



Zumba

Wednesdays 6:15-7:00pm

A fun way to get fit!

Medium- to high-intensity cardio workout that incorporates many different dance styles such as Salsa, Bollywood, Hip Hop, and Merengue to name a few.

Caters for all fitness levels and all ages and genders.

Location: Harmony Hall, 44 Patterson Street, Malak

Cost: \$5 per person

No bookings required!

Contact: Zumba Sistas 0402 260 070

BYO towel & water bottle



ZUMBASISTASDARWIN



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