Introduction

Welcome to the 2012 edition of the City of Darwin’s ‘Seniors and Disability Services Directory’.

The directory provides information on services available to people with a disability and people over the age of 60 living in the Darwin community.

While considerable care has been taken to ensure that information contained in this Directory is correct at the time of printing, Council takes no responsibility for any errors or omissions. The Directory can also be accessed and additional copies downloaded via City of Darwin’s website www.darwin.nt.gov.au

Please advise Council’s Community and Cultural Services Department if any changes are necessary on telephone: 8930 0409.

For general enquiries regarding Council services, contact:

Customer Service Centre
City of Darwin
Harry Chan Avenue Darwin NT 0800
GPO Box 84 Darwin NT 0801

Telephone 08 8930 0300
Facsimile 08 8930 0311
Email darwin@darwin.nt.gov.au
Website www.darwin.nt.gov.au

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**ACCOMMODATION**

**Darwin Accommodation Services**

Location: 22 Albatross Street WINNELIE  
Postal: PO Box 37746 WINNELIE NT 0821  
Telephone: 8984 4036  
Fax: 8984 4586  
Email: das@hpa.net.au  
Website: www.hpa.net.au  
Hours: Monday-Friday: 8.00am-4.00pm  
Parent Body: HPA Disability Services

Accommodation and accommodation support for people with disabilities.

Providing a fully supported group home, semi independent living units and an outreach service in the Darwin and Palmerston area.

**Somerville Community Services Inc**

Location: 147 Lee Point Road WAGAMAN  
Postal: PO Box 42644 CASUARINA NT 0811  
Telephone: 8920 4100  
Fax: 8920 4101  
Email: scs@somerville.org.au  
Website: www.somerville.org.au

Provision of high quality person-centred supported accommodation for people with severe to profound disability.

The accommodation service is on a permanent, full time basis.  
The service is operated by qualified and experienced staff.
Territory Housing

Casuarina
Location: CASCOM Centre Building
5/13 Scaturchio Street CASUARINA
Postal: GPO Box 4621 DARWIN NT 0801
Telephone: 8922 5526
Hours: Monday-Friday: 8.00am-4.00pm

Darwin
Location: RCG Building
Ground Floor, 47 Mitchell Street DARWIN
Postal: GPO Box 4621 DARWIN NT 0801
Telephone: 8999 8814
Hours: Monday-Friday: 8.00am-4.00pm

Palmerston
Location: Highway House
Chung Wah Terrace PALMERSTON
Postal: GPO Box 4621 DARWIN NT 0801
Telephone: 8999 4767
Hours: Monday-Friday: 8.00am-4.00pm

Assistance with the payment of bond for rental accommodation in the private sector and mortgage assistance for home owners is available to those pensioners who meet the eligibility criteria.

Territory Housing has a number of Seniors Villages which are located in Darwin and the Northern Suburbs.
ADVISORY/PEAK BODY

Australian Association Special Education NT Chapter

Location: NTWide
Postal: PO Box 40528 CASUARINA NT 0811
Email: aasent@gmail.com
Website: www.aase.edu.au
Hours: Monday to Friday

The Australian Association of Special Education Inc is the national peak body of professionals, other para-professionals and community members with the expertise and/or interest in the education of children and young people with special education needs.

Australian Association of Special Education is a broad-based non-categorical association concerned with all who have special education needs.

AASE NT provides information and professional learning and also provides support for teachers, support staff and parents/carers.
COTA NT (Council on the Ageing NT Inc)

Location: Spillett House
       65 Smith Street DARWIN
Postal: GPO Box 852 DARWIN NT 0801
Telephone: 8941 1004
Fax: 8941 5011
Email: admin@cotant.org or robyn.lesley@cotant.org
Website: www.cotant.org
Hours: Monday-Friday: 10.00am-4.00pm
Parent Body: Seniors Peak Body for NT

Peak body for seniors in the Northern Territory:

- Information and advocacy services;
- Policy review and consumer representation;
- Runs a number of services in support of seniors groups and individuals, CALD community, social engagement.

Current priorities include housing, transport, access and infrastructure design, employment and discrimination.
Early Childhood Australia NT Branch

Location: 71 Coonawarra Road WINNELLYE
Postal: PO Box 41936 CASUARINA NT 0811
Telephone: 89867142
Fax: 8947 2884
Email: ecant@earlychildhood.org.au
Website: www.earlychildhoodaustralia.org.au
Hours: Monday-Friday: 8.30am-4.30pm

A national peak non-profit, non-government organisation acting in the interests of young children from birth to eight years of age.

Integrated Disability Action Inc.

Location: Nightcliff Community Centre
4/18 Bauhinia Street NIGHTCLIFF
Postal: PO Box 645 NIGHTCLiffe NT 0814
Telephone: 8948 5400
Fax: 8948 5409
Email: office@idainc.org.au
Website: www.ida.inc.org.au
Hours: Tuesday, Wednesday, Thursday: 9.00am-2.00pm

Integrated Disability Action (IDA) is a peak consumer body for people with disabilities, their families, carers, workers in the disability field and those with an interest in the disability sector. IDA has ramp access, accessible toilets and a large accessible office.
National Disability Services NT

Location: Suite 5 Level 1
        43 Cavenagh Street DARWIN
Postal: GPO Box 4521 DARWIN NT 0801
Telephone: 8941 0634
Fax: 8941 0636
Email: ndsnt@nds.org.au
Website: www.nds.org.au
Hours: Monday-Friday: 9.00am-5.00pm
Parent Body: National Disability Services

National Disability Services Northern Territory (NDS NT) provides peak body and sector development information and support for disability service providers located across the Northern Territory.

NDS NT also undertakes specific industry focused project based work for the Northern Territory and Commonwealth Governments.
National Seniors Australia Top End Branch

Location: John Elferink Electorate Office
133 Mitchell Street DARWIN
(entrance at rear of the office)
Postal: GPO Box 4347 DARWIN NT 0801
Telephone: President: Sylvia Wolf 0418 894 176
Secretary: Julianne Quinn 0418 209 782
Email: julianne.quinn@nt.gov.au
Website: www.nationalseniors.com.au
Hours: Monthly meetings are held on the last Saturday of each month, unless otherwise advised
Parent Body: National Seniors Australia

For Territorians 50plus:

Regular social events including annual seniors’ race day in Seniors Month.

Members who are not on the Darwin mailing list, please contact the Branch so they can keep you informed of their news and events.
**NT Council of Social Service Inc. (NTCOSS)**

Location: 33 Bayfield Road MALAK  
Postal: PO Box 1128 NIGHTCLIFF NT 0814  
Telephone: 8948 2665  
Fax: 8948 4590  
Email: admin@ntcoss.org.au  
Website: www.ntcoss.org.au  
Hours: Monday-Friday: 9.00am-5.00pm

NTCOSS is a peak body of the social and community sector and an advocate for those who are most disadvantaged.

**Office of Senior Territorians**

Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8999 2552  
Fax: 8999 2444  
Email: ost@nt.gov.au  
Website: www.seniors.nt.gov.au  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health, Aged & Disability

The Office of Senior Territorians develops and delivers initiatives that improve the wellbeing of seniors and facilitates their contribution to Government decision-making.

The Office of Senior Territorians coordinates the Seniors Month activities, which is held in August, to promote greater awareness of the positive aspects of ageing and increase participation by older people in social and recreational activities.
Probus Club of Darwin Inc

Location: Tracy Village Sports Club
Telephone: 0417 082 182
Email: eean.thome@hotmail.com
Website: www.darwinprobus.org
Hours: Meets first Wednesday of each month (except January) at 10.00am
Parent Body: Probus - South Pacific Limited

Probus is a part of the Rotary International World and is a club for retired or semi retired ladies and men.

Probus is not for profit, non sectarian and non fundraising. Its objectives are to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self centred.
ADVOCACY

Community Visitor Program

Location: 7th Floor
9-11 Cavenagh Street DARWIN
Postal: LMB 22 GPO DARWIN NT 0801
Telephone: 8999 1451
Freecall: 1800 021 919
Fax: 8981 3812
Email: CVPProgramADC@nt.gov.au
Website: www.cvp.nt.gov.au
Hours: Monday-Friday: 8.00am-4.30pm
Fee for Service: No
Parent Body: Anti-Discrimination Commission

Established under the Mental Health and Related Services Act, the Community Visitor Program (CVP) provides a visiting, complaints resolution and advocacy service to people receiving inpatient and outpatient treatment from NT Mental Health Services.

From 2012/2013, with changes to the Disability Services Act, the CVP will provide the same service to adults receiving secure care services from Aged and Disability Services. The person receiving care or any other person with a “genuine interest” in the person receiving care can contact the CVP.
Disability Discrimination Advocacy

Location: Darwin Community Legal Service
Postal: GPO Box 3180 DARWIN NT 0801
Telephone: 8982 1111
Freecall: 1800 812 953
Fax: 8982 1112
Email: info@dcls.org.au
Website: www.dcls.org.au
Hours: Monday-Friday: 9.00am-4.30pm
Parent Body: Darwin Community Legal Service

Provides advice and advocacy on the application of the Disability Discrimination Act, and the following schedules attached to that Act:

- Transport Standards
- Education Standards
- Accessible Buildings

Also provides advice and advocacy on the application of the NT Anti-Discrimination Act.

The service is free and confidential.
AG ED CARE SER VICE S

Community Visitors Scheme

Location: Shop 1 Wanguri Shops
           Wanguri Place WANGURI
Postal:    PO Box 36506 WINNELLE NT 0821
Telephone: 8927 0390 or 8985 0000
Fax:       8985 0001
Email:     charbinson@anglicare-nt.org.au
Website:   www.anglicare-nt.org.au
Coordinator: Monday-Thursday: 8.30am-5.00pm
Volunteers: flexible
Parent Body: Anglicare NT

The Community Visitors Scheme (CVS) is a National Program, linking volunteers on a one to one basis with a socially and/or culturally isolated resident in aged care facilities.

The aim is to enhance quality of life and reconnect with the local community.
Darwin Aged Care Assessment Team

Location: Level 1, Casuarina Plaza
          Cnr Trower Road & Vanderlin Drive CASUARINA
Postal:    PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7392
Fax:        8922 7216
Email:      jeanette.maloney@nt.gov.au (admin
            davidg.taylor@nt.gov.au (Team Leader)
            janice.diamond@nt.gov.au (Manager)
Hours:     Monday-Friday: 8.00am-4.30pm
Parent Body: NT Department of Health

Darwin Aged Care Assessment Team (ACAT) provides multi-disciplinary assessments to frail aged people with complex needs.

ACAT has Commonwealth delegation to approve applicants for Residential Aged Care Respite, Residential Placement, Transition Care and Community care packages.

It is a free service and anyone can make a referral.

Filipiniana Senior Citizens Association Incorporated

Location: Alawa Community Hall
          Lakeside Drive ALAWA
Postal:    PO Box 41205 CASUARINA NT 0811
Telephone: C/- 8988 9638 or 8945 1145 or 8932 4869
Hours:     Weekly meetings on Mondays: 9.30am-1.30pm

Activities include: games, singing, dancing, exercise, picnics, dinners out and invited speakers and lunch at meetings.

Hospital visits to sick members and financial help and attendance at funerals for members who pass away.

Responds to government invitations to government functions.
Frontier Services Community Care

Location: 87 Woods Street DARWIN
Postal: GPO Box 610 DARWIN NT 0801
Telephone: 8942 8701 or 8942 8702
Fax: 8942 8747
Email: cacpfs.darwin@frontierservices.org
Website: www.frontierservices.org
Hours: Office Hours: Monday-Friday: 8.00am-4.30pm
Parent Body: Uniting Church in Australia Frontier Services

Cares for the frail aged at home and offers personal care, shopping, transport, gardening, social outings and cleaning.

NT Dementia Behaviour Management Advisory Service (NTDBMNAS)

Location: 44 Woods Street DARWIN
Postal: GPO Box 336 DARWIN NT 0801
Telephone: 8982 5202 or 8982 5200
Freecall: 1800 699 799
Fax: 8941 7533
Email: darwin.dbmas@frontierservices.org
Website: www.frontierservices.org
www.dbmas.org.au
Hours: Office Hours Monday-Friday: 8.00am-4.30pm
24/7 Helpline 1800 699 799
Parent Body: Uniting Church Frontier Services

The NTDBMNAS program aims to help improve quality of life for people with dementia and their carers, where the behavior of the person with dementia impacts on care.

