



**BICYCLE**  
NETWORK®

# RIDE2 WORK

**Host a Ride2Work Day breakfast at your workplace!**

**Wednesday 16 October 2019**

**Business name:**

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.....  
.....

**Business address:**

.....  
.....  
.....

**Ride2Work Day breakfast contact:**

**Name:** .....

**Email:** .....

**Phone:** .....

**How many employees will be riding to work and participating in the Ride2Work Day breakfast?**

.....  
.....  
.....

**Please return the completed form to [environment@darwin.nt.gov.au](mailto:environment@darwin.nt.gov.au) to register.**

**For more info call City of Darwin on:  
08 8930 0431**



Riding to work is one of the easiest ways to fit exercise into a daily routine.

By swapping the car or bus for a bike, you can get your recommended daily exercise without having to spend extra time or money at the gym.



**Share your Ride2Work Day pics!**

**Tag us on Instagram**

**#cityofdarwin #ride2work**



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# RIDE2 WORK

## Host your very own Ride2Work Day!

**Wednesday 16 October 2019**

**Kickstarter packs available from City of Darwin**  
Register today, as packs are limited.

### What's in the pack?

- A VOUCHER to help shout your workplace breakfast
- Posters and promotional materials
- Bike bells and other goodies.

### Business tips

- Spread the word about the benefits of riding to work.
- Host a workplace breakfast to reward those who already ride and encourage new riders.
- Provide a safe area for staff to store their bikes.
- Bike parking is FREE, a great incentive to ride in Darwin!



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