Be Connected - Game Centre

Thursday 15 August, 1.00pm to 3.00pm Casuarina Library, Bradshaw Terrace, Casuarina Challenge yourself with games designed for use on a laptop or desktop computer. Test your memory or tease your brain while honing your keyboard and mouse skills. There are crosswords, memory games, spot the difference, word 'drag and drop' games and trivia questions to enjoy.

Bookings essential - BYO device encouraged.

Seniors at Karama Library

Friday 16 August, 9.30am to 12.30pm
Karama Library, Kalymnos Drive, Karama
This month's activity will be basket weaving, where
you can learn how to weave beautiful baskets using
natural materials such as seagrass, jute and sisal with

added beads and cloth for embellishment.

Bookings essential.

Shirt Bags with Jade

Friday 16 August, 1.00pm to 3.00pm
Library Hub, Civic Centre, Harry Chan Avenue, Darwin
Give a favourite old shirt a new lease on life by turning
it into a bag... just bring it along to this crafty session
and Jade will show you how!
Bookings essential.

Birds Nest Basket Weaving with Aly de Groot

Saturday 17 August, 1.00pm to 4.00pm
Casuarina Library, Bradshaw Terrace, Casuarina
Birds are like the architects of the animal kingdom,
constructing beautiful nests from gathered materials.
Nurture your 'bird mind' and think like our feathered
friends, using recycled and plant materials to weave
your own little treasure.

Bookings essential.

Jingili Community Garden Tour

Tuesday 20 August, 9.00am to 11.00am
Water Gardens, Freshwater Road, Jingili
Got a green thumb? Volunteers from Jingili Community
Gardens will take you on a guided tour of their gardens,
highlighting unique and interesting plants and providing
information on how you could get involved.

Bookings essential.

Movies at the Library - 'On the Basis of Sex'

Thursday 22 August, 6.00pm to 8.00pm
City Library, Civic Centre, Harry Chan Avenue, Darwin
On the Basis of Sex. On the Basis of Sex is a 2018
American biographical legal drama film based on
the life and early cases of Supreme Court Justice
Ruth Bader Ginsburg.

Bookings essential.

Bookings essential.

Deckchair Cinema - 'Top End Wedding'

Wednesday 28 August
Gates open at 6.00pm, Film starts at 7.30pm
Jervois Road, Waterfront
Screening 'Top End Wedding'
Enjoy a local film in local style at Darwin's premier outdoor cinema! Lauren and Ned are engaged, they are in love, and they have just ten days to find Lauren's mother who has gone AWOL somewhere in the remote far north of Australia, reunite her parents and pull off their dream wedding.

East Point Reserve Mangrove Walk

Thursday 29 August, 5.00pm to 6.30pm East Point Reserve,



Passionate experts from Eco Science will lead us along the East Point boardwalk giving you a glimpse into the fascinating world of mangroves!

Bookings essential.

We would love to see your photos of these events, please use the hashtag **#vibrantDarwin** when posting to social media.

BOOKINGS ESSENTIAL FOR MOST ACTIVITIES

Register at <u>codseniors.eventbrite.com</u> or contact City of Darwin Sustainable Vibrant Communities: 08 8930 0409



SENIORS MONTHS AUGUST 2019



City of Darwin

Program of Events

All community members eligible to hold an NT Seniors Card are invited to attend. All activities are free of charge.





Bees Wax Wraps with Jade

Thursday 1 August, 1.00pm to 3.00pm Library Hub, Civic Centre, Harry Chan Ave, Darwin Come and make some environmentally friendly, reusable, bees wax covers to keep your food fresh. Bookings essential.

Heart Foundation Mitchell Centre Walking Group

Friday 2, 9, 16, 23, 30 August, 7.30am Mitchell Centre Information Desk, Mitchell Street, Darwin

Explore the beautiful open spaces in your area while improving your heart, health and making new friends.

No bookings required.

