 8945 4977  
Fax: 8945 0518  
Email: [greg.mcmahon@carpentaria.org.au](mailto:greg.mcmahon@carpentaria.org.au)  
Website: [www.carpentaria.org.au](http://www.carpentaria.org.au)  
Hours: 24/7

Provides quality services for Territorians with disabilities and high support needs to enable them and their families to have increased opportunities to participate in all aspects of community life.

Services we offer include Supported Living, Respite, Lifestyle Options and Early Intervention.

### **Centrelink Social Work Service**

Telephone: 131 794  
Website: [www.centrelink.gov.au](http://www.centrelink.gov.au)  
Hours: 9.00am-5.00pm  
Parent Body: Centrelink

Centrelink's Social Work Service is free and available to everyone.

Centrelink Social Workers are professionals, trained to listen, give you support, and help you work out your options when you are facing difficulties or experiencing unexpected change in your personal or family circumstances.

Individual and phone appointments available by calling 131794.

## Community Justice Centre (CJC)

Location: 7<sup>th</sup> Floor  
9-11 Cavenagh Street DARWIN  
Postal: As above  
Freecall: 1800 000 473  
Fax: 8981 3812  
Email: [communityjusticecentre@nt.gov.au](mailto:communityjusticecentre@nt.gov.au)  
Website: [www.cjc.nt.gov.au](http://www.cjc.nt.gov.au)  
Hours: 8.00am-4.20pm - Mediation can be arranged to  
take place outside of hours  
Parent Body: Northern Territory Department of Justice

The Community Justice Centre (CJC) has been established by the Northern Territory Government to provide mediation services to the community to help people resolve their own disputes without legal action. Our service is free, confidential, voluntary, timely and easy to use.

Mediation is about people coming together to discuss the issues in dispute. It allows all people in dispute to have a say in the outcome and come up with their own solutions to the problem. It provides a way of settling a dispute without legal action, which can be time consuming and expensive.

The CJC offers a safe and informal environment where people can sort out their disputes with the help of trained mediators.

## Support Services

### Darwin Cerebral Palsy Support Network

Location: Unit 4 & 5/1 Caryota Court COCONUT GROVE  
Postal: PO Box 42045 CASUARINA NT 0811  
Telephone: 8948 4877  
0418 857 042  
Fax: 8948 5288  
8945 9249  
Email: [CerebralPalsySupportNetwork@gmail.com](mailto:CerebralPalsySupportNetwork@gmail.com)  
Hours: Available to contact at anytime

The Cerebral Palsy Support Network aims to empower persons with cerebral palsy and their families and also raise awareness of the issues that persons with cerebral palsy and their families experience. All persons on the committee are volunteers who either have cerebral palsy or have a family member with cerebral palsy. The Cerebral Palsy Support Network provides disability specific information in a quarterly newsletter, telephone information and support, information seminars, a website with links, Darwin community awareness events and family social activities.

### GROW NT

Location: Rapid Creek Business Village  
48 Trower Road MILLNER  
Postal: PO Box 41603 CASUARINA NT 0811  
Telephone: 8985 4799  
Freecall: 1800 558 268  
Fax: 8985 6799  
Email: [nt@grow.net.au](mailto:nt@grow.net.au)  
Website: [www.grow.net.au](http://www.grow.net.au)  
Hours: 10.00am-3.00pm  
Parent Body: GROW National

GROW is suitable for anyone willing to participate in their own mental health.

## Support Services

### Healthy Living NT

#### Diabetes Australia of the NT Inc

Location: Shop 1 & 2  
Tiwi Place TIWI  
Postal: PO Box 40113 CASUARINA NT 0811  
Telephone: 8927 8488  
Freecall: 1300 136 588  
Fax: 8927 8515  
Email: [info@healthylivingnt.org.au](mailto:info@healthylivingnt.org.au)  
Website: [www.healthylivingnt.org.au](http://www.healthylivingnt.org.au)  
Hours: Mon-Fri: 8.00am-4.00pm

Healthy Living NT is an education centre which provides clients with education on diabetes, nutrition, cardiac health as well as cardiac rehab exercise classes.

The centre offers support groups for children and young adults with Type 1 diabetes.