This is achieved by improving the capacity of care workers, carers and service providers.
NT Transition Care Program

Location: 1st Floor Casuarina Plaza
Cnr Trower Road & Vanderlin Drive CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7218 – Administration
8922 7520 – Team Leader
Fax: 8922 7216
Email: pauline.howard@nt.gov.au
Hours: Monday-Friday: 8.00am-4.21pm
Parent Body: Department of Health, Age & Disability

Restorative Program from Hospital for:

- Frail aged clients;
- For up to 12 weeks;
- Focus on restoration of function and promotion of independence; and
- Clients must have the potential to improve and be agreeable to participate in therapy.

Pensioners’ Workshop

Location: WINNELLIE
Postal: Unit 2, 48 Albatross Street WINNELLIE NT 0820
Telephone: 8947 7098
Email: penworkshop@bigpond.com
Hours: Tuesday, Thursday, Friday: 9.00am-2.00pm

A workshop in a social setting for male and female pensioners and retirees.

Includes mainly wood turning and joinery, some metal work, a picture framing area and a sewing area.
**Terrace Gardens Aged Care**

Location: 1 Kettle Street FARRAR  
Postal: PO Box 53 PALMERSTON NT 0831  
Telephone: 8932 1005  
Fax: 8932 1578  
Email: terrace.gardens@frontierservices.org  
Hours: Office hours 9:00am – 5:00pm  
24/7 care provided  
Parent Body: VCA Frontier Services  

A 58 bed around the clock high care facility including 2x12 bed dementia units and 2 respite beds.  
Terrace Gardens provides tropical style living with verandahs, lounges and gardens.

**Tracy Aged Care**

Location: 87 Woods Street DARWIN  
Postal: GPO Box 610 DARWIN NT 0801  
Telephone: 8942 8700  
Fax: 8942 8755  
Email: admin.tracyagedcare@frontierservices.org  
Hours: 24 hour service  
Parent Body: Frontier Services Uniting Church  

Residential aged care service for older people requiring low levels of assistance.  
Tracy Aged Care includes Arafura House designed for older people living with dementia.
CHILDREN’S SERVICES

Children’s Development Team

Location: Level 1 Casuarina Plaza
         Cnr Trower Road & Vanderlin Drive CASUARINA
Postal:   PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7283
Fax:       8922 7399
Website:  www.health.nt.gov.au
Hours:    Monday-Friday: 8.00am-4.21pm

A team of professionals who work with children and their families throughout Darwin and Palmerston regions.

Services include Occupational Therapy, Physiotherapy, Speech Pathology and support staff for babies, toddlers, children and teenagers who may be having problems related to a disability or delays in development.
Darwin Toy Library

Location: Cnr McMillans Road & Marrara Road MOIL
Postal: PO Box 40719 CASUARINA NT 0811
Telephone: 8927 9077
Fax: 8927 7503
Email: dt19077@bigpond.net.au
Website: www.darwintoylelibrary.org
Hours: Tuesday, Thursday and Saturday: 9.30am-12.30pm
       Wednesday: 2.30pm-6.30pm
Parent Body: Early Childhood Australia NT Branch

Stocking over 3500 toys to assist the developmental needs of all children.

Specialised toys and equipment are available for children with additional needs and referral is required for specialised toys.

Mobile service available for families meeting the criteria. Ring for more information.
Down Syndrome Association of the Northern Territory

Location: Shop 16 Rapid Creek Business Centre
        Trower Road RAPID CREEK
Postal: PO Box 41545 CASUARINA NT 0811
Telephone: 8985 6222
Fax: 8985 6266
Email: admin@downsyndroment.com.au
Hours: Monday-Friday: 9.00am-3.00pm

Information about all aspects of Down Syndrome.

Family network including school support, referrals and resources
library and computer aided learning program for students with
Down Syndrome.

Awareness and fundraising campaigns throughout the NT and
supporting community inclusion.
Variety, The Children’s Charity Northern Territory

Location: 149 Stuart Highway PARAP
Postal: GPO Box 4224 DARWIN NT 0801
Telephone: 8981 2544
Fax: 8941 5373
Email: variety@varietynt.org.au
Website: www.varietynt.org.au
Hours: Monday-Friday: 8.30am-5.00pm

Variety, the Children’s Charity, NT is a fundraising organisation which raises funds to grant appeals to empower children with special needs in the Northern Territory to live, laugh and learn.

Variety grants appeals for medical, educational and mobility equipment to children up to the age of 18.

Variety NT is supported by a network of volunteers and welcomes enquiries from individuals and organisations to either help Variety, or to make enquiries about Appeals available.
COMMONWEALTH GOVERNMENT

Centrelink and Medicare Service Centres within the Australian Government Department of Human Services

Casuarina Centrelink Service Centre
Location: 50 Bradshaw Terrace CASUARINA
Postal: PO Box 7800 BC ACT 2610
Hours: 7.45am-4.45pm

Casuarina Medicare Service Centre
Location: Shop 30, Ground Floor
Casuarina Square
247 Trower Road CASUARINA
Postal: PO Box 9822 in your Capital City
Hours: Monday-Friday: 9.00am-5.00pm
Saturday: 9.00am-12.30pm

Darwin Service Centre
Location: 24 Knuckey Street DARWIN
Postal: PO Box 7800 BC ACT 2610
Hours: 8.00am-4.30pm

Palmerston Centrelink Service Centre
Location: 2 Maluka Street PALMERSTON
Postal: PO Box 7800 BC ACT 2610
Hours: 7.45am-4.45pm
Palmerston Medicare Service Centre

Location: Shop T02, Palmerston Shopping Centre
10 Temple Terrace PALMERSTON
Postal: PO Box 9822 in your Capital City
Hours: Monday-Friday: 9.00am-5.00pm
Saturday: 9.00am-12.30pm
Website: www.humanservices.gov.au

The Department of Human Services provides easy, high quality service to people at different stages of their lives through the Medicare, Centrelink and Child Support programs.

The Department assists Australians who are looking for work and also supports those requiring special assistance including those who are planning for retirement, are ill or experiencing a crisis.

Medicare general enquiries: 132 011
Centrelink general enquiries: 1800 995 496
Older Australians: 132 300
People with a disability: 132 717
Financial Information Service: 136 357

If you are deaf or have a hearing or speech impairment and need to contact the department, call the National Relay Service and TTY.

National Relay Service
TTY users: 1800 810 586
Speak and listen users: 1300 555 727
Veteran Affairs Network

Location: Civic Centre
2 Chung Wah Terrace PALMERSTON
Postal: PO Box 3374 PALMERSTON NT 0831
Telephone: 8935 1405
Freecall: 1300 551 918 (local call rate within the NT)
Fax: 8935 1489
Website: www.dva.gov.au
Hours: Monday-Friday: 9.00am-5.00pm
Parent Body: Department of Veterans Affairs

Service coverage – Northern Territory and Kununurra WA.

Provides information on eligibility and services available through the Department of Veterans Affairs including income support, disability compensation, rehabilitation services, health services and Commemoration to members of the veteran community, current and former members of the Australian Defence Force and their families.
CONCESSIONS AND FINANCIAL SUPPORT

City of Darwin Concessions

Australian Disability Parking Permit

Location: Civic Centre
17 Harry Chan Avenue DARWIN
Postal: GPO Box 84 DARWIN NT 0801
Telephone: 8930 0607
Fax: 8930 0311
Email: darwin@darwin.nt.gov.au
Website: www.darwin.nt.gov.au
Hours: Monday-Friday: 8.00am-5.00pm

The City of Darwin administers the Australian Disabled Parking Permit Scheme for people with mobility limitations and in need of special parking consideration. The applicants must be assessed by a medical practitioner as mobility restricted. The scheme entitles the usage of designated parking throughout the municipality and allows extended parking in all time restricted bays and free parking on-street where Council parking meters are installed.

Rates and Garbage Charges

For holders of the NT Pensioner and Carer Concession Card, a concession is available on City of Darwin Council Rates and Charges. This concession is approved and provided by the Northern Territory Department of Health and Community Services, Pension Concession Unit. To be eligible for the concession, the member must be the legal owner/part owner of the property, occupy the property and must have declared the property as their principal place of residence. The concession is:

Rates: 62.5% of the annual general rates charge up to a maximum of $200 in one Rating Year.
Garbage: A flat annual concession of $46.25 applies if a garbage collection is provided by Council.
NT Pensioner & Carer Concession Scheme

Location: Office of Disability
Cascom Centre 2B
17 Scaturchio Street CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Freecall: 1800 777 704
Fax: 8922 7394
Email: PensionConcessionUnit@nt.gov.au
Website: www.nt.gov.au/health
Please refer to the NT Pensioner and Carer Concession Scheme

Hours: Monday-Friday: 8.30am-4.00pm
Parent Body: Department of Health, Aged and Disability Program

The Northern Territory Pensioner and Carer Concession Scheme (NTPCCS) provides financial subsidies to eligible members for electricity, water, sewerage, council rates, garbage rates, spectacles, motor vehicle registration and free urban public bus travel and drivers licence renewals.

The Seniors Concession Scheme provides the above concessions to eligible senior Territorians (women aged 60 and over; men aged 65 and over, totally and permanently incapacitated veterans and aged war service veterans), as well as an interstate or overseas travel subsidy.

This is a 50 percent concession on an airfare, available every two years. Alternatively, this concession can be used to bring a relative or a friend to the Territory.
Concessions and Financial Support

**NT Seniors Card**

Location: Office of Disability  
Cascom Centre 2B  
17 Scaturchio Street CASUARINA

Postal: PO Box 40596 CASUARINA NT 0811

Freecall: 1800 777 704

Fax: 8922 7394

Email: seniorscard@nt.gov.au

Website: www.seniors.nt.gov.au

Hours: Monday-Friday: 8.30am-4.00pm

Parent Body: Department of Health, Aged & Disability Program

The NT Seniors Card is available to all permanent Territory residents 60 years of age and over and provides access to savings on a range of goods and services provided by supporting businesses.
Amity Community Services Inc - Information, Education and Counselling Services

Location: 155 Stuart Highway PARAP
Postal: GPO Box 3628 DARWIN NT 0801
Telephone: 8944 6565
Freecall: 1800 684 372
Fax: 8981 8456
Email: Habitwise@amity.org.au
Website: www.amity.org.au
Hours: 8.30am-4.30pm

Amity provides confidential counselling, information, support and education in the areas of alcohol use; tobacco use; other drug use; gambling; stress management; anger management; assertion and communication skills.

Amity offers phone or email counselling service to residents living outside the Darwin and Palmerston regions.
CatholicCare NT

Location: 17 Hidden Valley Road BERRIMAH
Postal: PO Box 132 BERRIMAH NT 0828
Telephone: 8944 2000
Fax: 8944 2099
Email: darwin@catholiccarent.org.au
Website: www.catholiccarent.org.au
Hours: Monday-Friday: 8.30am-5.00pm

CatholicCare NT provides counselling for individuals, couples and families.

This service aims to strengthen relationships, manage transitions and develop new skills in areas such as communication and managing difficult emotions.

CatholicCare NT - Family Relationships for Carers

Location: 17 Hidden Valley Road BERRIMAH
Postal: PO Box 132 BERRIMAH NT 0828
Telephone: 8944 2000
Fax: 8944 2099
Email: darwin@catholiccarent.org.au
Website: www.catholiccarent.org.au
Hours: Monday-Friday: 8.30am-5.00pm

This program aims to address concerns regarding family relationships and wellbeing.

Counselling information and referral services are provided to support carers who care for those with disabilities (physical, mental or emotional).
Community Justice Centre

Location: 1st Floor Nichols Place
            Cavenagh Street DARWIN
Postal: GPO Box 1722 DARWIN NT 0801
Freecall: 1800 000 473
Fax: 8999 6226
Email: cjc.doj@nt.gov.au
Website: www.cjc.nt.gov.au
Hours: 8.00am-4.21pm
Parent Body: Department of Justice

The Community Justice Centre has been established by the Northern Territory Government to provide mediation services to the community to help people resolve their own disputes without legal action.

Our service is free, confidential, voluntary, timely and easy to use.
Lifeline Top End provides a range of services including but not limited to: Face to Face Counselling; Corporate Stress Busting; Suicide Awareness training; a Suicide Bereavement Support Group; Blokes Talk, A Mum’s club and a variety of training courses.

