

Zumba -**Dance Fitness Class**

Wednesdays 6:15-7:00pm

Various dance styles such as salsa, cumbia, hip hop, Bollywood etc. The class uses various music genres to dance

to as well.

Caters for all fitness levels and all ages and genders. Medium to high intensity workout. BYO

towel

& water

Healthy Darwin

bottle

Location: Harmony Hall, 44 Patterson Street, Malak **Cost:** \$5 per person No bookings required! Contact: Zumba Sistas 0402 260 070

darwin.nt.gov.au/healthydarwin P: 8930 0419 | E: healthydarwin@darwin.nt.gov.au

ZS ZUMBASISTASDARWIN