

Stronger Together Workshops

Why Won't They Listen?! Managing Challenging Behaviours

Are you tired of repeating yourself, constant negotiations or massive meltdowns?

Discover practical ways that help manage challenging behaviours and make family life a little less stressful.

In this workshop, we will explore why children may push boundaries, resist instructions or struggle to manage their frustrations. Learn practical strategies to encourage cooperation, respond calmly to challenging behaviours and have more positive interactions with your child.

Saturday 07 November 10:00am - 11:15am
Casuarina Library Community Room
17 Bradshaw Terrace, Casuarina

★ **Bookings required!**

Host: Laura - Strong Minds Counselling Services

E - laura.strongminds@gmail.com

P - 0490 920 329



To find out more about this activity,
contact the host directly.

Only \$10 per adult!



To find out more about Healthy Darwin:

healthydarwin@darwin.nt.gov.au

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