This as well as our core business, the training and support of Telephone Counsellors for our 24/7 Crisis line.

Lifeline nationally offers a 24 hour, 7 days a week telephone counselling service for people in crisis. Confidential professional assistance when it is most needed, with access to referral information for other services.
Melaleuca Refugee Centre - Torture and Trauma Survivor Service NT

Location: Shop 33 Rapid Creek Business Village
78 Trower Road MILLNER
Postal: PO Box 1226 NIGHTCLIFF NT 0814
Telephone: 8985 3311
Fax: 8985 3322
Email: admin@melaleuca.org.au
Website: www.fasstt.org.au
Hours: 9.00am-4.30pm
Parent Body: The Forum of Australian Services for Survivors of Torture and Trauma

Melaleuca Refugee Centre provides resettlement assistance, torture and trauma counselling and community support for refugees in the Top End.

We are part of a National network of Torture and Trauma Survivor Services but are largely funded through community support, donations and government grants.

We coordinate a volunteer program to provide support in the community and are run by a Committee of Management made up of interested members of the community who are accepted for membership of the Torture and Trauma Survivor Services Association of the NT.
Counselling Services

**Relationships Australia NT Inc**

Location: 2nd Floor Cavenagh Centre  
43 Cavenagh Street DARWIN  
Postal: GPO Box 4193 DARWIN NT 0801  
Telephone: 8923 4999  
Freecall: 1300 364 277 (Darwin local phone call)  
Fax: 8981 6190  
Email: info@ra-nt.org.au  
Website: www.relationships.com.au  
Hours: Mon, Tues, Wed, Fri: 8.30am-5.00pm  
Thursday: 8.30am-6.30pm

Counselling available for relationships, reconciliation, separation, pre-marital, personal and grief issues.

Family Dispute Resolution (mediation) services for separating couples or families as well as various Relationship Education programs.

**Ruby Gaea Darwin Centre Against Rape**

Location: Confidential  
Postal: PO Box 42082 CASUARINA NT 0811  
Telephone: 8945 0155  
Fax: 8945 2783  
Email: info@rubygaea.net.au  
Website: www.rubygaea.net.au  
Hours: Monday-Friday: 8.30am-5.00pm

Ruby Gaea provides free, confidential counselling and support to women and children who have experienced sexual assault at any time in their lives.

Ruby Gaea also engages in community education around the issue of sexual assault for the public, schools and organisations.
Sexual Assault Referral Centre (SARC) Darwin

Location: Level 1
9 Scaturchio Street CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 6472
Fax: 8922 6499
Email: sarc.ths@nt.gov.au
Website: www.childrenandfamilies@nt.gov.au
Hours: Monday-Friday: 8.00am-4.21pm
Parent Body: Department of Children and Families

The Darwin Sexual Assault Referral Centre (SARC) provides a free and confidential counselling service to anyone who may have experienced any form of sexual assault or abuse, either recently or in the past.

SARC assists both adults and children, males and females. They also provide free medical and forensic examinations for recent sexual assault.
Counselling Services

**SIDS and Kids Northern Territory**

Location: Shop 19 Rapid Creek Business Village
Trower Road RAPID CREEK
Postal: PO Box 188 NIGHTCLIFF NT 0814
Telephone: 8948 5311 (24 hour counselling line)
Freecall: 1300 308 307
Fax: 8948 5244
Email: darwin@sidsandkids.org
Website: www.sidsandkids.org/nt
Hours: 24 hour bereavement line/part time office hours
Parent Body: SIDS and Kids National

Provides Safe Sleeping education and advice to parents, grandparents, health and child care professionals.

Provides counselling support for anyone affected by the death of a child (up to 18 years of age) regardless of cause of death.

**Somerville Family Services**

Location: 147 Lee Point Road CASUARINA
Postal: PO Box 42644 CASUARINA NT 0811
Telephone: 8920 4100 – Casuarina
8935 1500 – Palmerston
Fax: 8920 4101
Email: scs@somerville.org.au
Website: www.somerville.org.au
Hours: Monday-Friday: 8.30am-5.00pm
Parent Body: Somerville Community Services

Counselling and support for families and individuals.

Group work to support skill development in areas such as self care, anxiety, communication skills etc and financial counselling and financial literacy problems.
Driver Rehabilitation Service

Location: Driver and Mobile Service
Postal: PO Box 912 PALMERSTON NT 0831
Telephone: 8932 1626
Hours: Flexible according to need

Occupational Therapy assessment and rehabilitation service for people who want to return and remain driving safely.

Advice regarding alternatives if driving is no longer safe.
Adult Migrant English Program

Location: Charles Darwin University
Postal: Charles Darwin University DARWIN NT 0909
Telephone: 8946 6578
Freecall: 1800 019 119
Fax: 8946 7055
Email: betty.batuk@cdu.edu.au
Website: www.cdu.edu.au/cduvet/language-literacy/amep.html
Hours: Morning and evening classes
Parent Body: Funded by Department of Immigration and Citizenship

Classes are offered at Casuarina, Palmerston, Humpty Doo and in regional areas.

The Adult Migrant English Program (AMEP) provides FREE English classes for migrants and refugees who want to learn English to improve their speaking, listening, reading, writing and computer skills.

Students need to be eligible under Department of Immigration and Citizenship (DIAC) guidelines.

Do you have a few hours a week to spare? The AMEP is always looking for volunteer tutors to assist students to learn English in class or at home.
Catholic Education Office, Student Support Services

Location: Cnr Hidden Valley & Beaton Roads BERRIMAH
Postal: PO Box 219 BERRIMAH NT 0828
Telephone: 8984 1400
Fax: 8984 1444
Email: admin@nt.catholic.edu.au
Website: www.ceont.catholic.edu.au
Hours: 8.30am-4.30pm school terms

Support Schools in:

- Provision of professional learning for teachers and Inclusion Support Assistants;
- Planning and implementation of adjustments and programs for students with disabilities;
- Identification of students with disabilities; and
- Accessing funds to assist in the provision of programs for students with disabilities.

First Aid Training

Location: Casuarina, Parap and Palmerston
Postal: PO Box 40221 CASUARINA NT 0811
Telephone: 8922 6221
Freecall: 1300 360 455
Fax: 8922 6232
Email: training@stjohnnt.asn.au
Website: www.stjohnnt.org.au
Hours: Monday-Friday and some week-ends
Parent Body: St John Ambulance Australia (NT)

Range of First Aid Courses available, contact St John to discuss the course most suitable for you.

Concessions available.
Greypath National Seniors Website

Location: Victoria
Postal: 1/16 Crawford Street CHELTENHAM VIC 3192
Telephone: 03 9826 9688
Fax: 03 9826 8965
Email: ray.lewis@greypath.com
Website: www.greypath.com
Parent Body: Greypath Pty Ltd

Many free, on-line courses, advisories such as Centrelink, chat rooms and forums, competitions, games, links, special interest groups and much more in this, probably the World’s largest Seniors site.

Henbury School

Location: 4 Henbury Avenue WANGURI
Postal: 4 Henbury Avenue WANGURI NT0810
Telephone: 8927 5088
Fax: 8927 3367
Email: henbury.admin@ntschools.net
Website: www.henburyschool.org.au
Hours: Monday to Friday (office hours)
Parent Body: Department of Education (DoE)

Henbury School is a special needs school for students with disabilities in the middle and senior years of schooling.
Nemarluk School

Location: 30 Styles Street ALAWA
Postal: PO Box 39729 WINNELLIE NT 0821
Telephone: 8985 0400
Fax: 89850499
Email: admin.nemarluk@ntschools.net
Website: www.nemarlukschool.com.au
Hours: Monday to Friday 8.00am-3.00pm
Parent Body: Department of Education (DoE)

Nemarluk School is a special school that provides education programs for pre and primary school-aged students who have special education needs and disabilities.

There is also an Out of School Care program for students enrolled at Nemarluk School.
EMPLOYMENT

Ausdesigns™

Location: 46 Toupein Road PALMERSTON
Postal: PO Box 37746 WINNELLIE NT 0821
Telephone: 8932 5184
Fax: 8931 2781
Email: ausdesigns@hpa.net.au
Website: www.ausdesigns.com.au
Hours: Monday-Friday: 8.00am-4.00pm
Parent Body: HPA Disability Services

Supported employment and training options for people with disabilities.

Manufacturers of a range of Aboriginal print fabric bags, conference satchels and souvenirs. Screen printing and digital printing available.

Range of corporate wear, work wear, school uniforms, t-shirts and polo shirts available.

Showroom open to the public.
Kokoda Industries

Location: 22 Albatross Street WINNELIE
Postal: PO Box 37746 WINNELIE NT 0821
Telephone: 8947 0681
Fax: 8984 4586
Email: admin@hpa.net.au
Website: www.kokoda-industries.com.au
Hours: Monday-Friday: 8.00am-4.00pm
Parent Body: HPA Disability Services

Supported employment and training options for people with disabilities.

Manufacturers of a range of parkland furniture and grandstand seating, pallets, lattice, survey/garden stakes, garden edging and custom made crates. Open to the Public.
Employment

**National Disability Coordination Officer Program**

**Location:** Equity Services  
Blue Building 1  
Charles Darwin University  
Casuarina Campus  
Ellengowan Drive CASUARINA

**Postal:** Office of Student Administration & Equity Services  
Casuarina Campus  
Blue 1.1.21  
Charles Darwin University  
DARWIN NT 0909

**Telephone:** 8946 6951  
**Fax:** 8946 6654  
**Email:** narelle.higginson@cdu.edu.au  
**Website:** www.cdu.edu.au/ndco  
**Hours:** Monday-Friday: 8.00am-4.21pm

The National Disability Coordination Officer program of the Northern Territory provides information, coordination and referral services to increase and improve transitional pathways for Territorians with a disability between community, school, post secondary education, training and employment.
NTWorking Women’s Centre

Location: 1/98 Woods Street DARWIN
Postal: GPO Box 403 DARWIN NT 0801
Telephone: 8981 0655
Freecall: 1800 817 055
Fax: 8981 0433
Email: admin@ntwwc.com.au
Website: www.ntwwc.com.au
Hours: Monday-Friday: 8.30am-4.30pm

Free and confidential information, advice, support and training for women about work-related issues.
FINANCIAL SUPPORT SERVICES

Credit and Debt Legal Service

Location: 8 Manton Street DARWIN
Postal: GPO Box 3180 DARWIN NT 0801
Telephone: 8982 1111
Freecall: 1800 812 953
Fax: 8982 1112
Email: info@dcls.org.au
Website: www.dcls.org.au
Hours: Tuesdays: 8.30am-5.00pm
Parent Body: Darwin Community Legal Service

The service provides credit and debt advice to anyone having problems with:

- Debt recovery;
- Loans and credit cards;
- Bankruptcy;
- Mortgages and repossession; and
- Any other legal problem or dispute arising in relation to finances.
The Australian Government Department of Human Services - Financial Information Service

Casuarina Centrelink Service Centre
Location: 50 Bradshaw Terrace CASUARINA
Postal: PO Box 7800 BC ACT2610
Website: www.humanservices.gov.au
Hours: 7.45am-4.45pm

Darwin Service Centre
Location: 24 Knuc key Street DARWIN
Postal: PO Box 7800 BC ACT2610
Website: www.humanservices.gov.au
Hours: 8.00am-4.30pm

Palmerston Centrelink Service Centre
Location: 2 Maluka Street PALMERSTON
Postal: PO Box 7800BC ACT2610
Website: www.humanservices.gov.au
Hours: 7.45am-4.45pm
Telephone: To speak to a FIS Officer and find out more about investment products or seminars and make a booking, call:
Local - 132 300
National – 136 357
Email: fis.seminar.bookings@humanservices.gov.au with the title, date and location or the seminar you are interested in, and an alternative contact.

Our free and confidential Financial Information Service provides education and information on financial and lifestyle issues for all Australians.