Tech Zone (Robots, Virtual Reality, 3D Printing and More)

Friday 2 August, 1.00pm to 3.00pm
Casuarina Library, Bradshaw Terrace, Casuarina
Come and try some of the latest tech gadgets and
gizmos at a fun and interactive drop in session. Stay
for 5 minutes or the whole session. You can see
different robots, the 3D printer; try the virtual
reality goggles and more.

No bookings required, drop in session.

Healthy Darwin - Pilates

Saturday 3, 10, 17, 24, 31 August, 9.00am to 10.00am Water Gardens, Freshwater Road, Jingili
Pilates is a program for all levels to help strengthen

and improve posture and reduce back pain with elements of Yoga for the wellbeing of your body and mind!

Bookings essential.

Indigo Tie Dye Shirt with Aly de Groot 🚜

Saturday 3 August, 9.00am to 12.00pm
Casuarina Library, Bradshaw Terrace, Casuarina
Learn several tying and dyeing techniques to design and dye your own cotton t-shirt using natural indigo to make beautiful shades of blue. Bringing contemporary craft to fashion to brighten up your day.
Bookings essential - BYO cotton T-Shirt.

Healthy Darwin - Aqua Aerobics/Land-based Aerobics

Sunday 4, 11, 18, 25 August, 9.00am to 9.45am Casuarina Pool, Angelo Street, Wanguri

Whether it's in the water or on land, this session will involve exercise and dance movements; a fun, gentle way to keep fit. Please bring water to stay hydrated during class.

Bookings essential.

Be Connected - Meet Your Ancestors

Tuesday 6 August, 1.00pm to 3.00pm
Casuarina Library, Bradshaw Terrace, Casuarina
Come along to the Library to learn how the internet
can be used to help you research your family history.
You'll explore the kinds of tools and services that are
available, and some of the costs you might encounter.
Bookings essential - BYO device encouraged.

Grandparents Fun Bus time with their Grandchildren

Wednesday 7 August, 9.30am to 11.30am
Water Gardens, Freshwater Road, Jingili
Celebrate the special bond between grandparents and
their grandchildren.
No bookings required.

Movies at the Library - 'Mary Queen of Scots'

Thursday 8 August, 6.00pm to 8.00pm
Karama Library, Kalymnos Drive, Karama
Mary Queen of Scots is a retelling of the turbulent life
of Mary Stuart (Saoirse Ronan), based on the book
"Queen of Scots: The True Life of Mary Stuart" by Dr.
John Guy. Queen of France at 16, at 18 Mary is widowed,
defies pressure to remarry and instead returns to her
native Scotland to reclaim her rightful throne.

Bookings essential.

Movies at the Library - 'Bohemian Rhapsody'

Friday 9 August, 1.00pm to 3.00pm
Nightcliff Library, Pavonia Place, Nightcliff
Bohemian Rhapsody is a 2018 biographical film about
Freddie Mercury, lead singer of the British rock band
Queen. It follows the singer's life from when he joins
the band in 1970 to their 1985 Live Aid performance
at the original Wembley Stadium in London.
Bookings essential.

Malak Marketplace Tour

Saturday 10 and 24 August, 5.00pm to 6.00pm Chambers Crescent, Malak

Enjoy a guided tour and receive a free Malak Marketplace hessian shopping bag, a Malak Marketplace reusable eco cutlery set, free tastings along the way and reserved table for the group to stay on, order dinner at your favourite food stall and socialise.

Bookings essential.

Heart Foundation Casuarina Walking Group

Monday 12, 19, 26 August, 7.30am
Casuarina Square Shopping Centre Car Park
Opposite Kmart Tyre and Auto Service
Explore the beautiful open spaces in your area
while improving your heart, health and making
new friends.

No bookings required.

Movies at the Library - 'A Star is Born'

Tuesday 13 August, 1.00pm to 3.00pm
Casuarina Library, Bradshaw Terrace, Casuarina
Seasoned musician Jackson Maine discovers - and
falls in love with - struggling artist Ally. She has
just about given up on her dream to make it big as
a singer until Jackson coaxes her into the spotlight.
But even as Ally's career takes off, the personal
side of their relationship is breaking down, as
ackson fights an ongoing battle with his own
internal demons.

Bookings essential.