



Receive
a free
raw dessert
recipe
booklet

Raw Chocolate Making Workshop

Sunday 31 October, 10:00am - 12:00pm

Many are becoming more aware of the toxic implications of refined sugar in our Western diets, yet the lure of the chocolate aisle can be too much for some! What if it was (really) easy to make your own chocolates that actually nourish your body?

In this hands-on workshop, you will:

- LEARN about the health benefits of Cacao over highly processed Cocoa

- OPEN your mind to the health implications of processed store-bought chocolates

- TASTE nature's flavours using therapeutic, food-safe essential oils

- CHOOSE your own unique flavouring

- MAKE your own nourishing raw chocolates to take home

- DEVOUR anything that accidentally passes your lips!

- BE IMPATIENT to get home and eat them and/or make more!

*Please be aware: one recipe contain nuts. If you have a nut allergy, please email hello@healthymunchkins.com.au to advise beforehand.

Location: Malak Community Centre, 13 Malak Crescent, Malak

Cost: \$25 per person

Bookings required! bit.ly/HealthyDarwinRawChocs

Contact: Alison - 0450 261 951

A great,
healthy
treat or
gift idea!