Financial Information Service officers hold financial education seminars in a range of locations across Australia.
Alcoholics Anonymous

Location: Office 5A Nightcliff Community Centre
Bauhinia Street NIGHTCLIFF
Postal: PO Box 40760 CASUARINA NT 0811
Telephone: 8948 5202
Email: aa.darwin@bigpond.com
Website: www.aa.org.au
Hours: Monday-Friday: 11.00am-2.00pm (24 hour phone contact)
Parent Body: General Service Board of Alcoholics Anonymous

Fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

A Recovery Program and Support is also offered and the primary purpose is to stay sober and help other alcoholics to achieve sobriety.
Alzheimer’s Australia NT Inc

Location: 3/18 Bauhinia Street NIGHTCLIFF
Postal: PO Box 515 NIGHTCLIFF NT 0814
Telephone: 8948 5228
Freecall: 1800 100 500
Fax: 8948 5229
Email: nt.admin.d@alzheimers.org.au
Website: www.fightdementia.org.au
Hours: Monday-Thursday: 8.30am-4.30pm
Friday: 8.30am-4.00pm
Parent Body: Alzheimer’s Australia

Alzheimer’s Australia NT Inc. provides counselling, support, information and advocacy for people living with dementia, their families and carers, through support programs and education about dementia for both the general public, health professionals and family carers.

Promoting risk reduction to increase public awareness through community education sessions.
Arthritis & Osteoporosis NT (AONT)

Location: Shop 18 Rapid Creek Business Village
48 Trower Road MILLNER
Postal: PO Box 452 NIGHTCLIFF NT 0814
Telephone: 8948 5232
Freecall: 1800 011 041
Fax: 8948 5234
Email: info@aont.org.au
Website: www.aont.org.au
Hours: Monday-Thursday: 9.30am-2.00pm
Parent Body: The Arthritis Foundation of the Northern Territory Inc.

Provide information and support for people with arthritis and osteoporosis and/or related conditions.

Services include information sheets and booklets, newsletters, library, self-management courses and support groups.

Available to provide presentations and information stands to interested groups.

Asthma Foundation NT

Location: 14/16 Charlton Court WOOLNER
Postal: PO Box 39962 WINNELLIE NT 0821
Telephone: 8981 6066
Freecall: 1800 645 130
Fax: 8981 9066
Email: asthmant@asthmant.org.au
Website: www.asthmafoundation.org.au
Hours: Monday-Friday: 9.00am-5.00pm

Education and support services for people with asthma and respiratory conditions.
**Australian Hearing**

Location: CASUARINA  
Postal: PO Box 40350 CASUARINA NT 0811  
Telephone: 8920 5900  
Fax: 8945 5522  
Website: [www.hearing.com.au](http://www.hearing.com.au)  
Hours: 8.00am-4.30pm  
Parent Body: Australian Hearing

Hearing Rehabilitation for eligible adults and children. Testing, fittings and follow ups.

**Breast Screen NT**

Location: 1st Floor Casuarina Health Services Building  
9 Scaturchio Street CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Freecall: 132 050  
Fax: 8922 6440  
Screen times by appointment  
Parent Body: Department of Health

Breast Screen NT provides free breast x-rays for the early detection of breast cancer in women aged 50-69 years. These detect most breast cancers, including those too small to be felt. Women over 70 are welcome, please telephone 132 050.
Coeliac Disease Support Group

Location: 29 Dalwood Crescent MALAK
Postal: 29 Dalwood Crescent MALAK NT 0812
Telephone: 8927 4310
Fax: 8922 8310
Email: wverus@bigpond.net.au
Hours: 5.30pm-9.00pm
Parent Body: Coeliac Australia

Provides advice to people diagnosed with Coeliac Disease and Gluten Intolerance and provides free gluten-free supermarket tours.

Community Adult Health Team (CAHT)

Location: 1st Floor Casuarina Plaza
Cnr Trower Road & Vanderlin Drive CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7424
Fax: 8922 7444
Email: CAHT.THS@nt.gov.au
Website: www.health.nt.gov.au
Hours: Monday-Friday: 8.00am-4.21pm
Parent Body: Department of Health

The Community Adult Health Team (CAHT) is a team of allied health professionals who work with adults and their families throughout the Darwin and Palmerston regions.

The team comprises of Speech Pathologists, Occupational Therapists, Physiotherapists and support staff.

CAHT Therapists are primarily involved in assessing clients and then prescribing equipment, recommending home modifications and referring clients onto other community based services.
**Disability Services Team**

Location: 1st Floor Casuarina Plaza  
Cnr Trower Road & Vanderlin Drive  
CASUARINA  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7424  
Website: [www.health.nt.gov.au](http://www.health.nt.gov.au)  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Heath

Disability Services Team provides comprehensive person centred assessment in order to develop individualised support plans that enhance independence, personal self esteem and capacity within the community.  
This includes Case Management and Behavioural Management.

**Executive Office of Adult Guardianship**

Location: Level 1 Health House  
87 Mitchell Street DARWIN  
Postal: PO Box 40596 CASUARINA NT 0811  
Telephone: 8922 7343  
Fax: 8922 7304  
Hours: 8.00am-4.21pm  
Parent Body: Department of Health

Investigate and assess applications for the appointment of an Adult Guardian for people who have an intellectual disability and require assistance with decision making relevant to daily living.

Assistance to make reasoned and informed decisions usually in areas of accommodation, health care, day to day care and financial management.
Family Planning Welfare Association NT

Location: Unit 2 The Clock Tower
                 Dick Ward Drive COCONUT GROVE
Postal: PO Box 503 NIGHTCLIFF NT 0814
Telephone: 8948 0144
             8948 0326
Fax: 8948 0626
Email: admin@fpwnt.com.au
Website: www.fpwnt.com.au
Hours: Clinical service Monday to Friday
       Education/health promotion service upon request

Clinical service open to both women and men addressing Sexual and Reproductive Health.

Our clinics are designed to accommodate disabled community members.

Education/health promotion is delivered upon request. Visit the website for further information.
**MS Society SA and NT**

Location: 11/18 Bauhinia Street NIGHTCLIFF
Postal: PO Box 867 NIGHTCLIFF NT 0814
Telephone: 8948 5300
Freecall: 1800 812 311
Fax: 8948 5344
Email: nt@ms.asn.au
Website: www.ms.asn.au
Hours: Tuesday and Thursday: 9.00am-4.30pm
Parent Body: MS Society SA & NT

The MS Society provides a wide range of services to people with MS and allied neurological conditions, their families, carers and allied health professionals, including education, information and support.

**NT Cervical Screening Program and NTPap Smear Register**

Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 6454
Freecall: 131 556
Fax: 8922 6455
Email: ntpapsmearregister.ths@nt.gov.au
Parent Body: Department of Health

Well Women’s Cancer Screening

The register records your confidential pap smear results and sends a reminder letter if you are overdue for your next pap smear.

Prevent 90% of cervical cancer by having regular pap smears with your Doctor, Nurse or Aboriginal Health Worker.
Health Services

**Prosthetics and Orthotics Department**

Location: Royal Darwin Hospital  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 8241  
Fax: 8922 8231  
Email: prostheticorthoticrdh.ths@nt.gov.au  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Department of Health NT

Comprehensive prosthetic and orthotic services including the manufacture and fitting of artificial limbs, braces and footwear modifications.

**Royal Darwin Hospital**

Location: Rocklands Drive TIWI  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 8888  
Website: [www.health.nt.gov.au/Hospitals/Royal_Darwin_Hospital](http://www.health.nt.gov.au/Hospitals/Royal_Darwin_Hospital)  
Hours: 24 hours  
Parent Body: Department of Health

Royal Darwin Hospital provides acute hospital care, a casualty department for emergencies and general and specialist outpatient clinics.
**Territory Palliative Care**

Location: Royal Darwin Hospital  
Rocklands Drive TIWI  
Postal: PO Box 41326 CASUARINA NT 0811  
Telephone: 8922 6761  
Fax: 8922 6775  
Email: simon.murphy@nt.gov.au  
Website: www.health.nt.gov.au  
Hours: Monday-Friday: 8.00am-4.21pm  
Parent Body: Royal Darwin Hospital

Palliative care strives to provide high quality care through an integrated service, accessible across the Northern Territory and is achieved through a client, family and carer centred approach which allows choice and is responsive to cultural and spiritual needs.

Community based consultancy service and Hospice Inpatient are provided.
Anti-Discrimination Commission

Location: Darwin:
Level 7, 9-11 Cavenagh Street DARWIN
Alice Springs:
Ground Floor Centre Point Building
54 Hartley Street ALICE SPRINGS
Postal: LMB 22 GPO DARWIN NT 0801
Telephone: 8999 1444
Freecall: 1800 813 846
Fax: 8981 3812
Email: administrationadc@nt.gov.au
Website: www.adc.nt.gov.au
Hours: Monday-Friday: 8.00am-4.21pm
Parent Body: NT Government

The Anti-Discrimination Act promotes equality of opportunity in the Territory by protecting people from unlawful discrimination in the specific areas of education; work; accommodation; goods; services and facilities; clubs; insurance and superannuation and from sexual harassment.

If you feel you have been discriminated against or treated unfairly; or for information on your rights and responsibilities or to organise training, contact the Anti-Discrimination Commission.
Commonwealth Respite and Carelink Centre

Location: Ground Floor
59 Bayview Boulevard BAYVIEW
Postal: GPO Box 1861 DARWIN NT 0801
Telephone: 8944 4888
Freecall: 1800 059 059
Fax: 8944 4889
Email: carelink@ntcarer.asn.au
Website: www.carersnt.asn.au
Hours: Monday-Friday: 8.30am-4.30pm
Parent Body: Carers NT Inc.

The Commonwealth Respite and Carelink Centre is an information and referral service for those in need of community care and their carers and includes organisations involved in the provision of community services.

The respite component of the service coordinates respite care and services for carers.
Consumer Affairs

Location: 1st Floor The Met Building
          13 Scaturchio Street CASUARINA
Postal:    PO Box 40946 CASUARINA NT 0811
Telephone: 8999 1999
Freecall:  1800 019 319
Fax:       8935 7738
Email:     consumer@nt.gov.au
Website:   www.consumeraffairs.nt.gov.au
Hours:     8.00am-4.00pm
Parent Body: NT Government – Department of Justice

Provision of a regulatory framework where community is informed on consumer rights and responsibilities and responsible business conduct is promoted.

Inform consumers of their rights whilst assisting conflict situations through dispute resolution processes.
Deaf NT

Location: Shop 14b Casuarina Plaza
258 Trower Road CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8945 2016 – Telephone/TTY/Fax
Fax: 8945 2016
Website: www.deafchildrenaustralia.org.au
Hours: Monday-Friday: 9.00am-1.00pm
Parent Body: Deaf Children Australia

DeafNT is a not for profit information and referral service which provides support to deaf and hard of hearing people of all ages.

Provides referrals to relevant organisations, Australian sign Language (Auslan) classes, individual advocacy, social opportunities plus more and facilitates support groups as the need is identified, such as for parents, tinnitus sufferers and indigenous deaf and hard of hearing people.

DeafNT has links with organisations such as Deafness Forum Australia, Better Hearing Australia, Deaf Australia, Australian Tinnitus Association and Deaf Sports Australia.
Epilepsy Action Australia

Postal: GPO Box 9878 DARWIN NT 0801
Freecall: 1300 374 537
Fax: 1300 886 894
Email: epilepsy@epilepsy.org.au
Website: www.epilepsy.org.au
Hours: Monday-Friday: 9.00am-5.00pm AEST

Epilepsy Action Australia is a national service provider delivering services to people with epilepsy and families affected by epilepsy.

Services include individual service plans, epilepsy information and guidance, first aid, seizure management planning, education and training programs including Online Academy courses, peer support programs, memory workshops and an Online Seizure Diary.
**INTERPRETING SERVICES**

**Interpreting and Translating Service NT**

Location: Ground Floor Pella House  
40 Cavenagh Street DARWIN

Postal: GPO Box 4621 DARWIN NT 0801  
Telephone: 8999 8506  
Fax: 8999 8475  
Email: itsnt@nt.gov.au  
Website: www.itsnt.nt.gov.au  
Hours: Monday-Friday: 8.30am-4.00pm

Services include:

- On-site interpreting service;
- Translation service;
- Cross-cultural awareness sessions; and
- Free services to NT Government Agencies and Non Government Organisations that deal with non-English speaking background clients who are Australian citizens or residents.
National Auslan Interpreter Booking and Payment Service (NABS)

Location: 40 Cavenagh Street DARWIN
Postal: GPO Box 2803 DARWIN NT 0801
Freecall: 1800 246 945
Fax: 1800 246 914
Email: bookings@nabs.org.au or e.temple@nabs.org.au
Website: www.nabs.org.au
Hours: Monday to Friday: 8.00am-8.00pm
Saturday: 8.00am-1.00pm
Interpreter hours: flexible / as required

NABS provides sign language interpreters for people who are deaf or hard of hearing and use signing as their primary language.

