HEALTHY Weekly Activities DARWIN 2023/24 Wet Season

Zumba

04/10/2023 - 27/03/2024

Looking for an affordable way to meet new people, exercise, dance and stay active?

Come join Zumba Sistas every Wednesday afternoon for a Zumba session you will never forget, incorporating dance styles like Salsa, Merengue, Bollywood, Hip Hop etc. from various music genres

No dance experience required Low to medium to high impact options provided

Wednesdays 6:15 pm - 7:00 pm Malak Harmony Hall 44 Patterson St. Malak NT 0812

No bookings required! Contact Zumba Sistas

P - 0402 260 070

E - mini.edwards@bigpond.com

W - www.fitnesshubdarwin.com

Only \$5 per session!

To find out more about the activity, contact the instructor directly.

Follow <u>Healthy Darwin</u> on Facebook

