

HEALTHY DARWIN

2025-26 Wet Season
Healthy Lifestyle
Workshops & Short Courses

Health Workshop Series - The Spectrum Revealed

Extensive neuroplasticity research shows that the environment impacts brain development, and children who experience minimal interference with their nervous systems are more likely to comprehend their surroundings (Marzola, 2017).

How can we, as parents, provide stimulus, nutrition and activities that can help unleash their potential?

In this talk, we will cover the impact and breadth of neurodevelopmental disorders; key milestones of brain development in infants, children and teens, and tips on how to achieve them; things to look out for that can impede brain development; and ways to stimulate healthy brain development.

Wednesday 11 March 6:00pm - 7:00pm
Chiropractic Life Casuarina
46 Vanderlin Drive, Casuarina

★ **Bookings required! Scan QR Code to book**
Host: Chiropractic Life Casuarina
W - www.chiropracticlife.com.au



NO COST to attend!

To find out more about this activity, contact the host directly.



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