The service is provided throughout the NT for a variety of clients with a range of community needs.
**National Relay Service**

Location: Service is national  
Postal: 21a Elliott Street BALMAIN NSW 2041  
Telephone: 133 677 – TTY & voice calls  
1300 555 727 – speak & listen  
Freecall: 1800 555 660 – helpdesk  
1800 555 677 – TTY  
1800 555 727 – speak & listen  
Fax: 1800 555 690 – helpdesk  
Email: helpdesk@relayservice.com.au  
Website: www.relayservice.com.au  
Hours: Service available 24 hours 7 days a week  
Helpdesk is Monday-Friday: 9.00am-5.00pm  
(Sydney time)

The National Relay Service is a Commonwealth Government initiative which helps people who are deaf or have a hearing or speech impairment to make a telephone call.
Darwin Community Legal Service

Location: 8 Manton Street DARWIN (Cnr McMinn Street)
Postal: GPO Box 3180 DARWIN NT 0801
Telephone: 8982 1111
Freecall: 1800 812 953
Fax: 8982 1112
Email: info@dcls.org.au
Website: www.dcls.org.au
Hours: Monday to Friday: 9.00am-5.00pm

Darwin Community Legal Service provides a range of free services as follows:

- Aged and Disability Advocacy;
- Credit and Debt Legal Service;
- Disability Discrimination;
- Free Legal Advice Sessions at Darwin, Casuarina and Palmerston;
- Homelessness Legal Service;
- Welfare Rights; and
- Tenants’ Advice Service.
**NT Legal Aid Commission**

Location: 6th Floor  
9-11 Cavenagh Street DARWIN  
Postal: Locked Bag 11 DARWIN NT 0801  
Telephone: 8999 3000  
Freecall: 1800 019 343 - Legal Aid Helpline  
Fax: 8999 3099  
Email: info@ntlac.nt.gov.au  
Website: www.ntlac.nt.gov.au  
Hours: 8.00am-5.00pm

Provides free and confidential legal advice for civil, criminal and family law matters.

Legal Aid Helpline provides free and confidential information and referral to other helpful services, including referral to legal advice.

**Public Trustee for the Northern Territory - Will Service**

Location: Nichols Place  
Corner Cavenagh & Bennett Streets DARWIN  
Postal: GPO Box 470 DARWIN NT 0801  
Telephone: 8999 7271  
Fax: 8999 7882  
Email: public_trustee.doj@nt.gov.au  
Website: www.nt.gov.au/justice/pubtrust  
Hours: Monday-Friday: 8.30am-4.00pm

Provides inexpensive will service to concession card holders at a cost of $11.00 per will.
**Tenants' Advice Service**

Location: 8 Manton Street DARWIN
Postal: GPO Box 3180 DARWIN NT 0801
Telephone: 8982 1111
Freecall: 1800 812 953
Fax: 8982 1112
Email: tenants@dcls.org.au
Website: www.dcls.org.au
Hours: Monday to Friday: 9.00am-5.00pm
Parent Body: Darwin Community Legal Service Inc.

Free advice and advocacy service to residential tenants with regard to their rights and responsibilities in residential tenancies.

**Welfare Rights Service**

Location: Darwin Community Legal Service
8 Manton Street DARWIN
Postal: GPO Box 3180 DARWIN NT 0801
Telephone: 8982 1111
Freecall: 1800 812 953
Fax: 8982 1112
Email: info@dcls.org.au
Website: www.dcls.org.au
Hours: By appointment Monday to Friday: 9.00am-5.00pm
Parent Body: National Welfare Rights Network

Assistance with Centrelink issues including debts, asset assessment and eligibility.

Free legal advice on any Centrelink matters and appointments available in person or by telephone.
MENTAL HEALTH

Grow NT

Location: Unit 3/93 Mitchell Street DARWIN
Postal: GPO Box 1291 DARWIN NT 0801
Telephone: 8981 1210
Freecall: 1800 558 268
Fax: 8981 5160
Email: nt@grow.net.au
Website: www.grow.net.au
Hours: Monday-Friday: 9.00am-3.00pm
Parent Body: Grow National

Grow is a proven program for mental wellbeing.
Grow is a caring and supportive community based organisation that has developed a unique program for improving and maintaining mental wellbeing.
Grow is suitable for anyone willing to participate in their own mental wellbeing.

IMconcepts

Location: 2/3 Bishop Street WOOLNER
Postal: GPO Box 3023 DARWIN NT 0801
Telephone: 8941 3211
Fax: 8941 1830
Email: imconcepts@imconcepts.net.au
Website: www.imconcepts.net.au
Hours: Monday to Friday, excluding public holidays
Psychology Services.
MIFANT

Location: 1/18 Bauhinia Street NIGHTCLIFF
Postal: PO Box 40556 CASUARINA NT 0811
Telephone: 8948 5051
Fax: 8948 2473
Email: mentalhealthcarersnt@iinet.net.au
Website: www.mifa.org.au/mhcnt
Hours: 8.30am-4.30pm

MIFANT is a non-government organisation providing: support, advocacy, information, referrals and education for carers, families and friends of people who live with mental illness.

TEAMhealth – Top End Association for Mental Health Inc.

Darwin

Location: Level 5
62 Cavenagh Street DARWIN
Postal: GPO Box 4050 DARWIN NT 0801

Katherine:

Postal: PO Box 638 KATHERINE NT 0850
Telephone: 1300 780 081 - cost of a local call
Fax: 8943 9601
Email: teamhealth@teamhealth.asn.au
Website: www.teamhealth.asn.au
Hours: Various hours Monday-Friday
       Residential support 24 hours 7 days a week

TEAMhealth’s services are provided within a model of recovery, focused on psychosocial rehabilitation and within the framework of the National Mental Health Plan and Standards.

TEAMhealth also provides Community Aged Care Packages (CACP’s) in Darwin in the Top End.
Top End Mental Health Service

Location: PARAP
Postal: PO Box 140 PARAP NT 0804
Telephone: 8999 4988
Fax: 8999 4999
Website: www.health.nt.gov.au
Hours: 8.00am-4.30pm
Parent Body: Department of Health

Provides mental health services to the community in the Top End and offers a 24 hour emergency mental health service via telephone on 1800 682 288.
MOBILITY AIDS/ EQUIPMENT

Disability Equipment Program (DEP)

Location: Cascom Centre 2B
17 Scaturchio Street CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7244
Email: DEPDarwin@nt.gov.au
Website: www.health.nt.gov.au
Parent Body: NT Government - Department of Health

The Disability Equipment Program (DEP) aims to provide appropriate equipment, aids and appliances to eligible consumers, to enhance their safety and independence and to assist them to live and participate in their community.

Clients must meet certain criteria and need to have an assessment by an appropriate professional.
Keep Moving

Location: 15 Swan Crescent WINNELLIE
Postal: PO Box 37082 WINNELLIE NT 0821
Telephone: 8947 5122
Fax: 8947 2531
Email: reception@keepmoving.net.au
Website: www.keepmoving.net.au
Hours: Monday-Friday: 8.30am-4.30pm

Keep Moving is a professional supplier of Mobility and Rehabilitation Equipment for elderly people with a disability.

Keep Moving has a wide range of equipment to help with activities of daily living: walking sticks, walking frames, wheelchairs, electric hi-low beds, grab rails, ramps, body braces, e.g. knee, back and wrist.

Keep Moving has a Physiotherapist on-site to help with your equipment needs.
New Age Mobility

Location: 26/16 Charlton Court WOOLNER NT 0820
Postal: As above
Telephone: 8942 1549
Fax: 8942 1550
Email: newage1@bigpond.com
Website: www.newagemobility.com.au
Hours: Monday-Friday: 8.30am-4.30pm
Saturday: 9.00am-12.00pm

New Age Mobility offers great benefits to improve every day living. We sell and service mobility scooters, powerchairs, wheelchairs, walkers and other home health care products.

New Age Mobility also provides one-on-one consultations to help understand our customer’s specific needs and appreciate that no two people are the same and strive to find the perfect solution for each and every one.

NT Mobility Equipment

Location: 8/51 Pruen Road BERRIMAH
Postal: PO Box 1592 BERRIMAH NT 0828
Telephone: 8947 1227
Fax: 8947 1229
Email: ntmobilityequipment@bigpond.com
Website: www.wesellfunnt.com.au
Hours: Monday-Friday: 8.00am-5.30pm
Saturday: 8.00am-3.00pm

NT Mobility Equipment is an approved sales and service agent for Pride mobility equipment including lift chairs, scooters, electric and manual wheel chairs, rollators, shower and toilet aids.

NT Mobility Equipment also hire scooters, wheelchair, rollators and shower aids.
Office of Disability

Location: Cascom Centre 2B
17 Scaturchio Street CASUARINA
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 7244
Email: DEPDarwin@nt.gov.au
Website: www.healthy.nt.gov.au
Hours: 8.00am-4.21pm
Parent Body: NT Government - Department of Health

The Office of Disability provides support to Territorians with disabilities, children with developmental concerns, people who are aging, families and carers, through centralised access and referrals to specialists Aged and Disability Program services.

Located at Office of Disability are NT Companion Card Scheme, NT Pensioner and Carer Concession Scheme, NT Seniors Card Scheme and Disability Equipment Program.

Seating Equipment and Technical (SEAT) Service

Location: Block 15 Royal Darwin Hospital
Rocklands Drive TIWI
Postal: PO Box 40596 CASUARINA NT 0811
Telephone: 8922 8228
Website: www.health.nt.gov.au
Hours: 8.00am-4.21pm
Parent Body: NT Government - Department of Health

The SEAT Service provides customised pressure care, mobility and seating equipment for people with complex seating needs to ensure appropriate postural support, pressure relief and/or comfort to maximise a person’s function and participation in all environments (home and recreation).
REHABILITATION SERVICES

CRS Australia

Location: **Casuarina**
Cascom Complex
2/17 Scaturchio Street CASUARINA

**Palmerston**
Health Precinct
Cnr Roystonia & Temple Terrace PALMERSTON

Postal: PO Box 40773 CASUARINA NT 0811
Telephone: Casuarina: 8920 8000
          Palmerston: 8936 9255
Freecall: 1800 277 277
Fax: 8920 8022
Website: www.crsaustralia.gov.au
Hours: 8.30am-5.00pm
Parent Body: Department of Human Services

Disability Employment Services also offering Injury Prevention, Job in Jeopardy and Ergo/Worksite Assessments services.
Disability Employment Services - Disability Management Services

Location: Fannie Bay, Casuarina and Palmerston
Postal: PO Box 128 PARAP NT 0804
Telephone: 8941 9211
Fax: 8941 9012
Email: darwin@apm.net.au
Website: www.apm.net.au
Hours: Monday-Friday: 8.30am-5.00pm

APM is an Australian owned provider of innovative services in injury prevention and injury and disability management.

APM provides comprehensive, personalised Disability Management Services that combine vocational rehabilitation services with employment assistance.

Services are sensitive to individuals' circumstances and background and are tailored to individuals' needs and abilities.
Rehabilitation Services

Location: Building 15 Royal Darwin Hospital
Rocklands Drive TIWI
Postal: PO Box 41326 CASUARINA NT 0811
Telephone: 8922 8866
Fax: 8922 8900
Email: sandy.mcconachy@nt.gov.au
Hours: Monday-Friday: 8.00am-4.21pm
Parent Body: Northern Territory Government

Rehabilitation Services provides a comprehensive inpatient and outpatient service to Northern Australia.

Rehabilitation Services provide a multidisciplinary approach which aims to assist people achieve optimum level of function, independence and quality of life following injury or disease.
RESPITE

Frontier Services - Respite Options for Senior Territorians - Darwin

Location: 5 Luxton Street STUART PARK
Postal: As above
Telephone: 8942 3911
0438 452 908
Fax: 8942 3955
Email: rostfs@bigpond.com
Hours: Monday-Friday: 7.00am-7.00pm
Parent Body: Frontier Services

Day Respite for carers of Aged Territorians with a diagnosis of dementia.