**Comment:** Ramp access and accessible toilets.

## Support Services

### Library Services for Housebound

Location: Casuarina Library  
Bradshaw Terrace CASUARINA  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0200  
8930 0230  
Fax: 8945 0004  
8930 0562  
Email: [dccl@darwin.nt.gov.au](mailto:dccl@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Parent Body: Darwin City Council

Darwin City Council Libraries offer a Housebound Service specifically designed for clients who are unable to visit their library personally due to frailty, injury or disability and cannot arrange for friends or family to assist.

Temporary Housebound Membership can be extended to those who are only housebound due to a temporary injury or operation. This will be discontinued when the patron is able to come to the library or can make alternative arrangements. For more information on this service, contact the Housebound Service Officers.

### ME/Chronic Fatigue Syndrome Society

Postal: GPO Box 1363 DARWIN NT 0801  
Telephone: 8941 2365  
Fax: 8981 8278  
Email: [admin@mecfs-nt.org.au](mailto:admin@mecfs-nt.org.au)  
Website: [www.mecfs-vic.org.au](http://www.mecfs-vic.org.au)  
Hours: Messages can be left at any time  
Worker available Tuesday and Thursday

Provides information and support to the ME/Chronic Fatigue Syndrome community in Northern Territory.

Assists in referral to services for people with ME/Chronic Fatigue Syndrome, their families and carers.

Aims to increase awareness regarding ME/Chronic Fatigue Syndrome with service providers and the general community.

## Support Services

### MyTime

Location: Playground House  
Cnr McMillans Road & Lee Point Road MARRARA  
Postal: PO Box 13 NIGHTCLIFF NT 0814  
Telephone: 8945 7775  
Freecall: 1800 171 882  
Fax: 8927 0608  
Email: [admin@playgroupnt.com.au](mailto:admin@playgroupnt.com.au)  
Website: [www.playgroupaustralia.com](http://www.playgroupaustralia.com)  
Hours: Tuesday and Thursday: 9.30am-11.30am  
Parent Body: Playgroup Association of the Northern Territory

MyTime is a local support group for parents and carers of young children with a disability or chronic medical condition. Socialise, have fun and share ideas and experiences with others who understand the rewards and intensity of caring for a young child with a disability or chronic medical condition. FREE.

### National Relay Service

Location: A national service (Head Office in Sydney NSW)  
Postal: 88 Darling Street EAST BALMAIN NSW 2041  
Telephone: 1800 555 660  
08 8100 8204  
Freecall: 1800 555 660  
Fax: 1800 555 690  
Email: [helpdesk@relayservice.com.au](mailto:helpdesk@relayservice.com.au)  
Website: [www.relayservice.com.au](http://www.relayservice.com.au)  
Hours: Service available 24 hours  
Helpdesk (for enquiries or information)  
Monday-Friday: 9.00am-5.00pm (Sydney time)

The National Relay Service (NRS) is a Commonwealth Government initiative. It provides a phone solution for people who are deaf or have a hearing or speech impairment.

It operates 24 hours a day. You can ring anyone, anytime, anywhere in Australia.

## Support Services

### Post School Options

Location: 1/1 Wanguri Place WANGURI  
Postal: PO Box 36506 WINNELLIE NT 0821  
Telephone: 8928 0620  
Fax: 8928 1335  
Email: [spich@anglicare-nt.org.au](mailto:spich@anglicare-nt.org.au)  
Hours: 9.00am-3.00pm  
Parent Body: Anglicare NT

Post School Options is a centre based program available to young people with disabilities upon completion of school. It aims to ease the transition into adult life through skill based activities.

### Prostate Cancer Support Group (Prosper)

Location: Contact for details  
Postal: 52 Eden Street STUART PARK NT 0820  
Telephone: 8981 4506  
Fax: 8981 4506  
Email: [ma.pa.willi@bigpond.com](mailto:ma.pa.willi@bigpond.com)  
Hours: 2<sup>nd</sup> Monday each month: 7.30pm (Meeting)  
Parent Body: Prostate Cancer Foundation of Australia

Wives and partners are most welcome to attend meetings. Primarily the group exists as a support group for prostate cancer patients and/or family members. We also seek opportunities to inform and educate all sections of the community about cancer and prostate health.

