

HEALTHY DARWIN

Weekly Activity 2024-25 Wet Season

Zumba Mashup

Zumba dance incorporating traditional Zumba and Zumba Toning with light hand weights.

Suitable for all health types and ages - a do at your own pace class.

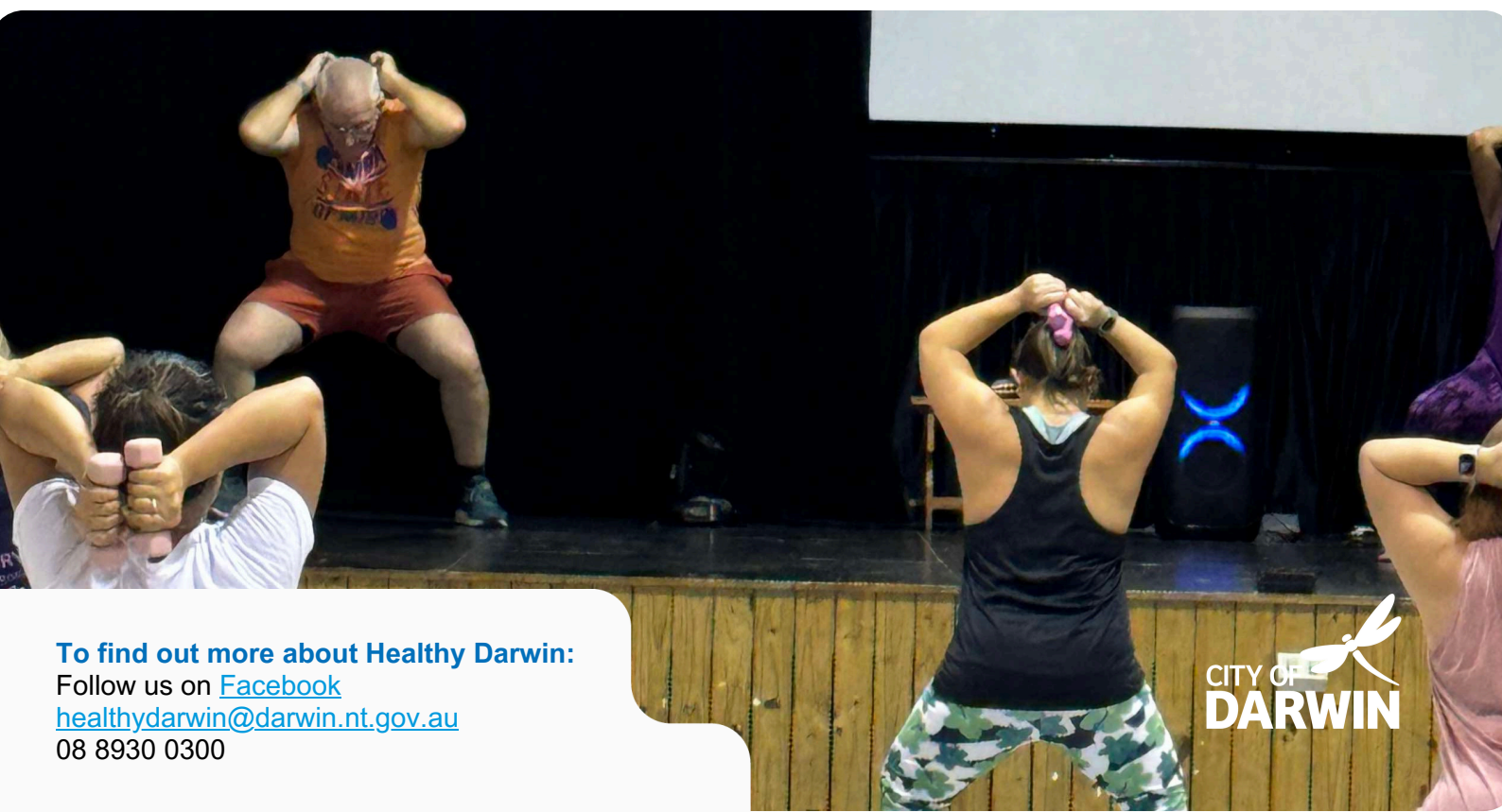
Thursdays 03 October - 27 March
6:15pm - 7:00pm
Harmony Hall
44 Patterson Street, Malak

No bookings required!
Instructor: Top End Zumba Crew
P - 0417 820 380
E - neil.mcdade@pfes.nt.gov.au



To find out more about this activity,
contact the instructor directly.

Only \$5 per session!



To find out more about Healthy Darwin:
Follow us on [Facebook](#)
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CITY OF
DARWIN