The centre provides structured meaningful activities in a friendly home environment and offers transportation with our bus service and provides a home cooked meal daily.
Frontier Services - Respite Options for Senior Territorians - Palmerston

Location: 15 Waterhouse Crescent DRIVER
Postal: As above
Telephone: 8932 3399
Fax: 8932 3299
Email: rostfs@bigpond.com
Hours: Monday-Friday: 7.00am-7.00pm
Parent Body: Frontier Services

Day respite for carers of frail elderly people or younger people with a disability living in Palmerston and Rural Areas.

The centre provides structured meaningful activities in a homely environment and provides a home cooked lunch daily and our bus service can offer transportation.
Home and Community Care - Transport, Day Respite and Social Support

Location: Wanguri Place WANGURI
Postal: PO Box 36506 WINNELLIE NT 0821
Telephone: 8928 1189
Fax: 8928 1335
Email: dgrame@anglicare-nt.org.au
Website: www.anglicare-nt.org.au
Hours: Monday-Friday: 8.30am-5.00pm
Parent Body: Anglicare NT

HACC Transport Service is for frail aged people, 65 and over and people 50 years and over, who are indigenous and their partners or carers live in Darwin, Palmerston and Rural areas.

The service provides transport, support, advocacy, information and referral for individuals.
Arts Access Darwin

Location: Malak Shops
Chambers Crescent MALAK
Postal: PO Box 376 KARAMA NT 0813
Telephone: 8945 7347
Fax: 8945 7345
Email: artsaccess@darwincommunityarts.org.au
Website: www.darwincommunityarts.org.au

Follow link to Arts Access Darwin

Hours: 10.0am-3.00pm two days a week.
Ring or email to confirm which days the arts access officer is working as the days are flexible and set according to need.

Parent Body: Darwin Community Arts

Arts Access Darwin provides arts based workshops, professional development opportunities and events inclusive of people with a disability.

Arts Access Darwin also partners with disability service providers and mainstream arts organisations to increase access to and participation in the arts for people with a disability throughout the NT.

Arts Access Darwin is a member of Arts Access Australia, the national peak body for arts and disability.
Birch Carroll & Coyle Cinemas

Casuarina

Location: Casuarina Shopping Centre CASUARINA
Postal: GPO Box 329 DARWIN NT 0801
Telephone: 8945 7777
Fax: 8945 7788
Hours: 364 days of the year, closed Christmas Day
Website: www.birch.com.au

Darwin

Location: 76 Mitchell Street DARWIN
Postal: GPO Box 329 DARWIN NT 0801
Telephone: 8981 5999
Fax: 8981 2104
Hours: 364 days of the year, closed Christmas Day
Website: www.birch.com.au

The ‘Seniors Club Online’ offers the following:

- There is no joining fee;
- It works at any Birch Carroll & Coyle, Greater Union or Event Cinema;
- See 10 movies get one free;
- Exclusive candy bar offers;
- Free breakfast when staying at Rydges Hotels and Resorts;
- Advance member screenings; and
CMAX Cinemas

Location: The Hub Complex
3 Maluka Street PALMERSTON
Postal: PO Box 900 PALMERSTON NT 0831
Telephone: 8931 2555 – Michael Schneider (Managing Director)
Fax: 8931 2275
Email: cmax@cmaxcinema.com.au
Website: www.cmaxcinema.com.au
Hours: Please call for session times or view movie times on the website. Closed Christmas Day only.

Discount movie tickets as below:
- NT Seniors Cardholder – admit one per card $8.00;
- National Seniors Cardholder – one admit per card $13.00;
- Pensioner & Carer Concession Card (NT Government) – admit one concession price per card; and
- NT Government issued Companion Card – one complimentary admit.

Coconut Grove Seniors Hall Inc.

Location: Musgrave Crescent NIGHTCLIFF
Postal: PO Box 1022 NIGHTCLIFF NT 0814
Telephone: 8948 0705
8941 5213
8948 1878
Hours: First Sunday of month – Movie Session 2.00pm
Third Sunday of month – Bingo Session 2.00pm

A committee of volunteers organise the above events and lunches for members on various special days and organise excursions from time to time and issue a monthly newsletter.
Darwin Bowls and Social Club

Location: 8 Conacher Street FANNIE BAY
Postal: GPO Box 545 DARWIN NT 0801
Telephone: 8981 3221
Fax: 8981 3476
Email: darwinbowlsclub@bigpond.com
Website: www.darwinbowlsclub.com.au
Hours: From 9.30am
Parent Body: Bowls NT, Bowls Australia

Darwin has a wide range of bowls competitions and events available that should suit all bowlers, new and experienced with inter-club, intra-club and social games.

Social bowls are held on the following days and times:

- Tuesday, Wednesday and Sunday mornings (9.30am for 10.00am start)
- Thursday and Friday evenings (5.30pm for 6.00pm start)

Disabled Sports Association

Postal: PO Box 40194 CASUARINA NT 0811
Telephone: 8945 4800
Fax: 8927 8866
Email: disabledsportnt@bigpond.com
Hours: 8.30am-4.00pm
Parent Body: AAWD

Promotes participation in sport for people with disabilities.
Family History

Location: 1st Floor
25 Cavenagh Street DARWIN
Postal: PO Box 37212 WINNELLIE NT 0821
Telephone: 8981 7363
Outside hours: 0412 018 015
Fax: 8981 7383
Email: gsntinc@bigpond.net.au
Website: www.members.iinet.net.au/~genient
Hours: Monday and Tuesday: 9.30am-5.15pm
Saturday: 1.00pm-5.30pm

Want to learn more about how to research your family history? Our Library has resources to help – all States of Australia as well as overseas.

Greek Coffee Club

Location: Greek School
17 Chapman Road NIGHTCLIFF
Postal: GPO Box 926 DARWIN NT 0801
Telephone: 8981 7203
Hours: Thursdays: 11.00am-2.30pm

Social Club providing guest speakers, outings and lunches.
Grey Panthers

Location: Tracks Dance Studio
Frog Hollow Centre for the Arts
56 McMinn Street DARWIN
Postal: GPO Box 823 DARWIN NT 0801
Telephone: 8941 1410
Fax: 8941 2835
Email: admin@tracksdance.com.au
Website: www.tracksdance.com.au
Hours: Fridays: 10.00am-12.00pm
Parent Body: Tracks Dance

Contemporary dance class for senior women over 60 years of age, with some performance outcomes.

Libraries Casuarina, City, Karama & Nightcliff

Location: Casuarina Library
17 Bradshaw Terrace CASUARINA
City Library
Civic Centre
17 Harry Chan Avenue DARWIN
Karama Library
Karama Shopping Centre
Kalymnos Drive KARAMA
Nightcliff Library
Pavonia Place NIGHTCLIFF
Postal: GPO Box 84 DARWIN NT 0801
Telephone: 8930 0200 – Casuarina
8930 0230 – City
8927 2505 – Karama
8985 1461 – Nightcliff
Email: dccl@darwin.nt.gov.au
Website: www.darwin.nt.gov.au
Parent Body: City of Darwin
### Hours:

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<tr>
<th>Days</th>
<th>Casuarina</th>
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<th>Karama</th>
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Computers with built-in features to help those with visual impairments are available as well as multi-walkers for people with mobility limitations.

A wheelchair is available for use at Casuarina Library and ramp access and accessible toilets are available.
Line Dancing

Location: Seniors Hall
Musgrave Crescent COCONUT GROVE
Postal: PO Box 41740 CASUARINA NT 0811
Telephone: 0428 784 951 - Secretary
Hours: Monday: 6.30pm-9.00pm
       Wednesday: 6.30pm-8.30pm
       Thursday: 10.00am-12.30pm
       Saturday: 10.00am-12.30pm
Parent Body: Top End Mustangs Inc.

Top End Mustangs is a line dancing group where you can learn to line dance in a fun and friendly atmosphere.

Classes are available from beginner to intermediate level.

Please call for further information.
Museum & Art Gallery of the Northern Territory

Location: 19 Conacher Street, THE GARDENS
Postal: GPO Box 4646 DARWIN NT 0801
Telephone: 8999 8246
Fax: 8999 8289
Email: museum.magnt@nt.gov.au
Website: www.magnt.nt.gov.au
Hours: Monday - Friday: 9.00am-5.00pm
Saturday - Sunday: 10.00am -5.00pm
Public Holidays: 10.00am-5.00pm
(Closed: Christmas Day, Boxing Day, New Years Day and Good Friday)
Parent Body: Northern Territory Government

The Museum & Art Gallery of the Northern Territory is the Northern Territory premier cultural institution.

The museum complex consists of five major permanent galleries, education facilities for school groups, the museum gift shop and the Cornucopia Museum Café.
National Trust NT - Larrakeyah Branch

Location: Burnett House
4 Burnett Place LARRAKEYAH
Postal: GPO Box 4783 DARWIN NT 0801
Telephone: 8981 0165
Email: foh.ntnt@internode.on.net
Website: www.nationaltrustnt.org.au
Hours: Monday – Saturday: 10.00am-1.00pm
Parent Body: National Trust of Australia NT

Larrakeyah Branch opens Burnett House to the public daily and provides afternoon tea in the gardens every Sunday afternoon.

It hosts functions for disability related organisations and participates annually in Seniors Month.

It regularly holds seminars of historical and heritage interest.

Nican Inc.

Location: 5/48 Brookes Street MITCHELL ACT
Postal: PO Box 110 MITCHELL ACT 2911
Telephone: 02 6241 1220
Freecall: 1800 806 769
Fax: 02 6241 1224
Email: info@nican.com.au
Website: www.nican.com.au
Hours: 9.00am-4.00pm

National information service on recreation, sports, arts and tourism for people with a disability.

Nican also administers the Qantas Carer Concession Card with a cost of $27.50 for 3 years.
**Nightcliff Evergreens Club**

Location: Nightcliff Sports and Social Club  
Camphor Street NIGHTCLIFF  
Postal: PO Box 866 NIGHTCLIFF NT 0814  
Telephone: 8985 2533

Meetings second and fourth Wednesday of the month: 10.30am-1.30pm.

Activities include guest speakers, entertainment, day trips, luncheons and morning teas, plus weekly sessions of craft (Monday 10.00am), carpet bowls (Monday 2.00pm) and canasta (Friday 1.00pm).

**NT Field Naturalists Club Inc.**

Postal: PO Box 39565 WINNELLIE NT 0821  
Telephone: 8921 8226  
Email: See website  
Website: https://sites.google.com/site/ntfieldnaturalists/home/

The Club promotes the appreciation, study and conservation of NT flora and fauna through monthly guest speakers, field trips and a newsletter.

A peer-reviewed journal, The Northern Territory Naturalist, is published annually.
Palmerston Dance Club and Dance 4 Fun

Location: Gray Community Centre
Cnr Essington Avenue & Victoria Drive GRAY
Postal: PO Box 92 NIGHTC Liff NT 0814
Telephone: 8948 0838
0408 705 432
Email: danceteacher_vjh@live.com.au
Hours: Thursdays: 7.00pm-9.30pm; and
Third Saturday of each month: 7.30pm-11.00pm

Thursdays - Ballroom, Latin and progressive basics. Tuition 7.00pm to 8.00pm then supper. General social dancing, $5.00.

Monthly third Saturday “Dance 4 Fun”, 7.30pm to 11.00pm, raffle and door prizes.

Lovely floor, great music and very friendly - all welcome $5.00.

Palmerston Senior Songsters

Postal: C/- PO Box 681 HOWARD SPRINGS NT 0835
Telephone: 0403 470 779
Hours: Wednesday: 7.00pm

Want to have fun and you are over 50, then come and join in with the Palmerston Senior Songsters.

For further details, contact Margaret.
Scottish Country Dancing

Location: Malak Community Centre
Malak Crescent MALAK
Postal: 4 Eagle Court WULAGI NT0812
Telephone: 8927 9203
Email: anguka@intemode.on.net
Website: www.users.on.net/anguka
Hours: Saturday: 2.00pm-4.00pm
Other courses by arrangement

Weekly sessions teaching and promoting Scottish Country Dancing to all nationalities.

Happy, friendly, social dancing to splendid music, run by top internationally accredited teachers.

20% off each 12-week Beginners Course in February and August for Seniors Card holders.
Swimming Pools - Casuarina, Parap & Nightcliff

Casuarina
Location: Angelo Street CASUARINA
Telephone: 8927 9091
Fax: 8928 1238

Nightcliff
Location: Casuarina Drive NIGHTCLIFF
Telephone: 8985 1682
Fax: 8985 1682

Parap
Location: Ross Smith Avenue PARAP
Telephone: 8981 2662
Fax: 8981 2048
Parent Body: City of Darwin

Public swimming, lap swimming, swimming lessons and aqua classes.

