## HEALTHY DARWIN

## 2025-26 Wet Season Weekly Activity

## **Toddler & Guardian Dance Class**

A fun dance class for guardians and their 0-5yo children.

Dance and music is such a beautiful thing to share with your little ones. These classes are all about being free in your body and shaking it off. Come along and groove it out.

BYO yoga mat and baby carrier if you like.

Tuesdays 07 October - 31 March 9:15am - 10:15am Nightcliff Community Centre Boab Room 18 Bauhinia Street, Nightcliff

No bookings required! Instructor: Marissa - The BGs

**P -** 0426 002 782

E - marissakhush@gmail.com

To find out more about this activity, contact the instructor directly or follow <a href="The BGs">The BGs</a> - <a href="Baby & Guardian Grooves">Baby & Guardian Grooves</a> on Facebook.

The BGs

Only \$5 per family per session!

