



WEEKLY SUBSIDISED ACTIVITIES

HOLIDAY CLOSURES - DEC 2022-JAN 2023

Like & Follow us on Facebook to see all our updates and events!

Seniors' Aqua

Mondays
12:00-12:45pm

NT Swim School
12 Caryota Court, Coconut Grove

Last class for 2022 - 12 Dec
First class for 2023 - 09 Jan

\$5

MADE Basketball Academy

Mondays
4:30-5:30pm

Location weather-dependent - check MADE's socials for details

Last class for 2022 - 19 Dec
First class for 2023 - 09 Jan

\$5

Empowering Women*

Tuesdays
9:15-10:00am

Lyons Community Centre
25 Damabila Drive, Lyons

Last class for 2022 - 06 Dec
First class for 2023 - 10 Jan

\$5

Indoor Circuit

Tuesdays
6:00-6:45pm

Boab Room - Nightcliff Comm. Centre, 18 Bauhinia Street

Last class for 2022 - 20 Dec
First class for 2023 - 10 Jan

\$5

Mindful Movement with Maria

Wednesdays
9:00-9:45am

Boab Room - Nightcliff Comm. Centre, 18 Bauhinia Street

Last class for 2022 - 21 Dec
First class for 2023 - 18 Jan

\$5

Zumba

Wednesdays
6:15-7:00pm

Harmony Hall
44 Patterson Street, Malak

Last class for 2022 - 14 Dec
First class for 2023 - 18 Jan

\$5

Mums & Bubs Yoga

Thursdays
10:30-11:30am

Agoy Yoga
28 Bishop Street, Woolner

Last class for 2022 - 22 Dec
First class for 2023 - 12 Jan

\$5

Boxfit

Thursdays
5:15-6:00pm

Harmony Hall
44 Patterson Street, Malak

Last class for 2022 - 15 Dec
First class for 2023 - 19 Jan

\$5

Strength For Better Balance*

Fridays
8:00-8:45am

via Zoom - contact Sharon for information

Last class for 2022 - 16 Dec
First class for 2023 - 20 Jan

\$5

Aqua HIIT

Saturdays
8:00-8:45am

Darwin Ski Club
20 Conacher St, Fannie Bay

Last class for 2022 - 17 Dec
First class for 2023 - 21 Jan

\$5

Healthy Darwin is taking a break