Ramp access, accessible toilets and hydraulic pool lifts available.

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Tactile ARTS

Location: 19 Conacher Street FANNIE BAY – on the grounds of the Museum & Art Gallery of NT
Postal: GPO Box 1479 DARWIN NT0801
Telephone: 8981 6616
Fax: 8981 7175
Email: tcdarwin@bigpond.com
Website: www.territorycraft.org.au
Hours: Office: Tuesday-Friday: 9.30am-4.30pm
       Gallery: Tuesday-Friday: 9.30am-4.30pm
       Saturday & Sunday: 10.00am-3.00pm

Tactile ARTS delivers contemporary craft workshops.
Members enjoy discounts on workshops and purchases at our retail outlet, can participate in craft fairs and members exhibitions and are able to access studios and equipment.
Seniors concession available on membership fees.

Toastmasters

Location: Casuarina Community Room
   (next to City of Darwin Library, within the same building complex)
Freecall: 1300 304 069
Mobile 0421 088 933
Email: contact@darwintoastmasters.org
Website: www.darwintoastmasters.org/
Hours: First and Second Tuesday at 7:15pm
Parent Body: Toastmasters International

Toastmasters is an organisation that seeks to improve public speaking.
Tourism Top End

Location: 6 Bennett Street DARWIN
Postal: GPO Box 4392 DARWIN NT 0801
Freecall: 1300 138 886
Fax: 8981 7346
Email: info@tourismtopend.com.au
Website: www.tourismtopend.com.au
Hours: Monday-Friday: 8.30am-5.00pm
Saturday-Sunday: 9.00am-3.00pm

Tourism Top End can provide details of those service providers offering accommodation and tours that cater for seniors and disabled persons.

Contact Tourism Top End for details that can cater to your needs.

Tuesday Senior Citizens Group

Location: Casuarina Community Room
Casuarina Square CASUARINA
Postal: GPO Box 3143 DARWIN NT 0801
Telephone: 8927 0767 - Maria Vlastuin
8945 9065 - Freda Brocker
Hours: Tuesday: 9.30am-1.30pm

Morning tea, lunch, bingo and raffle.
Calvary Silver Circle

Location: Unit 1/18 Totem Road COCONUT GROVE
Postal: PO Box 41308 CASUARINA NT 0811
Telephone: 8985 6988
Fax: 8948 0054
Website: www.calvarysilvercircle.org.au
Hours: 7 days a week
Parent Body: Little Company of Mary

Calvary Silver Circle offers a wide range of services which are tailored to assist people to remain living in their home for as long as possible.

Services include:

- Personal Care;
- Home Care;
- Respite;
- Companionship;
- Home Alert; and
- Information and Advice.
Camp Quality Ltd Northern Territory

Location: Shop 9 Rapid Creek Business Village
        48 Trower Road MILLNER
Postal:   PO Box 796 NIGHTCLIFF NT 0814
Telephone: 8985 4433 or 0452 588 892
Fax:       8985 4411
Email:     kellie.boja@campquality.org.au
Website:   www.campquality.org.au
Hours:     Wednesday, Thursday and Friday: 8.30am-4.30pm
Parent Body: Camp Quality Ltd

Camp Quality’s purpose is to create a better life for every child living with cancer in Australia.

We do this by bringing optimism and happiness to the lives of children and families affected by cancer and believe that laughter is the best medicine.

CanTeen – Northern Territory Office

Location: Shop 9 Rapid Creek Business Village
        48 Trower Road MILLNER
Postal:   PO Box 41700 CASUARINA NT 0811
Telephone: 8985 2013
Fax:       8985 2071
Email:     nt@canteen.org.au
Website:   www.canteen.org.au
Hours:     Monday-Friday: 9.00am-5.00pm
Parent Body: CanTeen

CanTeen – The Australian Organisation for Young People Living with Cancer supports Young Australian’s who have been diagnosed with Cancer or have a sibling or parent whom has been diagnosed with Cancer, through peer support.
Carers NT Inc.

Location: 59 Bayview Boulevard BAYVIEW
Postal: GPO Box 1861 DARWIN NT 0801
Telephone: 8944 4888
Freecall: 1800 200 422
Fax: 8944 4889
Email: carersnt@carersnt.asn.au
Website: www.carersnt.asn.au
Hours: Monday-Friday: 8.30am-4.30pm
Parent Body: Carers NT

Carers NT is a not-for-profit, community-based organisation dedicated to improving the lives of family carers living in the Northern Territory.

Carers NT aims to work in active partnership with carers, persons with care and support needs, the wider community to achieve an improved quality of life for carers and offers services to carers.

Carpentaria Disability Services

Location: 37 Henbury Avenue TIWI
Postal: PO Box 63 KARAMA NT 0813
Telephone: 8945 4977
Fax: 8945 0518
Email: cds@carpentaria.org.au
Website: www.carpentaria.org.au

To provide quality services for Territorians with disabilities and high support needs, to enable them and their families to have increased opportunities to participate in all aspects of community life.

Services offered include Support Living, Respite, Lifestyle Options and Early Intervention.
Cerebral Palsy Support Group

Location: Darwin
Postal: PO Box 42045 CASUARINA NT 0811
Telephone: 0418 857 042
Fax: 8945 9249
Email: ninthhourmusic@gmail.com
Website: www.cpnt.org.net.au

CPNT aims to encourage parents and families caring for a person with Cerebral Palsy. It hopes to provide up-to-date information on local service providers in the Darwin area through its website and seeks to raise community awareness about the condition.
Darwin Community Access Service

Location: Wanguri Shopping Centre
Wanguri Place WANGURI
Postal: PO Box 36506 WINNELIE NT 0821
Telephone: 8928 1442
Fax: 8928 1335
Email: sdykstra@anglicare-nt.org.au
Website: www.anglicare-nt.org.au
Hours: Monday-Friday: 8.30am-4.30pm
Parent Body: Anglicare NT

DCAS offers a flexible, client focused service for people with a disability, funded by the NT Department of Health.

The service provides a qualified Disability Support Worker for one-on-one support and a small hourly fee applies.

Services involve support for adults who do not live in funded supported accommodation, community access, advocacy, information and referrals. An Individual Program Plan is developed in consultation with other stakeholders.

DCAS Brokerage Service is a non-funded service offering flexible, client focused support for individuals with a disability who are unable to access the funded service.

The service provides a qualified Disability Support Worker to support the person with community access. An hourly fee applies and transport can be arranged if required.
Guide Dogs NT Vision Services

Location: 4/5 Keith Lane FANNIE BAY
Postal: PO Box 154 PARAP NT 0804
Telephone: 8995 2222
Fax: 8995 2223
Email: info@guidedogs.org.au
Website: www.guidedogs.org.au
Hours: Monday-Friday: 8.30am-5.00pm
By appointment
Parent Body: Guide Dogs Association of SA & NT Inc.

Services to people who have low vision to help achieve goals of independence.

Orientation and mobility training promotes independence in day to day travel.

Low Vision Services training and aids for reading, writing and daily living tasks at home.
Healthy Living NT Diabetes Australia of the NT Inc.

Location: Shop 1 and 2
         Tiwi Place TIWI
Postal:   PO Box 40113 CASUARINA NT 0811
Telephone: 8927 8488
Fax:       8927 8515
Email:     info@healthylivingnt.org.au
Website:   www.healthylivingnt.org.au
Hours:     Monday-Friday: 8.00am-4.00pm

Healthy Living NT is an education centre which provides clients
with education on diabetes, nutrition, cardiac health as well as
cardiac rehab classes.

Healthy Living NT is the Northern Territory agent for the National
Diabetes Services Scheme.

Comment: Ramp access and accessible toilets.

Legacy NT

Location: 11 Nemarluk Drive LUDMILLA
Postal:    GPO Box 1492 DARWIN NT 0801
Telephone: 8948 0830
Freecall: 1800 LEGACY (534 229)
Fax:       8948 0830
Email:     legacy@legacynt.org
Website:   www.legacy.com.au
Hours:     Tuesday & Friday: 7.00am-9.00am

Caring for families of deceased and incapacitated war
veterans.
Library Services for Housebound

Location:  
Casuarina Library  
Bradshaw Terrace CASUARINA

City Library  
Civic Centre, Harry Chan Avenue DARWIN

Postal:  
GPO Box 84 DARWIN NT0801

Telephone:  
8930 0200 - Casuarina  
8930 0230 - City

Fax:  
8945 0004 - Casuarina  
8930 0562 - City

Email:  
dccl@darwin.nt.gov.au

Website:  
www.darwin.nt.gov.au

Parent Body:  
City of Darwin

City of Darwin Libraries offer a Housebound Service specifically designed for clients who are unable to visit their library personally due to disability.

Temporary Housebound Membership can be extended to those who are only housebound due to a temporary injury or operation.

For more information on this service, contact the Housebound Service Officers.
Linkcare Community Options

Location: Wanguri Shopping Centre
         Wanguri Place WANGURI
Postal:   PO Box 36506 WINNELIE NT 0821
Telephone: 8927 0392
Fax: 8928 1335
Email: dhathaway@anglicare-nt.org.au
Website: www.anglicare-nt.org.au
Parent Body: Anglicare NT

Linkcare is a Community Options Service that focuses on supporting frail-aged and complex needs seniors and their carers, from culturally and linguistically diverse backgrounds, in their homes, families and communities through the supplementation and support of existing informal care networks.

Linkcare approaches the planning of services around the needs of individuals, supporting their independence for as long as possible.

The service comprises case management, brokerage, advocacy, respite, in-home support services, personal care, social and community support.

Activities include Heart Starters’ gentle aerobic exercise (weekly), which includes lunch and guest speakers; and Cooking With Culture, a nutritional and social cooking activity (weekly).

A small session fee applies.
MyTime Mararra & MyTime Grandparents

Location: Playground House
Cnr McMillans Road and Lee Point Road
MARRARA

Postal: PO Box 13 NIGHTCLIFF NT 0814
Telephone: 8945 7775
Freecall: 1800 171 882
Fax: 8927 0608
Email: admin@playgroupnt.com.au
Website: www.playgroupaustralia.com.au

Hours: Mararra – Fridays: 11.00am-1.00pm
Grandparents – Wednesday: 1.00pm-3.00pm
(School terms only)

Parent Body: Playgroup Association of the Northern Territory Inc.

MyTime is a local support group for parents and carers of young children with a disability or chronic medical condition.

Socialise, have fun and share ideas and experiences with others who understand the rewards and intensity of caring for a young child with a disability or chronic medical condition. Guest speakers are invited to talk about services in the community and topics of interest and morning tea is also provided for free.

MyTime Grandparents is a local support group for grandparents who are caring for their grandchildren.

Socialise, have fun and share ideas and experiences with other grandparents whilst children are kept busy by fun and educational activities. Afternoon tea is provided for free.
Support Services

**Prosper Prostate Cancer Support Group**

**Location:** Harbour Room
Christ Church Cathedral
Smith Street DARWIN

**Postal:** C/- 52 Eden Street STUART PARK NT 0820

**Telephone:** 8981 4506

**Email:** ma.pa.willi@bigpond.com

**Hours:** All Hours

**Parent Body:** Prostate Cancer Foundation of Australia (PCFA)

To provide support and information to men and their families, from the newly diagnosed situation onwards.
Social Work Services - Department of Human Services (Centrelink)

Location: Casuarina: 50 Bradshaw Terrace CASUARINA
         Palmerston: 2 Maluka Street PALMERSTON
         Darwin: 24 Knuckey Street DARWIN

Telephone: 132 850
Freecall: TTY enquiries: 1800 810 586
Website: www.humanservices.gov.au

Hours: Casuarina and Palmerston: 7.45am-4.45pm
       Darwin: 8.00am-4.30pm

Parent Body: Department of Human Services

Social workers can help you during difficult times by providing confidential counseling, support and information.

If you or your family are experiencing a crisis that you cannot resolve, have no support, or do not know where to go for help; a social worker can assist with:

- Short-term counselling and support for difficult personal or family issues;
- Working out options;
- Information about, or referrals to, government and community support services;
- Discussing difficulties you are having in meeting your Activity Test or participation requirements.