## Support Services

### Victims of Crime NT

Location: Suite 1/8 Knuckey Street Darwin  
(Ground Floor LeGrande Apartments –opposite  
the Darwin Police Station)  
Postal: GPO Box 1258 DARWIN NT 0801  
Telephone: 8941 0995  
Freecall: 1800 672 242  
24 hour 7 day phone support NT wide  
Fax: 8941 0459  
Email: [vocalnt@bigpond.com.au](mailto:vocalnt@bigpond.com.au)  
Website: [www.victimsofcrime.org.au](http://www.victimsofcrime.org.au)  
Hours: Monday-Friday: 8.30am-4.30pm

Because crime can happen at any time of the day or night, Victims of Crime NT offers information, understanding and support, 24 hours a day, 7 days a week.

With a handpicked team of professionally trained volunteers, Victims of Crime NT provides free and confidential assistance Territory wide, plus ongoing follow up on the progress of individual cases and the monitoring of court proceedings to keep victims informed of outcomes.

Even court support can be provided if needed.

And no matter where you may be throughout the Northern Territory, help is as close as the phone.

## Support Services

### Vision Australia

Location: 13-17 Scaturchio Street CASUARINA  
Postal: PO Box 43056 CASUARINA NT 0811  
Telephone: 1300 847 466  
Fax: 8927 8431  
Email: [info@visionaustralia.org](mailto:info@visionaustralia.org)  
Website: [www.visionaustralia.org](http://www.visionaustralia.org)  
Hours: 8.30am-5.00pm (appointments recommended)

Vision Australia is a living partnership between people who are blind, sighted or have low vision.

We provide advice on practical equipment designed to assist people with daily living activities, which includes products like talking clocks and watches, magnifiers, technology solutions and Library Services etc.

## TRANSPORT

### Free Bus Services for Leanyer and Fannie Bay Senior Villages

Location: Fannie Bay Senior Village and Leanyer Senior Village  
Postal: GPO Box 2520 DARWIN NT 0801  
Telephone: 8924 7845  
Fax: 8924 7841  
Email: [publictransport.dpi@nt.gov.au](mailto:publictransport.dpi@nt.gov.au)  
Website: [www.nt.gov.au/transport/public](http://www.nt.gov.au/transport/public)  
Parent Body: Department of Planning and Infrastructure, Public Transport Division

Free transport is provided to and from major shopping facilities and the hospital for Leanyer and Fannie Bay Senior Villages. The buses are specially designed, can carry two mobility aids and a Transit Carer is also provided to help passengers.

### Leanyer Seniors Village

#### Tuesday & Thursday Morning Bus Service

Depart/Drop Off	Location	Time
Leanyer Seniors Village	Leanyer Seniors Village road side	9.00am
Hibiscus Shopping Centre	Baroalba Street, opposite pharmacy entrance	9.10am
Casuarina Shopping Centre	Bay 1 Casuarina Interchange	9.25am
Royal Darwin Hospital	Florey Avenue, bus bay inside hospital	9.35am
Leanyer Seniors Village	Leanyer Seniors Village road side	9.40am

## Transport

### Tuesday Afternoon Bus Service

Depart/Drop Off	Location	Time
Royal Darwin Hospital	Florey Avenue, bus bay inside hospital	12noon
Casuarina Shopping Centre	Special events bus bay at Casuarina Interchange	12.10pm
Hibiscus Shopping Centre	Baroalba Street, opposite pharmacy entrance	12.25pm
Leanyer Seniors Village	Leanyer Seniors Village road side	12.30pm

### Thursday Afternoon Bus Service

Depart/Drop Off	Location	Time
Hospital	Bus bay inside Hospital	1.00pm
Casuarina Shopping Centre	Special events bus bay at Casuarina Interchange	1.10pm
Hibiscus Shopping Centre	Baroalba Street, opposite pharmacy entrance	1.25pm
Leanyer Seniors Village	Leanyer Seniors Village road side	1.30pm

## Fannie Bay Seniors Village

### Monday & Wednesday Morning Bus Service

Depart/Drop Off	Location	Time
Fannie Bay Seniors Village	Corner Waratah Crescent & Kurringal Court	9.00am
Nightcliff Shopping Centre	Dick Ward Drive, Woolworths	9.15am
Nightcliff Shopping Centre	Progress Drive, opposite Nightcliff Shopping Centre	9.20am
Casuarina Shopping Centre	Bay 1 Casuarina Interchange	9.30am
Royal Darwin Hospital	Florey Avenue, bus bay inside hospital	9.40am

