



Zumba

Wednesdays 6:15-7:00pm

Zumba incorporates various dance styles from many countries. Dance styles include cumbia, salsa, hip-hop, Bollywood to name a few. Music is from different genres.

This fitness program caters for all fitness levels from beginners to the advanced with high and low impact options at all times.

No dance skills required.

Location: Harmony Hall, 44 Patterson Street, Malak

Cost: \$5 per person

No bookings required!

Contact: Zumba Sistas 0402 260 070

A fun way to get fit!

BYO towel & water bottle



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www.darwin.nt.gov.au/community/programs/healthy-darwin
P: 8930 0419 | E: healthydarwin@darwin.nt.gov.au



Healthy Darwin