People of all ages can talk to social workers about a range of issues, including domestic and family violence, homelessness, relationship breakdown, loss and bereavement, mental health and addictions.
Support Services

The Salvation Army Companion Club

Location: 3 Yanyula Drive ANULA
Postal: PO Box 40491 CASUARINA NT 0811
Telephone: 8945 1947
Fax: 8927 6875
Email: kaye.viney@aus.salvationarmy.org
Hours: Wednesday: 9.30am-11.30am
Parent Body: The Salvation Army

The Companion Club meets for seniors to form friendships, share morning tea and listen to guest speakers.

Occasionally there are outings.

Total Recreation NT Inc.

Location: Suite 2
98 Woods Street DARWIN
Postal: GPO Box 3217 DARWIN NT 0801
Telephone: 8981 3686
Fax: 8981 3616
Email: admin@totalrecreation.org.au
Website: www.totalrecreation.org.au
Hours: Flexible

Total Recreation offers a range of support for people with a disability. Support is directed towards individuals and/or groups depending upon the activity or available options.

All sport and recreation options take place in the community, the aim is to advance peoples’ opportunities for involvement in their community. Particular emphasis is placed on developing options that are sustainable.
Victims of Crime NT

Location: Suite 1 La Grande
8 Knuckey Street DARWIN
Postal: GPO Box 1258 DARWIN NT 0801
Telephone: 8941 0995
Freecall: 1800 672 242
Fax: 8941 0459
Email: vocalnt@bigpond.com.au
Website: www.victimsofcrime.org.au
Hours: 24 hours, 7 days per week

Court Support
Court Support can be arranged for those victims feeling traumatised or overwhelmed by the court process.

Advocacy
Victims of Crime NT can liaise on behalf of the client with the police, courts, solicitors and other agencies.

Clean-up and Securing Fund (Financial Assistance for Unlawful Entries)
The Government contracts the organisation to manage and distribute financial assistance to victims of unlawful entry to clean-up and secure their residential property after the crime, to a maximum of $250.
Public Transport Bus Services - Public Transport Division

Location: Level 1 Energy House
18-20 Cavenagh Street DARWIN
Postal: GPO Box 2520 DARWIN NT 0801
Telephone: 9824 7845
Fax: 8924 7841
Email: publictransport.dpi@nt.gov.au
Website: www.nt.gov.au/publictransport
Hours: Monday to Friday: 8.00am - 4.21pm
Parent Body: Department of Lands and Planning

Special services are provided for senior and the mobility impaired passengers.

- **Palmerston Hospital Shuttle**
  This free service is for seniors and mobility impaired passengers who reside in the Palmerston area and have an appointment at the Royal Darwin Hospital, Private Hospital, Diabetes Australia or the Farrar Medical Centre.

  Door to door services operate to and from the above medical facilities three times per day Monday to Friday excluding Public Holidays.

  To be eligible, passengers must be the holder of a current NT Government Pensioner and Carer Concession Card, NT Government Seniors Card, Vision Impaired Travellers Pass or a disability preventing them from using the regular bus services.

  To book please call 1300 978 995 and provide the following information:

  1. Your Name
  2. Pick up location
3. Drop off location
4. Appointment time
5. Appointment number, or Hospital registration number; or in the case of a visiting Doctor, the Doctor’s name
6. If wheelchair transport will be required

Please note: The shuttle bus has limited seats and bookings are subject to the availability (24 hour prior notice recommended).

Free transport is provided to and from the retirement facilities providing shopping and hospital transport for Leanyer Seniors Village, Fannie Bay and Tiwi Retirement Village Seniors.

To assist seniors on and off the bus, a transit Carer will be present, the bus also has the capability to carry at least two mobility aids.

**Leanyer Seniors Village**
**Tuesday and Thursday Bus Services**

**Morning Services**

<table>
<thead>
<tr>
<th>Pick Up/Drop Off</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leanyer Seniors Village</td>
<td>Leanyer Seniors Village road side</td>
<td>9:00am</td>
</tr>
<tr>
<td>Hibiscus Shopping Centre</td>
<td>Baroalba Street, opposite Pharmacy entrance</td>
<td>9:05am</td>
</tr>
<tr>
<td>Casuarina Shopping Centre</td>
<td>Bay 1 Casuarina Interchange</td>
<td>9:15am</td>
</tr>
<tr>
<td>Royal Darwin Hospital</td>
<td>Florey Avenue, bus bay inside hospital</td>
<td>9:25am</td>
</tr>
<tr>
<td>Leanyer Seniors Village</td>
<td>Leanyer Seniors Village road side</td>
<td>9:35am</td>
</tr>
</tbody>
</table>

**Afternoon Services**

<table>
<thead>
<tr>
<th>Pick Up/Drop Off</th>
<th>Location</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Royal Darwin Hospital</td>
<td>Florey Avenue, bus bay inside hospital</td>
<td>12:00pm</td>
</tr>
<tr>
<td>Casuarina Shopping Centre</td>
<td>Bay 1 Casuarina Interchange</td>
<td>12:10pm</td>
</tr>
<tr>
<td>Hibiscus Shopping Centre</td>
<td>Baroalba Street, opposite Pharmacy entrance</td>
<td>12:25pm</td>
</tr>
<tr>
<td>Leanyer Seniors Village</td>
<td>Leanyer Seniors Village road side</td>
<td>12:30pm</td>
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</table>
Fannie Bay and Tiwi Retirement Village Seniors
Monday and Wednesday Bus Services

**Morning Services**

<table>
<thead>
<tr>
<th>Pick Up</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Pearl Retirement Resort</td>
<td>11 Waratah Crescent Fannie Bay</td>
<td>9:00am</td>
</tr>
<tr>
<td>Fannie Bay Seniors Village</td>
<td>Corner Waratah Crescent / Kurringal Court Fannie Bay</td>
<td>9:05am</td>
</tr>
<tr>
<td>Woolworths Nightcliff</td>
<td>Dick Ward Drive Nightcliff</td>
<td>9:15am</td>
</tr>
<tr>
<td>Nightcliff Shopping Centre</td>
<td>Progress Drive Nightcliff (opposite shops)</td>
<td>9:20am</td>
</tr>
<tr>
<td>Casuarina Shopping Centre</td>
<td>Bay 1 at Casuarina Interchange</td>
<td>9:30am</td>
</tr>
<tr>
<td>Royal Darwin Hospital</td>
<td>Florey Avenue, Hospital bus bay</td>
<td>9:40am</td>
</tr>
<tr>
<td>Diabetes Australia</td>
<td>Tiwi Gardens Road</td>
<td>9:45am</td>
</tr>
<tr>
<td>Tiwi Gardens Lodge</td>
<td>Creswell Street Tiwi</td>
<td>9:50am</td>
</tr>
<tr>
<td>Casuarina Shopping Centre</td>
<td>Bay 1 at Casuarina Interchange</td>
<td>10:00am</td>
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</table>

**Afternoon Services**

<table>
<thead>
<tr>
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<td>Dick Ward Drive Nightcliff</td>
<td>12:45pm</td>
</tr>
<tr>
<td>Pearl Retirement Resort</td>
<td>11 Waratah Crescent Fannie Bay</td>
<td>12:55pm</td>
</tr>
<tr>
<td>Fannie Bay Seniors Village</td>
<td>Corner Waratah Crescent / Kurringal Court Fannie Bay</td>
<td>1:00pm</td>
</tr>
</tbody>
</table>

In addition to these services, all public buses are free for the following card holders.

**Seniors, Pensioners and Carers**
To gain access to free bus travel throughout the public bus network, persons holding any of the following cards are to present them to the bus driver:
- Australian Government Seniors’ Card
- Northern Territory Government Pensioner and Carer Concession Card
- Centrelink Pensioner Concession Card
- Centrelink Basics Card
- Valid Australian Government issued pensioner concession card.
- Basic Card
- Companion Card

**Cards Not Eligible for Free Transport**

Health Care Cards and non-Australian Government issued seniors’ cards (i.e. National Seniors’ Cards) are not eligible for free travel.

For more information about Public Transport services, please contact Public Transport Division on 8924 7666 or visit [www.nt.gov.au/publictransport](http://www.nt.gov.au/publictransport)
USEFUL CONTACTS & INFORMATION

Al-Anon Family Group

Location: DARWIN
Postal: PO Box 41687 CASUARINA NT 0811
Telephone: 1300 252 666
Freecall: 1300 252 666
Fax: 03 9620 2199 (Melbourne)
Email: agso@alphalink.com.au
Website: www.al-anon.alateen.org/australia

The purpose of Al-Anon is to help families and friends of alcoholics by offering hope and friendship, better understanding of the effects on themselves of someone else’s drinking.

There are 4 meetings held in the Darwin area.

Community Meeting Rooms Available for Hire

Casuarina

Location: Casuarina Library Meeting Room
Casuarina Library
Bradshaw Terrace CASUARINA
Postal: GPO Box 84 DARWIN NT 0801
Telephone: 8930 0211
Fax: 8945 0004
Email: dccl@darwin.nt.gov.au
Website: www.darwin.nt.gov.au
Parent Body: City of Darwin
**Darwin City**

Location: City Library Theatrette  
Civic Centre  
Harry Chan Avenue DARWIN

Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0230  
Fax: 8930 0233  
Email: dccl@darwin.nt.gov.au  
Website: www.darwin.nt.gov.au  
Parent Body: City of Darwin

**Darwin Suburbs**

Location: Malak Community Centre  
Malak Crescent MALAK

Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0556  
Fax: 8930 0311  
Email: darwin@darwin.nt.gov.au  
Website: www.darwin.nt.gov.au  
Parent Body: City of Darwin

The air-conditioned centre has a small room that adjoins the large room and shared toilet facilities.

It has a fully fenced outdoor grassed area at the rear including play equipment, barbeque and an undercover area.

Location: Nightcliff Community Centre  
18 Bauhinia Street NIGHTCLIFF

Postal: GPO Box 84 DARWIN NT 0801  
Telephone: 8930 0556  
Fax: 8930 0311  
Email: darwin@darwin.nt.gov.au  
Website: www.darwin.nt.gov.au  
Parent Body: City of Darwin

One air-conditioned meeting room is available for hire and accommodates 40 people comfortably.

The Centre is suitable for meetings, seminars and training.
Useful Contacts & Information

Location: Lyons Community Centre
          25 Damabila Drive LYONS
Postal: GPO Box 84 DARWIN NT0801
Telephone: 8930 0556
Fax: 8930 0311
Email: darwin@darwin.nt.gov.au
Website: www.darwin.nt.gov.au
Parent Body: City of Darwin

One air-conditioned meeting room is available for hire and accommodates 60 people comfortably.

Disability Hotline

Location: Civic Centre
          17 Harry Chan Avenue DARWIN
Postal: GPO Box 84 DARWIN NT0801
Telephone: 8930 0556
Fax: 8930 0311
Email: darwin@darwin.nt.gov.au
Website: www.darwin.nt.gov.au
Hours: Monday-Friday: 8.00am-5.00pm
Parent Body: City of Darwin
Health and Community Services Complaints Commission (HCSCC)

Location: Level 5 NT House  
22 Mitchell Street DARWIN
Postal: GPO Box 4409 DARWIN NT 0801
Telephone: 8999 1969
Freecall: 1800 004 474
Fax: 8999 6067
Email: hcscc@nt.gov.au
Website: www.hcscc.nt.gov.au
Hours: Monday-Friday: 8.00am-4.30pm

The Health and Community Services Complaints Commission (HCSCC) is an independent body that takes complaints about disability services, services for aged people and health services. HCSCC assists parties to resolve complaints, aid improvement of services and promote the rights of users.

Motor Vehicle Enthusiasts Club (MVEC)

Location: The Old Qantas Hanger  
MacDonald Street PARAP
Postal: GPO Box 911 DARWIN NT 0801
Telephone: 8942 0758
Email: mvec@internode.on.net
Website: www.mvec.org.au
Hours: Monday, Wednesday and Friday: 9.00am-3.00pm

MVEC opens the 1934 Qantas Hanger to the public to display the building, history and the Izod collection of industrial antiques.
Palmerston and Rural U3A

Location: Palmerston Library  
Postal: 8/8 Wright Crescent GRAY NT 0830  
Telephone: 8932 5212  
Email: msc.hoenfisch@southernphone.com.au  
Hours: Meets the fourth Tuesday of every month

A group of seniors who meet once a month in the Palmerston and Rural area.

The group tries to have something different every month and when there are five Tuesdays in a month, the Group does something different.
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