## Transport

### Monday & Wednesday Afternoon Bus Service

<b>Depart/Drop Off</b>	<b>Location</b>	<b>Time</b>
Royal Darwin Hospital	Florey Avenue, bus bay inside hospital	12noon
Casuarina Shopping Centre	Bay 1 Casuarina Interchange	12.05pm
Nightcliff Shopping Centre	Progress Drive, opposite Nightcliff Shopping Centre	12.25pm
Nightcliff Shopping Centre	Dick Ward Drive, Woolworths	12.35pm
Fannie Bay Seniors Village	Corner Waratah Crescent & Kurringal Court	12.40pm

## USEFUL CONTACTS & INFORMATION

### **Australian Association of Special Education NT Chapter**

Location: Northern Territory Wide  
Postal: PO Box 40528 CASUARINA NT 0811  
Email: [virg.summers@nt.gov.au](mailto:virg.summers@nt.gov.au)  
Website: [www.aase.edu.au](http://www.aase.edu.au)

Australian Association of Special Education is a broad-based non-categorical association concerned with all who have special education needs.

AASE provides information and professional learning, we also provide support for teachers, support staff and parents/carers.

### **Community Meeting Rooms Available for Hire**

#### Casuarina

Location: Casuarina Library Meeting Room  
Casuarina Library  
Bradshaw Terrace CASUARINA  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0211  
Fax: 8945 0004  
Email: [dccl@darwin.nt.gov.au](mailto:dccl@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Parent Body: Darwin City Council

## Useful Contacts & Information

### Darwin City

Location: City Library Theatrette  
Civic Centre  
Harry Chan Avenue DARWIN  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0230  
Fax: 8930 0233  
Email: [dccl@darwin.nt.gov.au](mailto:dccl@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Parent Body: Darwin City Council

### Darwin Suburbs

Location: Malak Community Centre  
Malak Crescent MALAK  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0556  
Fax: 8930 0311  
Email: [dcc@darwin.nt.gov.au](mailto:dcc@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Parent Body: Darwin City Council

There is a large and small area within the Centre

Location: Nightcliff Community Centre  
18 Bauhinia Street NIGHTCLIFF  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0556  
Fax: 8930 0311  
Email: [dcc@darwin.nt.gov.au](mailto:dcc@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Parent Body: Darwin City Council

One airconditioned meeting room with training facilities including TV, video, electronic whiteboard, overhead projector and screen.

## Useful Contacts & Information

### Disability Hotline

Location: Customer Service Centre  
Civic Centre  
17 Harry Chan Avenue DARWIN  
Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0556  
Fax: 8930 0311  
Email: [dcc@darwin.nt.gov.au](mailto:dcc@darwin.nt.gov.au)  
Website: [www.darwin.nt.gov.au](http://www.darwin.nt.gov.au)  
Hours: Monday-Friday: 8.00am-5.00pm  
Parent Body: Darwin City Council

### Motor Vehicle Enthusiasts Club Inc

Location: McDonald Street PARAP  
Postal: GPO Box 911 DARWIN NT 0801  
Telephone: 8927 9640  
Email: [mvec@internode.on.net](mailto:mvec@internode.on.net)

The Club promotes and encourages interest in machinery, no matter what kind. Within the club's headquarters, the historic QANTAS hanger equipment is available for members to work on their vehicles. Members take their veteran, vintage and classic vehicles on monthly club runs around Darwin.

## Useful Contacts & Information

### Public Trustee of the Northern Territory

Location: Nichols Place  
Corner Cavenagh & Bennett Streets DARWIN  
Postal: GPO Box 470 DARWIN NT 0801  
Telephone: 8999 7271  
Fax: 8999 7882  
Email: [public\\_trustee.doj@nt.gov.au](mailto:public_trustee.doj@nt.gov.au)  
Website: [www.nt.gov.au](http://www.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: Department of Justice

The Public Trustee for the Northern Territory provides Trustee, Executor and Will making services within the Northern Territory. The Office also offers a Will storage service. The Office is committed to providing a secure, value for money and accessible Trustee, Will and Estate administration services.

### University of the Third Age U3A Palmerston & Rural

Location: Palmerston Library  
Goyder Square PALMERSTON  
Postal: PO Box 3126 PALMERSTON NT 0831  
Telephone: 8931 3255  
Fax: 8931 3266  
Email: [electorate.drysdale@nt.gov.au](mailto:electorate.drysdale@nt.gov.au)

U3A Palmerston and Rural meet at 2.00pm on the fourth Tuesday of each month. Guest speakers and regular excursions.

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